

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women 100 Meter Dash****Auto: 11.54 A****Prov: 11.99 P****Conference: 11.56 C 2002****Amber Plowden****Meet Record: 11.74 # 1984****Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Carly Petney	JR	Indiana (Pa.)	11.85Q6.0
2 Kiara Allen	SR	Millersville	11.86Q3.4
3 Katelyn Wetzel	SR	Slippery Rock	12.24Q2.1
4 Jill Bertino	SO	Shippensburg	12.30Q3.4
5 As-Sata Hall	FR	Indiana (Pa.)	12.11q 6.0
6 Allison King	FR	Shippensburg	12.24q 6.0
7 Valerie Mizansky	JR	Kutztown	12.25q 6.0
7 Kiah Walton	SO	Indiana (Pa.)	12.25q 2.1
9 Courtney Ingold	FR	Millersville	12.30 2.1
10 Colleen Troutman	FR	Shippensburg	12.32 6.0
11 Zhane Valmon	FR	Indiana (Pa.)	12.34 6.0
12 Courtney Taylor	SO	West Chester	12.34 3.4
13 Marissa Flim	FR	East Stroudsburg	12.37 3.4
14 Jaiah Williams	FR	Slippery Rock	12.37 3.4
15 Emily Magnant	SO	West Chester	12.38 3.4
16 Jessica Shomo	JR	Clarion	12.38 3.4
17 Gabrielle Ravotto	FR	Seton Hill	12.45 3.4
18 Eve Gardner	SO	Edinboro	12.51 2.1
19 Lindsay Sheehan	SO	Shippensburg	12.53 3.4
20 Kelci Warshel	SO	Pitt.-Johnstown	12.57 3.4
21 Clara Forney	FR	Millersville	12.58 6.0
22 Savannah Buckley	FR	Mansfield	12.61 2.1
23 Aliya Daniels	FR	Kutztown	12.61 3.4
24 Terionna Ware	FR	Edinboro	12.67 2.1
25 Tirzah Johnson	SR	East Stroudsburg	12.70 3.4
26 Masara Paige	FR	Slippery Rock	12.72 3.4
27 Courtney Young	FR	Clarion	12.77 3.4
28 Carli Dedics	SO	Bloomsburg	12.78 2.1
29 Emily Dubler	SO	Indiana (Pa.)	12.79 3.4
--- Mayria Branch	FR	Indiana (Pa.)	FS 2.1

Women 100 Meter Dash**Auto: 11.54 A****Prov: 11.99 P****Conference: 11.56 C 2002****Amber Plowden****Meet Record: 11.74 # 1984****Savena Pyett**

Name	Yr	School	Finals
Finals			
1 Kiara Allen	SR	Millersville	12.03 10
2 Carly Petney	JR	Indiana (Pa.)	12.34 8
3 Kiah Walton	SO	Indiana (Pa.)	12.38 6
4 Jill Bertino	SO	Shippensburg	12.49 5
5 Katelyn Wetzel	SR	Slippery Rock	12.55 4
6 Allison King	FR	Shippensburg	12.75 3
7 Valerie Mizansky	JR	Kutztown	12.76 2
8 As-Sata Hall	FR	Indiana (Pa.)	12.78 1

Women 200 Meter Dash**Auto: 23.60 A****Prov: 24.53 P****Conference: 23.83 C 2002****Amber Plowden****Meet Record: 24.02 # 1984****Savena Pyett**

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bailey	SR	Slippery Rock	24.79Q3.4
2 Alyssa Barthelmes	SO	Bloomsburg	24.84Q4.2
3 Kiara Allen	SR	Millersville	25.16Q2.1
4 Ameriah Walters	FR	Seton Hill	25.22Q4.1
5 Zhane Valmon	FR	Indiana (Pa.)	25.02q 4.2
6 Jaiah Williams	FR	Slippery Rock	25.42q 3.4
7 Courtney Ingold	FR	Millersville	25.43q 3.4
8 Lindsay Sheehan	SO	Shippensburg	25.50q 2.1
9 Aerial Dukes	SO	Slippery Rock	25.60 3.4
10 Clara Forney	FR	Millersville	25.67 4.2
11 Emily Magnant	SO	West Chester	25.68 3.4
12 Nicole Boldosser	JR	Kutztown	25.75 4.1
13 Eve Gardner	SO	Edinboro	25.89 2.1
14 Heather Sternby	SO	Indiana (Pa.)	25.92 4.1
15 Alesha Herman	SO	Seton Hill	26.06 3.4
16 Emilia Ricciuti	SO	California (Pa.)	26.06 4.2
17 Katie Klercker	SO	Lock Haven	26.14 4.2
18 Aliya Daniels	FR	Kutztown	26.17 4.1
19 Jill Bertino	SO	Shippensburg	26.20 4.1
20 Marissa Flim	FR	East Stroudsburg	26.21 4.2
21 Carly Petney	JR	Indiana (Pa.)	26.23 2.1
22 Terionna Ware	FR	Edinboro	26.27 4.1
23 Courtney Taylor	SO	West Chester	26.36 4.2
24 Kiana Farrar	FR	East Stroudsburg	26.40 2.1
25 Daivona Williams	JR	Cheyney	26.41 4.2
26 Savannah Buckley	FR	Mansfield	26.42 2.1
27 Samantha Szewczak	JR	Lock Haven	26.49 2.1
28 Allison King	FR	Shippensburg	27.59 4.1
--- As-Sata Hall	FR	Indiana (Pa.)	FS 3.4

Women 200 Meter Dash**Auto: 23.60 A****Prov: 24.53 P****Conference: 23.83 C 2002****Amber Plowden****Meet Record: 24.02 # 1984****Savena Pyett**

Name	Yr	School	Finals
Finals			
1 Ameriah Walters	FR	Seton Hill	24.50P 10
2 Jasmine Bailey	SR	Slippery Rock	24.84 8
3 Kiara Allen	SR	Millersville	24.93 6
4 Alyssa Barthelmes	SO	Bloomsburg	25.16 5
5 Zhane Valmon	FR	Indiana (Pa.)	25.35 4
6 Jaiah Williams	FR	Slippery Rock	25.46 3
7 Lindsay Sheehan	SO	Shippensburg	25.51 2
8 Courtney Ingold	FR	Millersville	25.69 1

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women 400 Meter Dash****Auto: 53.50 A****Prov: 55.98 P****Conference: 54.19 C 2002 Jennifer Farrow****Meet Record: 54.79 # 2010 Maddy Outman**

Name	Yr	School	Prelims
Preliminaries			
1 Jasmine Bailey	SR	Slippery Rock	56.31Q
2 Nicole Boldosser	JR	Kutztown	58.20Q
3 Janna Wilson	SR	West Chester	58.24Q
4 Kiana Tucker	SO	Shippensburg	58.21q
5 Megan Lundy	SR	Shippensburg	58.33q
6 Aerial Dukes	SO	Slippery Rock	58.48q
7 Alyssa Barthelmes	SO	Bloomsburg	58.51q
8 Heather Sternby	SO	Indiana (Pa.)	58.82q
9 Katie Klercker	SO	Lock Haven	58.87
10 Emilia Ricciuti	SO	California (Pa.)	58.88
11 Courtney Corban	JR	Clarion	59.15
12 Dara Lindsey	JR	West Chester	59.16
13 Rachel Fleming	FR	Pitt.-Johnstown	59.33
14 Victoria Matthews	FR	East Stroudsburg	59.42
15 DeJanee Fells	FR	West Chester	1:00.17
16 Sarah Gottschalk	SO	Bloomsburg	1:00.38
17 Christina Roberson	SR	Indiana (Pa.)	1:00.70
18 Samantha Szewczak	JR	Lock Haven	1:00.79
19 Melanie Hartley	JR	Mansfield	1:00.86

Women 400 Meter Dash**Auto: 53.50 A****Prov: 55.98 P****Conference: 54.19 C 2002 Jennifer Farrow****Meet Record: 54.79 # 2010 Maddy Outman**

Name	Yr	School	Finals
Finals			
1 Jasmine Bailey	SR	Slippery Rock	57.04 10
2 Kiana Tucker	SO	Shippensburg	57.55 8
3 Megan Lundy	SR	Shippensburg	57.80 6
4 Janna Wilson	SR	West Chester	57.83 5
5 Alyssa Barthelmes	SO	Bloomsburg	58.28 4
6 Nicole Boldosser	JR	Kutztown	58.62 3
7 Heather Sternby	SO	Indiana (Pa.)	59.02 2
8 Aerial Dukes	SO	Slippery Rock	59.75 1

Women 800 Meter Run**Auto: 2:07.50 A****Prov: 2:13.33 P****Conference: 2:05.67 C 1992 Marty Marczak****Meet Record: 2:08.75 # 2010 Claire McSweeney**

Name	Yr	School	Finals
Finals			
1 Alexandra Zanella	SR	California (Pa.)	2:14.03 10
2 Teresa Ortiz	JR	Bloomsburg	2:15.08 8
3 Summer Hill	SO	California (Pa.)	2:15.54 6
4 Emily Dusellier	JR	West Chester	2:15.94 5

5 Abby Shafer	JR	Shippensburg	2:17.26 4
6 Bridget Walt	FR	West Chester	2:18.12 3
7 Rachel Fleming	FR	Pitt.-Johnstown	2:18.43 2
8 Stephanie Bresadola	FR	Kutztown	2:18.56 1
9 Caitlyn Janeda	SO	Slippery Rock	2:19.33
10 Amanda Long	SR	Millersville	2:19.96
11 Jaclyn Reinbold	FR	California (Pa.)	2:20.87
12 Madison Aungst	FR	Bloomsburg	2:20.94
13 Lauren Toth	JR	East Stroudsburg	2:21.01
14 Rachel Carr	JR	Lock Haven	2:21.32
15 Alyson Pierce	FR	California (Pa.)	2:22.02
16 Abigale Peters	FR	Edinboro	2:22.23
17 Stephanie Heming	SO	Indiana (Pa.)	2:22.86
18 Danielle Tarr	JR	Clarion	2:25.45
19 Carolyn Meier	JR	Shippensburg	2:26.53
20 Hope Decker	SO	East Stroudsburg	2:26.77
21 Abigail Farrell	JR	Shippensburg	2:27.62
22 Morgan Gimigliano	FR	Indiana (Pa.)	2:31.27
--- Rebekkah Bond	SO	Edinboro	DNF

Women 1500 Meter Run**Auto: 4:23.50 A****Prov: 4:34.00 P****Conference: 4:23.70 C 1989 Eileen Hornberger****Meet Record: 4:24.57 # 2009 Priscilla Jennings**

Name	Yr	School	Finals
Finals			
1 Summer Hill	SO	California (Pa.)	4:32.62P 10
2 Casey Norton	JR	Shippensburg	4:33.48P 8
3 Teresa Ortiz	JR	Bloomsburg	4:36.66 6
4 Meagen Carter	JR	Seton Hill	4:39.18 5
5 Alexandra Zanella	SR	California (Pa.)	4:39.67 4
6 Abby Shafer	JR	Shippensburg	4:39.92 3
7 Chelsia Poole	JR	Seton Hill	4:40.25 2
8 Melissa Rains	SO	Slippery Rock	4:41.11 1
9 Allison Macon	SR	Mansfield	4:43.13
10 Katie Chambers	SR	Clarion	4:49.89
11 Stephanie Bresadola	FR	Kutztown	4:54.57
12 Leah Schott	SR	Seton Hill	4:54.66
13 Stephanie Heming	SO	Indiana (Pa.)	4:56.63
14 Lizzy Duguid	SO	Lock Haven	4:56.79
15 Samantha Young	SO	East Stroudsburg	5:01.49
16 Lindsey Gerlach	FR	Shippensburg	5:02.77
17 Jessica Bennett	JR	Slippery Rock	5:04.69
18 Amber Csrenko	JR	Bloomsburg	5:05.31
19 Abbie Todd	FR	Shippensburg	5:06.68
20 Jordyn Hackett	JR	Slippery Rock	5:08.77
21 Morgan Gimigliano	FR	Indiana (Pa.)	5:09.14
22 Madison Thrasher	FR	California (Pa.)	5:14.56
--- Rebekkah Bond	SO	Edinboro	DNF

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women 5000 Meter Run****Auto: 16:25.35 A****Prov: 17:21.38 P****Conference: 15:33.83 C 2011****Neely Spence****Meet Record: 16:19.50 # 1984****Julie Bowers**

Name	Yr	School	Finals
Finals			
1 Ida Narbuvoil	FR	Edinboro	17:08.20P 10
2 Julie Friend	SO	California (Pa.)	17:11.97P 8
3 Casey Norton	JR	Shippensburg	17:25.71 6
4 Allison Decker	SR	East Stroudsburg	17:36.63 5
5 Jacqueline Kinkead	FR	Shippensburg	17:38.96 4
6 Chelsea Conover	SR	East Stroudsburg	17:40.01 3
7 Kasey Jones	JR	Edinboro	17:40.63 2
8 Jenny Picot	JR	Slippery Rock	17:42.64 1
9 Hannah Boudreau	SO	Bloomsburg	17:53.82
10 Anna Hosl	SR	Edinboro	17:54.83
11 Meagen Carter	JR	Seton Hill	17:56.19
12 Jenna Lezanic	JR	Indiana (Pa.)	18:01.74
13 Caitlyn Reese	SO	Shippensburg	18:04.05
14 Alexis Arnold	SR	Lock Haven	18:11.30
15 Shannon Byerly	SR	Slippery Rock	18:23.18
16 Keelan McDonald	JR	Bloomsburg	18:24.59
17 Allison Macon	SR	Mansfield	18:48.55
18 Courtney Capper	SO	Lock Haven	19:34.00
19 Alexis Dongvort	FR	Kutztown	20:02.92
--- Alexandra Zanella	SR	California (Pa.)	DNF
--- Corinne Manela	SR	Kutztown	DNF

Women 10000 Meter Run**Auto: 34:33.97 A****Prov: 36:56.20 P****Conference: 33:34.45 C 1985****Julie Bowers****Meet Record: 34:16.89 # 2010****Jen Harpp**

Name	Yr	School	Finals
Finals			
1 Allison Decker	SR	East Stroudsburg	37:47.43 10
2 Anna Hosl	SR	Edinboro	37:56.14 8
3 Jenny Picot	JR	Slippery Rock	38:08.59 6
4 Hannah Boudreau	SO	Bloomsburg	38:11.06 5
5 Shannon Byerly	SR	Slippery Rock	38:11.98 4
6 Alexis Arnold	SR	Lock Haven	38:58.46 3
7 Alyssa Brandis	JR	Seton Hill	39:06.82 2
8 Corinne Manela	SR	Kutztown	39:17.28 1
9 Amanda Ferraro	FR	Kutztown	39:45.00
10 Shannon Cruz	SO	Millersville	39:51.39
11 Kayce Bobnar	FR	Clarion	40:20.61
12 Alindon Smith	JR	West Chester	40:50.93
13 Hannah Fulton	SO	Shippensburg	41:11.06
14 Makena Felts	FR	Indiana (Pa.)	41:24.69
15 Kenzie Jones	FR	Mansfield	42:07.96

Women 100 Meter Hurdles**Auto: 13.30 A****Prov: 14.30 P****Conference: 13.62 C 2010****Maddy Outman****Meet Record: 13.70 # 2010****Maddy Outman**

Name	Yr	School	Prelims
Preliminaries			
1 Kelci Warshel	SO	Pitt.-Johnstown	14.32Q3.7
2 Hilari Norris	SR	Edinboro	14.55Q2.8
3 Sophie Mazza	SO	Slippery Rock	14.55Q3.9
4 Erin Madison	SR	Millersville	14.42q 3.7
5 Danielle Sciremammano	SO	Shippensburg	14.58q 2.8
6 Arianna Camel	JR	Millersville	14.65q 3.9
7 Kiah Walton	SO	Indiana (Pa.)	14.67q 2.8
8 Jenna Bracken	JR	Seton Hill	14.68q 3.7
9 Jaid Harsch	SO	East Stroudsburg	14.71 3.9
10 Sabrina Anderson	JR	Slippery Rock	14.73 3.9
11 Kayla Lawson	SO	Shippensburg	15.00 2.8
12 Angela McCowin	JR	Seton Hill	15.06 3.7
13 Caroline McLaughlin	SO	West Chester	15.20 3.9
14 Acacia Douglas	FR	East Stroudsburg	15.21 2.8
15 Rashana Tompkins	FR	Lock Haven	15.24 2.8
16 Katelyn Stebbins	FR	Seton Hill	15.46 3.7
17 Teri Stoner	SO	Shippensburg	15.48 3.9
18 Summer Weinheimer	SR	Slippery Rock	15.59 3.7
19 Tatiana Purnell	FR	Shippensburg	15.85 3.7
20 Joanne Mason	FR	East Stroudsburg	16.92 2.8

Women 100 Meter Hurdles**Auto: 13.30 A****Prov: 14.30 P****Conference: 13.62 C 2010****Maddy Outman****Meet Record: 13.70 # 2010****Maddy Outman**

Name	Yr	School	Finals
Finals			
1 Erin Madison	SR	Millersville	14.58 10
2 Kelci Warshel	SO	Pitt.-Johnstown	14.60 8
3 Danielle Sciremammano	SO	Shippensburg	14.64 6
4 Hilari Norris	SR	Edinboro	14.80 5
5 Sophie Mazza	SO	Slippery Rock	14.82 4
6 Kiah Walton	SO	Indiana (Pa.)	14.83 3
7 Jenna Bracken	JR	Seton Hill	14.99 2
8 Arianna Camel	JR	Millersville	15.18 1

Women 400 Meter Hurdles**Auto: 58.95 A****Prov: 1:02.40 P****Conference: 58.98 C 2010****Maddy Outman****Conference: 46.57 C****Meet Record: 59.59 # 2007****Andi Rose**

Name	Yr	School	Prelims
Preliminaries			
1 Kennedy Evans	JR	Slippery Rock	1:02.79Q

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Preliminaries ... (Women 400 Meter Hurdles)**

Name	Yr	School	Prelims
2 Tatiana Cloud	JR	Clarion	1:02.80Q
3 Erin Madison	SR	Millersville	1:03.43Q
4 Jaid Harsch	SO	East Stroudsburg	1:04.01q
5 Amanda Castellano	SO	West Chester	1:04.52q
6 Tatiana Purnell	FR	Shippensburg	1:05.05q
7 Caroline McLaughlin	SO	West Chester	1:05.12q
8 Kelley Stuetz	JR	East Stroudsburg	1:05.83q
9 Casaundra Swartzbaugh	SR	Slippery Rock	1:06.16
10 Katie Teed	SO	Slippery Rock	1:06.27
11 Kayla Lawson	SO	Shippensburg	1:06.95
12 Brandy Nice	SR	Kutztown	1:08.24
13 Teri Stoner	SO	Shippensburg	1:08.38
14 Sara Damon	SO	West Chester	1:08.42
15 Dominique Jefferson	SO	Pitt.-Johnstown	1:08.63
16 Arrion Sorrell	FR	California (Pa.)	1:08.67
17 Cassidy Barshinger	SO	Lock Haven	1:10.13

Women 400 Meter Hurdles**Auto: 58.95 A****Prov: 1:02.40 P****Conference: 58.98 C 2010****Maddy Outman****Conference: 46.57 C****Meet Record: 59.59 # 2007****Andi Rose**

Name	Yr	School	Finals
Finals			
1 Erin Madison	SR	Millersville	1:00.99P 10
2 Tatiana Cloud	JR	Clarion	1:01.69P 8
3 Kennedy Evans	JR	Slippery Rock	1:02.44 6
4 Amanda Castellano	SO	West Chester	1:03.86 5
5 Jaid Harsch	SO	East Stroudsburg	1:03.91 4
6 Caroline McLaughlin	SO	West Chester	1:04.63 3
7 Tatiana Purnell	FR	Shippensburg	1:05.09 2
8 Kelley Stuetz	JR	East Stroudsburg	1:05.83 1

Women 3000 Meter Steeplechase**Auto: 10:27.15 A****Prov: 11:05.00 P****Conference: 10:20.37 C 2010****Mary Dell****Meet Record: 10:24.77 # 2002****Sara Raschiatore**

Name	Yr	School	Finals
Finals			
1 Julie Friend	SO	California (Pa.)	10:44.66P 10
2 Chelsia Poole	JR	Seton Hill	10:59.26P 8
3 Kasey Jones	JR	Edinboro	11:09.16 6
4 Kaylyn West	SO	East Stroudsburg	11:14.84 5
5 Alexis Arnold	SR	Lock Haven	11:23.05 4
6 Jessica Quesenberry	JR	Bloomsburg	11:26.80 3
7 Katie Chambers	SR	Clarion	11:29.53 2
8 Bryanna Dissinger	SO	Shippensburg	11:45.68 1
9 Lindsey Gerlach	FR	Shippensburg	11:52.48
10 Leah Schott	SR	Seton Hill	11:55.64
11 Allison McCurry	JR	Mansfield	11:57.16
12 Morgan Ilgenfritz	SO	Bloomsburg	12:05.15
13 Kelsey Murray	JR	Clarion	12:09.68

14	Amanda Kodis	FR	West Chester	12:13.23
15	Matti Dunham	SO	Slippery Rock	12:21.31
16	Riva Walker	SR	Indiana (Pa.)	12:24.04
17	Kaylee Haberkam	JR	Slippery Rock	12:32.78
18	Michelle Zazzero	SR	East Stroudsburg	13:17.83

Women 4x100 Meter Relay**Auto: 45.36 A****Prov: 47.00 P****Conference: 46.40 C 2006****Rekich, McDaniel, Rose, Rash****Meet Record: 46.40 # 2006****Rekich, McDaniel, Rose, Rash**

Team	Relay	Prelims
Preliminaries		
1 Slippery Rock		47.26Q
1) Kennedy Evans JR	2) Jasmine Bailey SR	
3) Jaiah Williams FR	4) Katelyn Wetzel SR	
2 Millersville		47.36Q
1) Kiara Allen SR	2) Erin Madison SR	
3) Clara Forney FR	4) Courtney Ingold FR	
3 Indiana (Pa.)		47.85q
1) As-Sata Hall FR	2) Zhane Valmon FR	
3) Kiah Walton SO	4) Carly Petney JR	
4 Shippensburg		48.39q
1) Allison King FR	2) Sarah Hunt JR	
3) Danielle Sciremammano SO	4) Lindsay Sheehan SO	
5 Kutztown		48.44q
1) Destiny Distasio SR	2) Valerie Mizansky JR	
3) Nicole Boldosser JR	4) Aliya Daniels FR	
6 West Chester		48.60q
1) Courtney Taylor SO	2) Janna Wilson SR	
3) Emily Magnant SO	4) Dara Lindsey JR	
7 Seton Hill		48.95q
1) Gabrielle Ravotto FR	2) Ameriah Walters FR	
3) Ty'Iesha Plowden FR	4) Alesha Herman SO	
8 Clarion		49.23q
1) Courtney Young FR	2) Courtney Corban JR	
3) Jessica Shomo JR	4) Tatiana Cloud JR	
9 Lock Haven		49.56
1) Samantha Szewczak JR	2) Aimee Mehta FR	
3) Cassidy Barshinger SO	4) Katie Klercker SO	
10 Edinboro		49.94
1) Eve Gardner SO	2) Hilari Norris SR	
3) Sadira Brown FR	4) Terionna Ware FR	
11 Pitt.-Johnstown		52.12
1) Erica Enarusai JR	2) Kia Clayton FR	
3) Tonni Melendez SO	4) Katie Lippincott FR	
--- East Stroudsburg		DQ
1) Leiana Dean FR	2) Joanne Mason FR	
3) Marissa Flim FR	4) Tirzah Johnson SR	

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women 4x100 Meter Relay****Auto: 45.36 A****Prov: 47.00 P****Conference: 46.40 C 2006****Rekich, McDaniel, Rose, Rash****Meet Record: 46.40 # 2006****Rekich, McDaniel, Rose, Rash**

Team	Relay	Finals
Finals		
1 Slippery Rock		47.16 10
1) Kennedy Evans JR	2) Jasmine Bailey SR	
3) Jaiah Williams FR	4) Katelyn Wetzel SR	
2 Millersville		47.21 8
1) Courtney Ingold FR	2) Erin Madison SR	
3) Clara Forney FR	4) Kiara Allen SR	
3 Indiana (Pa.)		47.58 6
1) Zhane Valmon FR	2) Kiah Walton SO	
3) As-Sata Hall FR	4) Carly Petney JR	
4 Shippensburg		48.16 5
1) Sarah Hunt JR	2) Danielle Sciremammano SO	
3) Jill Bertino SO	4) Lindsay Sheehan SO	
5 West Chester		48.37 4
1) Janna Wilson SR	2) Courtney Taylor SO	
3) Dara Lindsey JR	4) Emily Magnant SO	
6 Kutztown		48.48 3
1) Destiny Distasio SR	2) Valerie Mizansky JR	
3) Nicole Boldosser JR	4) Aliya Daniels FR	
7 Seton Hill		48.58 2
1) Alesha Herman SO	2) Ty'Iesha Plowden FR	
3) Gabrielle Ravotto FR	4) Ameriah Walters FR	
8 Clarion		49.42 1
1) Courtney Young FR	2) Courtney Corban JR	
3) Jessica Shomo JR	4) Tatiana Cloud JR	

Women 4x400 Meter Relay**Auto: 3:40.96 A****Prov: 3:48.72 P****Conference: 3:44.94 C 2007****Sackin, Cochran, Rose, Sopher****Meet Record: 3:47.18 # 5/3/2014****M Lundy, B Fells, L Ellsworth, M Clemons**

Team	Relay	Finals
Finals		
1 West Chester		3:54.19 10
1) Dara Lindsey JR	2) Emily Dusellier JR	
3) Janna Wilson SR	4) Emily Magnant SO	
2 Millersville		3:54.81 8
1) Kiara Allen SR	2) Clara Forney FR	
3) Erin Madison SR	4) Amanda Long SR	
3 East Stroudsburg		3:57.30 6
1) Leiana Dean FR	2) Jaid Harsch SO	
3) Danielle Swingle SO	4) Victoria Matthews FR	
4 Seton Hill		3:58.52 5
1) Ty'Iesha Plowden FR	2) Gabrielle Ravotto FR	
3) Nichelle McMillian JR	4) Ameriah Walters FR	

5 Shippensburg		3:58.54 4
1) Jill Bertino SO	2) Lindsay Sheehan SO	
3) Kiana Tucker SO	4) Megan Lundy SR	
6 Clarion		3:58.62 3
1) Courtney Young FR	2) McKayla Hoover FR	
3) Courtney Corban JR	4) Tatiana Cloud JR	
7 Indiana (Pa.)		4:00.67 2
1) Christina Roberson SR	2) Kiah Walton SO	
3) Heather Sternby SO	4) Emily Dubler SO	
8 Lock Haven		4:00.73 1
1) Cassidy Barshinger SO	2) Samantha Szewczak JR	
3) Rachel Carr JR	4) Katie Klercker SO	
9 California (Pa.)		4:01.66
1) Alyson Pierce FR	2) Summer Hill SO	
3) Emilia Ricciuti SO	4) Arrion Sorrell FR	
10 Kutztown		4:03.65
1) Brandy Nice SR	2) Nicole Boldosser JR	
3) Taylor Thames FR	4) Aliya Daniels FR	
11 Bloomsburg		4:04.12
1) Madison Aungst FR	2) Alyssa Barthelmes SO	
3) Sarah Gottschalk SO	4) Lauren Rivera SO	
12 Pitt.-Johnstown		4:06.91
1) Rachel Fleming FR	2) Dominique Jefferson SO	
3) Ashley Thompson FR	4) Kelci Warshel SO	
13 Edinboro		4:08.90
1) Terionna Ware FR	2) Eve Gardner SO	
3) Abigale Peters FR	4) Erin O'Brien SO	
--- Slippery Rock		DQ
1) Kennedy Evans JR	2) Aerial Dukes SO	
3) Sabrina Anderson JR	4) Jasmine Bailey SR	

Women 4x800 Meter Relay**Conference: 9:13.60 C 2013****Lehman, Bond, Filemyr, Rankin****Meet Record: 9:13.60 # 5/10/2013****L Lehman, L Bond, K Filemyr, A Rankin**

Team	Relay	Finals
Finals		
1 California (Pa.)		9:18.95 10
1) Summer Hill SO	2) Jaclyn Reinbold FR	
3) Alexandra Zanella SR	4) Alyson Pierce FR	
2 East Stroudsburg		9:26.78 8
1) Hope Decker SO	2) Samantha Young SO	
3) Lauren Toth JR	4) Kaylyn West SO	
3 Slippery Rock		9:32.16 6
1) Melissa Rains SO	2) Alexis Swiergol JR	
3) Angelica Bagwell SR	4) Caitlyn Janeda SO	
4 Bloomsburg		9:37.80 5
1) Madison Aungst FR	2) Amber Csrenko JR	
3) Lauren Rivera SO	4) Teresa Ortiz JR	
5 Clarion		9:38.26 4
1) Danielle Tarr JR	2) Rikki Brumbaugh SO	
3) Kelsey Murray JR	4) Katie Chambers SR	
6 Shippensburg		9:41.61 3
1) Abigail Farrell JR	2) Carolyn Meier JR	
3) Abbie Todd FR	4) Kiana Tucker SO	

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Finals ... (Women 4x800 Meter Relay)**

Team	Relay	Finals
7 Kutztown		9:43.08 2
1) Erin Callaghan FR	2) Stephanie Bresadola FR	
3) Lauren Rothstein FR	4) Julie Stratton FR	
8 Seton Hill		9:47.80 1
1) Courtney Conway FR	2) Alyssa Brandis JR	
3) Sarah Taylor SO	4) Chelsia Poole JR	
9 Lock Haven		9:57.02
1) Rachel Carr JR	2) Morgan Sutton FR	
3) Alexis Palfey SO	4) Lizzy Duguid SO	
10 Edinboro		10:03.96
1) Elizabeth Narkevic SR	2) Kaitlyn Daubert SO	
3) Abby Lang FR	4) Abigale Peters FR	
11 Mansfield		10:48.65
1) Molly Balliet JR	2) Melanie Hilliard JR	
3) Alexandria Gallagher JR	4) Kelly Snyder SR	
--- West Chester		DQ
1) Allison Lewis SO	2) Tina Lee FR	
3) Bridget Walt FR	4) Emily Dusellier JR	

Women High Jump**Auto: 1.77m A****Prov: 1.68m P****Conference: 5-10 C 1990****Karen Way****Meet Record: 5-09 # 2004****Rebecca Bullard**

Name	Yr	School	Finals
Finals			
1 Paige Kassab	SR	Slippery Rock	1.69mP 10
2 Joselyn Estrada-Pascual	JR	Bloomsburg	1.66m 8
3 Victoria Matthews	FR	East Stroudsburg	1.66m 6
4 Ashley West	SR	Slippery Rock	1.66m 5
5 Carly Gregas	FR	East Stroudsburg	1.61m 4
6 Rebecca Tooker	JR	Kutztown	1.61m 2.5
6 Holly Szita	FR	West Chester	1.61m 2.5
8 Erica-Lyn Russell	FR	Cheyney	1.61m 0.5
8 Jontea Hasty	FR	Seton Hill	1.61m 0.5
10 Brittany Lewis	SO	Lock Haven	1.61m
11 Amanda Simone	SO	Bloomsburg	1.56m
12 Shelby Samuels	FR	Kutztown	1.56m
13 Emily Price	JR	Slippery Rock	1.56m
14 Kristen Belko	SR	Clarion	1.56m
14 Samantha Johnson	SO	Shippensburg	1.56m
16 Kaitlyn Germanoski	FR	Seton Hill	1.51m
17 Maura Nolan	FR	Shippensburg	1.51m
--- Erica Helm	FR	Shippensburg	NH

Women Pole Vault**Auto: 4.00m A****Prov: 3.61m P****Conference: 13-05.25 C 2008****Jennifer Hansen****Meet Record: 13-03.75 # 2008****Jennifer Hansen**

Name	Yr	School	Finals
Finals			
1 Kaitlyn Clark	SR	Slippery Rock	3.63mP 10
2 Charlsie Bowen	SO	Mansfield	3.63mP 8

3 Kelsey Plecenik	FR	Seton Hill	3.53m 6
4 Emma Sullivan	SR	Kutztown	3.53m 5
5 Kali Hepner	SO	Shippensburg	3.53m 4
6 Maria Darling	SO	Slippery Rock	3.38m 2
6 Brandie Tartza	JR	East Stroudsburg	3.38m 2
6 Molly Regan	SO	Edinboro	3.38m 2
9 Samantha Lowery	FR	West Chester	3.38m
10 Michaela Kasik	SR	Slippery Rock	3.38m
11 Jennifer Dibert	JR	Indiana (Pa.)	3.38m
12 Karissa Lambert	SO	Slippery Rock	3.23m
12 Megan Matriciano	JR	Slippery Rock	3.23m
14 Destiny Distasio	SR	Kutztown	3.23m
15 Katy Haywood	JR	Mansfield	3.23m
16 Emily Wicker	SO	Shippensburg	3.23m
17 Katie Helwig	JR	Clarion	3.08m
17 Erin Harman	SO	Millersville	3.08m
19 Katherine Lynch	FR	West Chester	3.08m
20 Anecia Alexaki	SO	Kutztown	3.08m

Women Long Jump**Auto: 6.15m A****Prov: 5.76m P****Conference: 21-07.50 C 2000****Nikita Lewis****Meet Record: 20-05.75 # 2000****Nikita Lewis**

Name	Yr	School	Finals
Finals			
1 Kaylee Caruso	JR	Bloomsburg	6.15mA 10
2 Sarah Hunt	JR	Shippensburg	6.07mP 8
3 Kaila Cannon	FR	California (Pa.)	5.74m 6
4 Danielle Sciremammano	SO	Shippensburg	5.65m 5
5 Nichelle McMillian	JR	Seton Hill	5.64m 4
6 Abby Wagner	FR	Shippensburg	5.58m 3
7 Kailah Holmes	SO	California (Pa.)	5.47m 2
8 Brooke Smay	JR	Indiana (Pa.)	5.41m 1
9 Valerie Mizansky	JR	Kutztown	5.37m 2.1
10 Gabrielle Ravotto	FR	Seton Hill	5.30m 4.4
11 Paige Kassab	SR	Slippery Rock	5.26m 1.3
12 Samantha Mason	SR	East Stroudsburg	5.24m 4.4
13 Jessica Shomo	JR	Clarion	5.21m 1.0
14 Ieisha Jackson	SR	California (Pa.)	5.12m 2.9
15 Kristen Knass	SO	Indiana (Pa.)	5.11m 2.0
16 Kia Clayton	FR	Pitt.-Johnstown	5.09m 4.1
17 Alyssa Stich	SO	Shippensburg	5.09m 1.7
18 Kasey Kurpakus	JR	Slippery Rock	5.08m 1.5
19 Abby Martin	FR	Shippensburg	5.03m 2.8
20 Cheyenne Troutman	FR	Slippery Rock	4.97m 3.5
21 Victoria Matthews	FR	East Stroudsburg	4.83m 1.6
22 Emily Price	JR	Slippery Rock	4.63m 2.5
--- Ashley West	SR	Slippery Rock	FOUL

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Women Triple Jump****Auto: 12.70m A****Prov: 11.75m P****Conference: 42-05 C 2003****Tunisia Lacy****Meet Record: 42-05 # 2003****Tunisia Lacy**

Name	Yr	School	Finals
Finals			
1 Sarah Hunt	JR	Shippensburg	12.00mP 10
2 Kailah Holmes	SO	California (Pa.)	11.63m 8
3 Kaila Cannon	FR	California (Pa.)	11.51m 6
4 Kia Clayton	FR	Pitt.-Johnstown	11.47m 5
5 Abby Wagner	FR	Shippensburg	11.46m 4
6 Sarah Kosenske	SO	West Chester	11.46m 3
7 Taylor Pugh	FR	West Chester	11.41m 2
8 Brooke Smay	JR	Indiana (Pa.)	11.33m 1
9 Ieisha Jackson	SR	California (Pa.)	11.31m +0.0
10 Nichelle McMillian	JR	Seton Hill	11.25m 0.5
11 Tirzah Johnson	SR	East Stroudsburg	11.05m -0.5
12 Samantha Taylor	SR	Slippery Rock	11.03m 1.3
13 Sydney Black	SO	Edinboro	10.89m -0.5
14 Katelyn Stebbins	FR	Seton Hill	10.80m -1.8
15 Rebecca Tooker	JR	Kutztown	10.65m -0.1
16 Sadira Brown	FR	Edinboro	10.62m -0.3
17 Joanne Mason	FR	East Stroudsburg	10.46m -2.0
18 Amanda Simone	SO	Bloomsburg	10.38m -0.2
19 Kristen Knass	SO	Indiana (Pa.)	10.37m -0.5
--- Tonni Melendez	SO	Pitt.-Johnstown	FOUL
--- Paige Kassab	SR	Slippery Rock	FOUL

Women Shot Put**Auto: 15.73m A****Prov: 13.53m P****Conference: 48-11.75 C 1985****Jayne Beatty****Meet Record: 48-09.50 # 2005****Nicole James**

Name	Yr	School	Finals
Finals			
1 Tamara Ovejera	JR	Shippensburg	14.44mP 10
2 Gabby Schultz	FR	Edinboro	13.97mP 8
3 Sunflower Greene	FR	Millersville	13.77mP 6
4 Kari Steuer	SO	Clarion	13.24m 5
5 Macey Tanseco	SO	Kutztown	13.07m 4
6 Jada Phillips	JR	Cheyney	12.76m 3
7 Anna Frengel	SO	Slippery Rock	12.70m 2
8 Erin Doherty	SO	Shippensburg	12.67m 1
9 Paige Shirk	JR	Shippensburg	12.39m
10 Lexi Stevenson	FR	Seton Hill	12.37m
11 Kelci Yale	JR	Slippery Rock	11.80m
12 Deja Loose	FR	Millersville	11.78m
13 Victoria Schaffer	SR	Kutztown	11.74m
14 Sabrina Johnson	SO	Shippensburg	11.62m
15 Rachel Hohenwarter	JR	Mansfield	11.52m
16 Meghan Hallick	SR	Bloomsburg	11.51m
17 Katie Brest	FR	Clarion	11.49m
18 Christine Johnson	JR	West Chester	11.46m
19 Hannah Masenheimer	SO	Bloomsburg	10.58m

20	Carliyonna Thurber	JR	Kutztown	10.50m
21	Madison Bleiler	SO	Kutztown	10.44m

Women Discus Throw**Auto: 49.90m A****Prov: 44.90m P****Conference: 166-11 C 1985****Jayne Beatty****Meet Record: 166-11 # 1985****Jayne Beatty**

Name	Yr	School	Finals
Finals			
1 Tamara Ovejera	JR	Shippensburg	45.52mP 10
2 Paige Shirk	JR	Shippensburg	43.79m 8
3 Brianna Davis	JR	Shippensburg	42.76m 6
4 Samantha Nelson	JR	Shippensburg	41.53m 5
5 Gianna Gaul	FR	Seton Hill	40.56m 4
6 Vanessa Hower	SR	Millersville	39.65m 3
7 Sunflower Greene	FR	Millersville	38.16m 2
8 Erin Doherty	SO	Shippensburg	37.89m 1
9 Katie Lippincott	FR	Pitt.-Johnstown	37.47m
10 Lexi Stevenson	FR	Seton Hill	36.58m
11 Caroline McMahon	SO	Slippery Rock	35.69m
12 Christine Johnson	JR	West Chester	34.86m
13 Kelci Yale	JR	Slippery Rock	34.44m
14 Macey Tanseco	SO	Kutztown	34.06m
15 Rachael Sullivan	SO	Bloomsburg	34.06m
16 Kennedy Fletcher	FR	Indiana (Pa.)	34.05m
17 Sabrina Johnson	SO	Shippensburg	33.54m
18 Neely Parsons	FR	Edinboro	33.22m
19 Carliyonna Thurber	JR	Kutztown	32.48m
20 Summer Murray	SO	Clarion	31.55m
21 Anna Frengel	SO	Slippery Rock	30.84m
22 Stephanie Williams	FR	Lock Haven	30.46m
--- Gabby Schultz	FR	Edinboro	FOUL

Women Hammer Throw**Auto: 59.05m A****Prov: 52.00m P****Conference: 190-11 C 1998****Tara Crozier****Meet Record: 178-01 # 2012****Vanita Moses**

Name	Yr	School	Finals
Finals			
1 Vanessa Hower	SR	Millersville	53.50mP 10
2 Sunflower Greene	FR	Millersville	48.41m 8
3 Samantha Nelson	JR	Shippensburg	45.03m 6
4 Tamara Ovejera	JR	Shippensburg	44.74m 5
5 Erin Doherty	SO	Shippensburg	44.03m 4
6 Christine Johnson	JR	West Chester	43.75m 3
7 Olivia Misner	JR	Millersville	42.27m 2
8 Hannah Masenheimer	SO	Bloomsburg	41.95m 1
9 Meghan Hallick	SR	Bloomsburg	41.24m
10 Brianna Davis	JR	Shippensburg	41.11m
11 Ashley Petre	FR	Kutztown	40.90m
12 Sabrina Johnson	SO	Shippensburg	40.52m
13 Stephanie Williams	FR	Lock Haven	40.37m
14 Adrienne Puglia	JR	Lock Haven	39.62m
15 Deja Loose	FR	Millersville	38.77m

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	Name	Yr	School	Finals
16	Amanda Myers	SO	Millersville	37.78m
17	Anna Frengel	SO	Slippery Rock	37.17m

Women Javelin Throw**Auto: 48.50m A****Prov: 40.37m P****Conference: 168-08 C 2015 Mallory Sanner****Meet Record: 164-08 # 2015 Mallory Sanner**

	Name	Yr	School	Finals
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Finals

1	Samantha Taylor	SR	Slippery Rock	49.63mA	10
2	Morgan DeFloria	FR	Shippensburg	48.90mA	8
3	Kelsey Carlsen	SR	Mansfield	46.50mP	6
4	Amanda Myers	SO	Millersville	45.69mP	5
5	Crystal Hartman	SO	Shippensburg	44.34mP	4
6	Liz Kravitz	JR	Lock Haven	42.19mP	3
7	Jessica Slagus	JR	Seton Hill	41.61mP	2
8	Taylor Watkins	SO	East Stroudsburg	40.41mP	1
9	Kelly Logan	SO	Shippensburg	38.96m	
10	Kennedy Fletcher	FR	Indiana (Pa.)	38.19m	
11	Hannah Marth	FR	East Stroudsburg	38.02m	
12	Abby Gluvna	FR	Clarion	37.84m	
13	Heather Bolick	SR	Shippensburg	37.23m	
14	Olivia Misner	JR	Millersville	37.03m	
15	Kaitlyn Newman	FR	Indiana (Pa.)	35.95m	
16	Debbie Brown	JR	Lock Haven	35.86m	
17	Emily Field	FR	West Chester	35.32m	
18	Taylor Downey	SO	Kutztown	34.94m	

Heptathlon: #4 Women 200 Meter Dash Heptathlon

	Name	Yr	School	Finals
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Finals

1	Arianna Camel	JR	Millersville	25.73	821
2	Sabrina Anderson	JR	Slippery Rock	26.23	777
3	Angela McCowin	JR	Seton Hill	27.26	690
4	Michayla Weitman	FR	East Stroudsburg	27.45	675
5	Haley Kramer	SR	Bloomsburg	27.65	659
6	Samantha Johnson	SO	Shippensburg	27.73	652
7	Kristen Belko	SR	Clarion	27.94	636
8	Caroline DiJiosia	FR	West Chester	28.02	629
9	Alexis Palfey	SO	Lock Haven	28.20	615
10	Sarah Garner	JR	West Chester	28.25	611
11	Kali Dawson	FR	Shippensburg	28.51	591
12	Erica Helm	FR	Shippensburg	28.70	577
13	Autumn Crouse	JR	Kutztown	28.82	568
14	Kaelyn Keane	SO	Slippery Rock	28.82	568

Heptathlon: #7 Women 800 Meter Run Heptathlon

	Name	Yr	School	Finals
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Finals

1	Sabrina Anderson	JR	Slippery Rock	2:20.03	823
2	Haley Kramer	SR	Bloomsburg	2:29.09	704
3	Alexis Palfey	SO	Lock Haven	2:31.15	679
4	Autumn Crouse	JR	Kutztown	2:36.29	616

5	Michayla Weitman	FR	East Stroudsburg	2:36.99	608
6	Angela McCowin	JR	Seton Hill	2:37.50	602
7	Caroline DiJiosia	FR	West Chester	2:38.60	589
8	Kristen Belko	SR	Clarion	2:38.92	585
9	Arianna Camel	JR	Millersville	2:38.96	585
10	Samantha Johnson	SO	Shippensburg	2:39.16	583
11	Erica Helm	FR	Shippensburg	2:41.27	558
12	Kali Dawson	FR	Shippensburg	2:42.67	543
13	Sarah Garner	JR	West Chester	2:45.39	513
14	Kaelyn Keane	SO	Slippery Rock	2:56.42	399

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

	Name	Yr	School	Finals
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Finals

1	Arianna Camel	JR	Millersville	14.62	892
2	Sabrina Anderson	JR	Slippery Rock	14.76	874
3	Angela McCowin	JR	Seton Hill	14.81	867
4	Kristen Belko	SR	Clarion	15.21	814
5	Haley Kramer	SR	Bloomsburg	15.53	773
6	Erica Helm	FR	Shippensburg	15.85	733
7	Sarah Garner	JR	West Chester	15.96	719
8	Kali Dawson	FR	Shippensburg	16.34	673
9	Autumn Crouse	JR	Kutztown	16.48	657
10	Michayla Weitman	FR	East Stroudsburg	16.92	606
11	Alexis Palfey	SO	Lock Haven	16.96	601
12	Caroline DiJiosia	FR	West Chester	17.09	586
13	Samantha Johnson	SO	Shippensburg	17.29	564
14	Kaelyn Keane	SO	Slippery Rock	17.62	528

Heptathlon: #2 Women High Jump Heptathlon

	Name	Yr	School	Finals
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Finals

1	Sabrina Anderson	JR	Slippery Rock	1.67m	818
2	Kristen Belko	SR	Clarion	1.64m	783
2	Arianna Camel	JR	Millersville	1.64m	783
4	Erica Helm	FR	Shippensburg	1.58m	712
5	Samantha Johnson	SO	Shippensburg	1.55m	678
5	Angela McCowin	JR	Seton Hill	1.55m	678
7	Alexis Palfey	SO	Lock Haven	1.49m	610
7	Kali Dawson	FR	Shippensburg	1.49m	610
9	Kaelyn Keane	SO	Slippery Rock	1.46m	577
10	Sarah Garner	JR	West Chester	1.43m	544
11	Autumn Crouse	JR	Kutztown	1.40m	512
11	Haley Kramer	SR	Bloomsburg	1.40m	512
13	Michayla Weitman	FR	East Stroudsburg	1.34m	449
---	Caroline DiJiosia	FR	West Chester	NH	

Heptathlon: #5 Women Long Jump Heptathlon

	Name	Yr	School	Finals
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Finals

1	Samantha Johnson	SO	Shippensburg	5.32m	648
2	Sabrina Anderson	JR	Slippery Rock	5.22m	620
3	Kristen Belko	SR	Clarion	4.97m	551
4	Erica Helm	FR	Shippensburg	4.92m	538
5	Angela McCowin	JR	Seton Hill	4.87m	524
6	Michayla Weitman	FR	East Stroudsburg	4.86m	522

PSAC Outdoor Track & Field Championships**Mansfield University - 5/12/2016 to 5/14/2016****Results****Finals ... (Heptathlon: #5 Women Long Jump Heptathlon)**

	Name	Yr	School	Finals
7	Alexis Palfey	SO	Lock Haven	4.74m 490
8	Autumn Crouse	JR	Kutztown	4.72m 485
9	Sarah Garner	JR	West Chester	4.71m 482
10	Arianna Camel	JR	Millersville	4.66m 469
11	Haley Kramer	SR	Bloomsburg	4.65m 466
12	Caroline DiJiosia	FR	West Chester	4.51m 431
13	Kali Dawson	FR	Shippensburg	4.48m 423
14	Kaelyn Keane	SO	Slippery Rock	4.19m 352

Heptathlon: #3 Women Shot Put Heptathlon

	Name	Yr	School	Finals
1	Sabrina Anderson	JR	Slippery Rock	11.30m 615
2	Kaelyn Keane	SO	Slippery Rock	10.31m 550
3	Kristen Belko	SR	Clarion	9.80m 516
4	Haley Kramer	SR	Bloomsburg	9.70m 510
5	Samantha Johnson	SO	Shippensburg	9.65m 507
6	Sarah Garner	JR	West Chester	9.52m 498
7	Erica Helm	FR	Shippensburg	9.48m 495
8	Arianna Camel	JR	Millersville	9.31m 484
9	Michayla Weitman	FR	East Stroudsburg	8.74m 447
10	Angela McCowin	JR	Seton Hill	8.63m 440
11	Alexis Palfey	SO	Lock Haven	8.15m 409
12	Autumn Crouse	JR	Kutztown	7.96m 397
13	Kali Dawson	FR	Shippensburg	7.11m 342
14	Caroline DiJiosia	FR	West Chester	6.70m 316

Heptathlon: #6 Women Javelin Throw Heptathlon

	Name	Yr	School	Finals
1	Kaelyn Keane	SO	Slippery Rock	33.42m 542
2	Michayla Weitman	FR	East Stroudsburg	30.35m 483
3	Kristen Belko	SR	Clarion	27.69m 433
4	Haley Kramer	SR	Bloomsburg	27.68m 433
5	Sabrina Anderson	JR	Slippery Rock	27.24m 424
6	Sarah Garner	JR	West Chester	26.25m 406
7	Samantha Johnson	SO	Shippensburg	26.17m 404
8	Angela McCowin	JR	Seton Hill	25.35m 389
9	Kali Dawson	FR	Shippensburg	24.67m 376
10	Arianna Camel	JR	Millersville	23.99m 363
11	Autumn Crouse	JR	Kutztown	22.23m 330
12	Alexis Palfey	SO	Lock Haven	21.41m 315
13	Erica Helm	FR	Shippensburg	21.02m 308
14	Caroline DiJiosia	FR	West Chester	18.02m 252

Women Heptathlon**Auto: 5180 A****Prov: 4442 P****Conference: 5392 C 2010****Maddy Outman****Meet Record: 5062 # 2010****Maddy Outman**

	Name	Yr	School	Finals
1	Sabrina Anderson	JR	Slippery Rock	4951P 10
2	Arianna Camel	JR	Millersville	4397 8

3	Kristen Belko	SR	Clarion	4318 6
4	Angela McCowin	JR	Seton Hill	4190 5
5	Haley Kramer	SR	Bloomsburg	4057 4
6	Samantha Johnson	SO	Shippensburg	4036 3
7	Erica Helm	FR	Shippensburg	3921 2
8	Michayla Weitman	FR	East Stroudsburg	3790 1
9	Sarah Garner	JR	West Chester	3773
10	Alexis Palfey	SO	Lock Haven	3719
11	Autumn Crouse	JR	Kutztown	3565
12	Kali Dawson	FR	Shippensburg	3558
13	Kaelyn Keane	SO	Slippery Rock	3516
14	Caroline DiJiosia	FR	West Chester	2803

Women - Team Rankings - 22 Events Scored

1)	Shippensburg	177
2)	Slippery Rock	113
3)	Millersville	98
4)	California (Pa.)	80
5)	Bloomsburg	59
6)	Seton Hill	58.5
7)	East Stroudsburg	56
8)	West Chester	45.5
9)	Edinboro	41
10)	Indiana (Pa.)	34
11)	Clarion	29
12)	Kutztown	23.5
13)	Pitt.-Johnstown	15
14)	Mansfield	14
15)	Lock Haven	11
16)	Cheyney	3.5

Men - Team Rankings - 22 Events Scored

1)	Shippensburg	208.5
2)	Slippery Rock	123
3)	East Stroudsburg	109
4)	Indiana (Pa.)	82
5)	Kutztown	76
6)	California (Pa.)	70
7)	West Chester	61.5
8)	Lock Haven	45
9)	Edinboro	25
10)	Bloomsburg	19
11)	Cheyney	17
12)	Seton Hill	12
13)	Pitt.-Johnstown	5
14)	Mansfield	4