

**Nazareth Alumni Opener  
Golisano Training Center - 12/6/2019  
Results**

**Women 60 Meter Dash**

AARFTC: 8.10 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Michaela Burrell	SR Rochester	A 7.87Q
2	Lauryn Krupa	SR Geneseo	A 8.00Q
3	Stefani Teglash	FR Geneseo	A 8.03Q
4	Tayler Dence	SR St. John Fisher	A 8.09Q
5	Jenna Strickland	JR Geneseo	A 8.06q
6	Brenna Johnson	SO Nazareth	8.12q
7	Emily Bernabeo	JR RIT	8.20q
8	Olivia McNeil	SO Geneseo	8.20q
9	Tarryn Franciosa	JR Geneseo	8.24
10	Ali Binga	SR RIT	8.36
11	Kristin Hardy	FR Rochester	8.36
12	Madison Sabourin	SO Nazareth	8.37
13	Jennifer Joseph	SR Geneseo	8.38
14	Kate Koutsourades	FR Geneseo	8.39
15	Harley Wilson	JR RIT	8.47
16	Maria Covelli	FR St. John Fisher	8.47
17	Julianna Bunnell	SO Nazareth	8.49
18	Josephine Lewis	FR Geneseo	8.52
19	Gabby Mckay	SR Geneseo	8.54
20	McKenzie Leahey	FR Nazareth	8.55
21	Alana Daunis	FR RIT	8.58
22	Alondra Arroyo	SO St. John Fisher	8.59
23	Madeline O'Connell	FR Rochester	8.63
24	Erin Kane	SR Geneseo	8.72
25	McKenna Cone	FR St. John Fisher	8.73
26	Ayaka Machida	SO Geneseo	8.79
27	Alexandra Buhrlé	JR St. John Fisher	8.79
28	Madison Ehring	SR RIT	8.84
29	McKenna Erwell	FR St. John Fisher	9.48

**Women 60 Meter Dash**

AARFTC: 8.10 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Michaela Burrell	SR Rochester	7.86A
2	Stefani Teglash	FR Geneseo	7.99A
3	Lauryn Krupa	SR Geneseo	8.00A
4	Jenna Strickland	JR Geneseo	8.04A
5	Tayler Dence	SR St. John Fisher	8.11
6	Olivia McNeil	SO Geneseo	8.16
7	Brenna Johnson	SO Nazareth	8.21
8	Emily Bernabeo	JR RIT	8.36

**Women 300 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Michaela Burrell	SR Rochester	41.69
2	Anna Flaitz	SO Geneseo	41.74
3	Jessica Nischo	FR Geneseo	42.12
4	Emily Lavarney	SO Geneseo	42.19

5	Kayla Barber	JR Geneseo	42.45
6	Harley Wilson	JR RIT	42.60
7	Brenna Johnson	SO Nazareth	43.19
8	Jenna Strickland	JR Geneseo	43.31
9	Sarah Ostrowski	JR Geneseo	43.80
10	Tayler Dence	SR St. John Fisher	43.86
11	Stefani Teglash	FR Geneseo	43.96
12	Amberlyn Robertson	FR St. John Fisher	44.68
13	Elizabeth Decker	JR Nazareth	44.75
14	Madeleine Vogel	SO Rochester	45.03
15	Kiersten Abbott	SO St. John Fisher	45.13
16	Kate Koutsourades	FR Geneseo	45.20
17	Angela Consalazio	SO Geneseo	45.81
18	Julianna Bunnell	SO Nazareth	45.87
19	Lauryn Wilson	SO Rochester	46.18
20	Katja Kranzo	FR Geneseo	46.18
21	Brenna James	SR Rochester	46.31
22	Breanna Lambert	SO St. John Fisher	46.32
23	Abbey Szumloz	JR Nazareth	46.36
24	Bryanna Roos	SO Nazareth	46.98
25	Alana Daunis	FR RIT	47.46
26	Madison Ehring	SR RIT	47.50
27	Claire Stokes	SO Roberts Wesleyan	49.08
28	McKenzie Leahey	FR Nazareth	49.13
29	Isabelle Popoff	FR Alfred State	49.61
30	Sarah Smith	SO Nazareth	49.73

**Women 600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Kristin Hardy	FR Rochester	1:38.39
2	Eileen Bequette	JR Rochester	1:39.04
3	Raechel Zielinski	FR Geneseo	1:44.72
4	Olivia Pawlewicz	SO St. John Fisher	1:46.79
5	Claire Bargabos	SO Nazareth	1:46.82
6	Iva Savic	FR Rochester	1:46.84
7	Kendra Watson	SO Rochester	1:50.39
8	Christy Angelu	SR Geneseo	1:51.27
9	Alyson Witt	FR St. John Fisher	1:51.31
10	Jessica Aldred	SO St. John Fisher	1:54.76
11	Mikayla Baker	SR St. John Fisher	1:55.96
12	Alexis Anagnostopoulos	FR Nazareth	1:58.30
13	Nakaridia Sanogo	FR Alfred State	2:02.16
14	Erin Rollins	FR St. John Fisher	2:03.37
15	Kaitlin Puffer	FR St. John Fisher	2:04.52
---	Chivonna Reed	FR Alfred State	DNS
---	Hannah Duttweiler	SR Rochester	DNS
---	Katherine O'Buckley	SO Alfred State	DNS
---	Tess Duignan	SO Geneseo	DNS

**Women 1000 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Emily Atamanchuk	SO Geneseo	3:17.17
2	Baily Gorman	SR Geneseo	3:24.07
3	Kaitlyn Dobbartin	JR Nazareth	3:38.28

**Nazareth Alumni Opener  
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**Women 1 Mile Run**

**AARFTC: 5:22.00 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jackie Barreca	SO	Geneseo	5:50.22
2 Taylor Highers	SO	St. John Fisher	5:59.79
3 Gabrielle Larsen	FR	Nazareth	6:05.22
4 Eileen Shea	SR	Nazareth	6:06.88
5 Alaina Dalheim	FR	St. John Fisher	6:21.17
6 Gabrielle Bonerb	SR	Roberts Wesleyan	6:36.15
7 Marinna Raqueno	FR	St. John Fisher	6:36.52
8 Madeline Woods	FR	St. John Fisher	6:58.97
9 Katherine Frascella	FR	Alfred State	7:02.22
10 Elisabeth Butlak	SR	Alfred State	7:27.62
11 Annaliese Hersom	FR	Alfred State	7:51.51
--- Alivia Collins	SO	St. John Fisher	DNS

**Women 3000 Meter Run**

**AARFTC: 10:40.00 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Michaela Bierly	SR	Roberts Wesleyan	10:46.36
2 Emily Pomainville	JR	Geneseo	10:47.45
3 Riley Corey	FR	St. John Fisher	10:56.76
4 Rachel Hirschkind	FR	Geneseo	10:58.04
5 Kathleen McCarey	FR	Geneseo	11:14.78
6 Olivia Baumann	JR	Geneseo	11:16.01
7 Gabriella Dunkelberg	SR	St. John Fisher	11:19.06
8 Tiffany Adames	JR	Roberts Wesleyan	11:20.63
9 Katie Bellomo	JR	Roberts Wesleyan	11:25.70
10 Taylor Kennard	SR	St. John Fisher	11:31.29
11 Mikaela Freeman	JR	Geneseo	11:39.91
12 Morgan Gould	SO	St. John Fisher	11:49.51
13 Alicia Opett	FR	St. John Fisher	11:51.79
14 Christiana Carestia	JR	St. John Fisher	12:32.85
15 Victoria Owen	SO	St. John Fisher	12:37.47
--- Erin Eivers	FR	Geneseo	DNS

**Women 60 Meter Hurdles**

**AARFTC: 9.50 A**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Emily Lavarney	SO	Geneseo	A 9.31Q
2 Sarah Ostrowski	JR	Geneseo	A 9.41Q
3 Gwenn Shepardson	SO	Geneseo	A 9.44Q
4 Adriana Straughter	SO	Geneseo	A 9.47q
5 Hannah Duttweiler	SR	Rochester	A 9.48q
6 Eileen Bequette	JR	Rochester	9.54q
7 Marissa Dispenza	JR	RIT	9.63q
8 Kristen Zarccone	JR	Geneseo	9.73q
9 Jordyn Brown	FR	RIT	9.83
10 Jordan Silver	SR	Geneseo	9.89
11 Iva Savic	FR	Rochester	10.01
12 McKenna Cone	FR	St. John Fisher	10.44

13 Christy Angeliu	SR	Geneseo	10.49
14 Abrianna Kruger	FR	Geneseo	10.95
15 Shayla Tillman	FR	Roberts Wesleyan	10.99
16 Kendra Watson	SO	Rochester	11.27
17 Sarah Smith	SO	Nazareth	11.34
18 Alyssa Delany	FR	Alfred State	11.40

**Women 60 Meter Hurdles**

**AARFTC: 9.50 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Lavarney	SO	Geneseo	9.37A
2 Marissa Dispenza	JR	RIT	9.53
3 Gwenn Shepardson	SO	Geneseo	9.54
4 Sarah Ostrowski	JR	Geneseo	9.63
5 Eileen Bequette	JR	Rochester	9.68
6 Adriana Straughter	SO	Geneseo	9.88
7 Kristen Zarccone	JR	Geneseo	10.02
--- Hannah Duttweiler	SR	Rochester	DNS

**Women 4x400 Meter Relay**

**AARFTC: 4:10.00 A**

Team	Relay	Finals
<b>Finals</b>		
1 Rochester	A	3:57.88A
1) Michaela Burrell SR	2) Kristin Hardy FR	
3) Susan Bansbach FR	4) Eileen Bequette JR	
2 Geneseo	A	4:03.66A
1) Anna Flaitz SO	2) Kayla Barber JR	
3) Jennifer Joseph SR	4) Jessica Nischo FR	
3 RIT	A	4:09.53A
1) Colleen Eckl JR	2) Marissa Dispenza JR	
3) Ali Binga SR	4) Harley Wilson JR	
4 Rochester	B	4:23.20
1) Iva Savic FR	2) Madeleine Vogel SO	
3) Kendra Watson SO	4) Lauryn Wilson SO	
5 Geneseo	B	4:27.61
1) Angela Consalazio SO	2) Christy Angeliu SR	
3) Emily Pomainville JR	4) Raechel Zielinski FR	
6 St. John Fisher	B	4:31.08
1) Breanna Lambert SO	2) Olivia Pawlewicz SO	
3) McKenna Erwell FR	4) Amberlyn Robertson FR	
7 St. John Fisher	A	4:33.61
1) Kiersten Abbott SO	2) Erin Rollins FR	
3) Mikayla Baker SR	4) Alyson Witt FR	
8 Nazareth	B	4:36.44
1) Gabrielle Larsen FR	2) Mackenzie Carney FR	
3) Elizabeth Decker JR	4) Megan Morin FR	
9 Nazareth	A	4:42.43
1) Kelly Artini JR	2) Abbey Szumloz JR	
3) Erin Reyner SO	4) Deirdre Brett JR	
10 St. John Fisher	C	4:47.01
1) Jessica Aldred SO	2) Taylor Highers SO	
3) Marinna Raqueno FR	4) Alaina Dalheim FR	

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**Women 1600 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 Nazareth	A	4:37.26
1) Brenna Johnson SO	2) Madison Sabourin SO	
3) Claire Bargabos SO	4) Eileen Shea SR	
2 Nazareth	B	4:37.47
1) Julianna Bunnell SO	2) Sarah Merriwether FR	
3) Abbey Szumloz JR	4) Kelly Artini JR	
3 Alfred State	A	4:50.88
1) Caitlin Caltagirone SO	2) Alyssa Delany FR	
3) Katherine O'Buckley SO	4) Isabelle Popoff FR	

**Women High Jump**

AARFTC: 1.56m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jenna Berry	JR	Geneseo	1.61m
2 Alexa LaPierre	SR	Geneseo	1.56m
3 Amanda Greenwood	JR	Roberts Wesleyan	1.51m
4 Chloe Couderc	FR	Rochester	1.51m
5 Kristen Zarcone	JR	Geneseo	1.46m
5 Sarah Merriwether	FR	Nazareth	1.46m
7 Emily Abbati	FR	Geneseo	1.41m
7 Jennah Ferrari	FR	St. John Fisher	1.41m
9 Emma Taggart	FR	Alfred State	1.41m
10 Claire Stokes	SO	Roberts Wesleyan	1.36m
11 Kelly Vucinic	FR	Geneseo	1.36m
12 Rebecca Marsh	FR	St. John Fisher	1.31m

**Women Pole Vault**

AARFTC: 3.20m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Madeline Pizzo	SR	RIT	3.35m
2 Samantha Kaplan	SR	RIT	3.20m
3 Liz Daugherty	SO	RIT	3.20m
4 Katie Melly	JR	Geneseo	3.20m
5 Anna Ahlquist	JR	Roberts Wesleyan	3.20m
6 Catherine Fox	FR	RIT	3.05m
7 Noelle Coolican	SO	Geneseo	2.90m
8 Madeline O'Connell	FR	Rochester	2.90m
9 Kaytlin Kelly	JR	St. John Fisher	2.75m
9 Taylor Heineman	SO	Roberts Wesleyan	2.75m
11 Sydney Angus	SO	Geneseo	2.75m
12 Claire Lenihan	SO	Geneseo	2.75m
13 Alondra Arroyo	SO	St. John Fisher	2.45m

**Women Long Jump**

AARFTC: 5.25m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Salvemini	SO	Geneseo	5.24m
2 Adriana Straughter	SO	Geneseo	5.24m
3 Lonnie Garrett	SR	Rochester	5.20m

4 Alexa LaPierre	SR	Geneseo	5.09m
5 Eileen Bequette	JR	Rochester	5.07m
6 Hannah Duttweiler	SR	Rochester	4.83m
7 Jenna Berry	JR	Geneseo	4.82m
8 Iva Savic	FR	Rochester	4.81m
9 Rachel Mhlstin	JR	Geneseo	4.70m
10 Shayla Tillman	FR	Roberts Wesleyan	4.53m
11 Gabby Mckay	SR	Geneseo	4.48m
12 McKenzie Leahey	FR	Nazareth	4.47m
13 Maria Covelli	FR	St. John Fisher	4.35m
14 Alyssa Delany	FR	Alfred State	4.26m
15 Alexandra Buhrl	JR	St. John Fisher	4.25m
16 Sarah Rivet	FR	Alfred State	4.24m
17 Kelly Vucinic	FR	Geneseo	4.20m
18 Emily Abbati	FR	Geneseo	4.05m
19 Lily Schnell	FR	Alfred State	4.03m
--- Abrianna Kruger	FR	Geneseo	FOUL
--- Zoe Fortin	SO	Rochester	FOUL

**Women Triple Jump**

AARFTC: 10.75m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jennifer Joseph	SR	Geneseo	10.98m
2 Lonnie Garrett	SR	Rochester	10.87m
3 Colleen Eckl	JR	RIT	10.55m
4 Erin Kane	SR	Geneseo	10.42m
5 Lauryn Krupa	SR	Geneseo	10.31m
6 Emily Salvemini	SO	Geneseo	10.25m
7 Alyssa Hoogs	FR	Rochester	9.97m
8 Claire Lenihan	SO	Geneseo	9.31m
9 Rachel Mhlstin	JR	Geneseo	9.22m
--- Zoe Fortin	SO	Rochester	FOUL
--- Emily Bernabeo	JR	RIT	FOUL
--- Lily Schnell	FR	Alfred State	FOUL
--- Olivia McNeil	SO	Geneseo	FOUL

**Women Shot Put**

AARFTC: 11.50m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Madeline Pizzo	SR	RIT	12.57m
2 Jordan Lehman	JR	St. John Fisher	11.94m
3 Grace Messina	JR	Rochester	11.04m
4 Gabrielle Pighetti	SO	Nazareth	11.04m
5 Leah Hulbert	JR	St. John Fisher	11.04m
6 Emma Harling	SO	Geneseo	10.87m
7 Grace Blankenberg	SO	Nazareth	10.44m
8 Lauren Kluck	SO	Geneseo	10.42m
9 Lyndsay O'Brien	FR	St. John Fisher	10.29m
10 Kari Leap	JR	Rochester	9.82m
11 Maya Pelayo	FR	Roberts Wesleyan	9.58m
12 Grace Mueller	SO	Rochester	9.39m
13 Vanessa Wish	FR	Rochester	8.85m
14 Kendall Miller	SR	Roberts Wesleyan	8.77m
15 Grace Willert	FR	Roberts Wesleyan	8.70m

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**Finals ... (Women Shot Put)**

Name	Yr	School	Finals
16 Katherine Vonglis	SO	Rochester	8.65m
17 Gillian Reeder	FR	Rochester	8.53m
18 Nicole VerPlank	FR	St. John Fisher	8.29m
19 Kiara Morris-Dadzie	FR	RIT	8.02m
20 Jenna Costello	SO	St. John Fisher	7.98m
21 Mackenzie Chandler	FR	Roberts Wesleyan	7.50m
22 Suzan Hoffman	JR	Rochester	7.22m
23 Cassidy Leight	SR	Rochester	6.89m
--- Shayla Tillman	FR	Roberts Wesleyan	FOUL
--- Bailey Robinson	SO	Nazareth	DNS
--- Sarah Rivet	FR	Alfred State	DNS

**Women Weight Throw**

**AARFTC: 14.00m A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Zebrowski	SR	RIT	15.61mA
2 Grace Messina	JR	Rochester	15.26mA
3 Kari Leap	JR	Rochester	13.63m
4 Jordan Lehman	JR	St. John Fisher	13.51m
5 Emma Harling	SO	Geneseo	13.37m
6 Grace Blankenberg	SO	Nazareth	12.38m
7 Gillian Reeder	FR	Rochester	12.26m
8 Elizabeth Izydorzak	JR	St. John Fisher	11.66m
9 Lauren Kluck	SO	Geneseo	11.46m
10 Kendall Miller	SR	Roberts Wesleyan	11.20m
11 Katherine Vonglis	SO	Rochester	11.14m
12 Gabrielle Pighetti	SO	Nazareth	11.06m
13 Suzan Hoffman	JR	Rochester	10.07m
14 Vanessa Wish	FR	Rochester	9.02m
15 Jenna Costello	SO	St. John Fisher	9.01m
16 Grace Mueller	SO	Rochester	8.73m
17 Abbey Gilman	SO	Rochester	8.47m
18 Mackenzie Chandler	FR	Roberts Wesleyan	8.20m
--- Bailey Robinson	SO	Nazareth	DNS
--- Leah Hulbert	JR	St. John Fisher	DNS

**Men 60 Meter Dash**

**AARFTC: 7.15 A**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Max Gloskey	JR	RIT	A 7.14Q
2 Daniel Norris	SR	St. John Fisher	7.19Q
3 Tom SanGiacomo	SR	Geneseo	7.20Q
4 Ryan Dwyer	JR	Geneseo	7.21Q
5 Nan Xie	SO	Rochester	7.22Q
6 Kudzai Mbinda	SO	Rochester	7.27Q
7 Kuan-Ho Chen	FR	Rochester	7.32Q
8 Gilbert Boateng	SO	Alfred State	7.22q
9 Tracey Harrison		Roberts Wesleyan	7.24
10 Connor McCauslin	FR	Nazareth	7.28
11 Trenton Wynn	FR	St. John Fisher	7.38
12 Kyle Rollins	JR	St. John Fisher	7.40

13 Matthew Pennell	JR	St. John Fisher	7.41
14 Rory Patterson	SO	Geneseo	7.44
15 Collin Stauffer	SO	Alfred State	7.44
16 John O'Connell	FR	RIT	7.46
17 Wells Coalfleet	SR	Rochester	7.46
18 Jason Rappazzo	FR	Geneseo	7.49
19 Joshua Agyarko Jr.	JR	Rochester	7.50
20 Cameron Kane	SO	Geneseo	7.51
21 Frederick Liu	FR	Rochester	7.51
22 Matthew Rogers	SO	St. John Fisher	7.52
23 Tyler Hulse	FR	RIT	7.53
24 Evan Darwick	FR	Rochester	7.57
25 Noah Flynn	SR	RIT	7.58
26 Cameron Howard	SO	Alfred State	7.60
27 Henry Luo	SO	Rochester	7.61
28 Sirgorerio Thomas Ray	SO	Alfred State	7.62
29 Paul Dunbar		Roberts Wesleyan	7.66
30 Andrew McPherson	SR	RIT	7.71
31 Ty Freeman	FR	RIT	7.74
32 Jamal Simon	FR	Roberts Wesleyan	7.76
33 Jason Cobham	SO	Rochester	7.77
34 Evan Watt	FR	RIT	7.78
35 Waleed Muhammad	FR	Alfred State	7.79
36 Javon Bernard	FR	RIT	7.83
37 Connor Burrows	FR	RIT	7.84
38 Amadou Sow	FR	RIT	7.84
39 Caleb Clarke	FR	Geneseo	7.88
40 Alex Opsahl	FR	Rochester	7.91
41 Mark Valenti	FR	St. John Fisher	7.91
42 John Moyer	SO	Rochester	7.92
43 Daniel Jiang	FR	RIT	7.92
44 Peter Brodник	FR	Rochester	8.03
45 Eric Cho	FR	Rochester	8.10
46 Savion Joyles	FR	St. John Fisher	8.20
--- James King	SO	Geneseo	FS
--- Zion Ponder	SO	Alfred State	DNF
--- Ben Eassa	SO	RIT	DNS
--- Raphael Abel	SR	RIT	DNS

**Men 60 Meter Dash**

**AARFTC: 7.15 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ryan Dwyer	JR	Geneseo	7.13A
2 Daniel Norris	SR	St. John Fisher	7.13A
3 Nan Xie	SO	Rochester	7.15A
4 Kudzai Mbinda	SO	Rochester	7.19
5 Tom SanGiacomo	SR	Geneseo	7.20
6 Max Gloskey	JR	RIT	7.22
7 Kuan-Ho Chen	FR	Rochester	7.26
8 Gilbert Boateng	SO	Alfred State	7.47

**Men 300 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Wells Coalfleet	SR	Rochester	35.99

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**Finals ... (Men 300 Meter Dash)**

Name	Yr	School	Finals
2	Jonah Dean	FR St. John Fisher	36.74
3	Nan Xie	SO Rochester	36.78
4	Mark Westman	SR Rochester	36.93
5	John Goldszer	FR Geneseo	36.94
6	Cameron Kane	SO Geneseo	37.16
7	Deola Koshefobamu	SO Roberts Wesleyan	37.24
8	Rory Patterson	SO Geneseo	37.62
9	Shawn Rosa	FR Alfred State	37.63
10	Ryan Pinto	FR Geneseo	37.94
11	Jason Rappazzo	FR Geneseo	37.95
12	Sean Gublo	SR Rochester	37.98
13	Cameron Chambers	FR Alfred State	38.01
14	Mike Welch	FR Nazareth	38.07
15	Chris Tremblay	SO RIT	38.22
16	Joshua Agyarko Jr.	JR Rochester	38.53
17	Evan Darwick	FR Rochester	38.58
18	Kuan-Ho Chen	FR Rochester	38.60
19	Bryce Florian	FR Nazareth	38.66
20	Jhamir Brown	FR Alfred State	38.86
21	Ty Freeman	FR RIT	38.88
22	Jason Cobham	SO Rochester	38.94
23	Josiah Bowers	FR St. John Fisher	38.98
24	Frederick Liu	FR Rochester	39.03
25	Adam Smith	SO Rochester	39.21
26	Stephan Davis	FR Roberts Wesleyan	39.33
27	Connor Avery	0 Roberts Wesleyan	39.57
28	Henry Luo	SO Rochester	40.06
29	Zach Rudewicz-Nepokroel	FR Alfred State	40.21
30	Maxwell Blowers	FR St. John Fisher	40.42
31	Evan Botelho	SR Rochester	40.53
32	Nick Donnell	SO Rochester	40.53
33	Amadou Sow	FR RIT	41.07
34	Josh Pomerleau	SO Nazareth	42.28
35	Sajad Mustafa	FR Roberts Wesleyan	45.04
---	Javon Bernard	FR RIT	DNS
---	Aaron Messina	JR Rochester	DNS
---	Jacob Wilson	FR Roberts Wesleyan	DNS
---	Ryan Dwyer	JR Geneseo	DNS

**Men 600 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Dokata Kosi Banchale	SO Rochester	1:20.99
2	Sam Napoli	SR Geneseo	1:22.75
3	Blaine Doyle	FR Rochester	1:24.28
4	Peter Moller	FR Geneseo	1:24.81
5	Gabe Lundy	FR Rochester	1:24.88
6	Braden Cott	FR RIT	1:25.97
7	Matthew Skakal	SO RIT	1:26.11
8	Stephen Hoare	FR Geneseo	1:26.24
9	Matthew Wottawa	JR Roberts Wesleyan	1:28.02
10	Alex Cooley	SO RIT	1:28.08
11	Sam Kellner	FR Rochester	1:28.75
12	Shawn Rosa	FR Alfred State	1:30.80

13	Calvin Garnes	FR Nazareth	1:30.86
14	Cole Gublo	SR Rochester	1:31.23
15	jacob drew	JR Alfred State	1:32.09
16	Devan Ketchum	FR Nazareth	1:35.07
---	Otto Wilson	SO RIT	DQ
---	Zachary Kennedy	SR St. John Fisher	DNS
---	Cameron Chambers	FR Alfred State	DNS

**Men 1000 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Adrian Mazur	SR Roberts Wesleyan	2:39.56
2	Jason Ziskind	JR RIT	2:39.95
3	Andres Garcia Coleto	JR Rochester	2:42.12
4	Nick Valenti	SR RIT	2:46.03
5	Kyle Malmstrom	SO RIT	2:47.72
6	Ryan Lohr	SO Alfred State	2:49.24
7	Chase Marino	FR RIT	2:58.60

**Men 1 Mile Run**

AARFTC: 4:24.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Grant Stokoe	SO St. John Fisher	4:37.39
2	Jason Hall	SR Nazareth	4:37.47
3	Griffin Weiner	FR Rochester	4:42.17
4	Theodore Pintabona	FR Roberts Wesleyan	4:42.27
5	Spencer Dodge	FR RIT	4:58.22
6	Ryan Allen	SO St. John Fisher	4:58.39
7	Christopher Kwak	FR RIT	4:58.50
8	Christoffer Snel	FR Roberts Wesleyan	5:00.42
9	Mathieu Acquard	FR St. John Fisher	5:12.57
10	Keegan Reyome	FR St. John Fisher	5:16.62
11	Cole Viavattine	JR St. John Fisher	5:34.15
---	Nolan DeFreitas	FR RIT	DNS

**Men 3000 Meter Run**

AARFTC: 8:50.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Oliver Kelley	FR Rochester	9:12.92
2	Ryan Mitchell	FR Geneseo	9:14.54
3	Henry Goca	FR Geneseo	9:19.64
4	Bernard Daoust	SR St. John Fisher	9:22.49
5	Andrew Ford	SO St. John Fisher	9:27.34
6	Zach Gauronski	FR Geneseo	9:35.93
7	Brandon Nicosia	FR St. John Fisher	9:40.58
8	Tommy Oddo	SO Rochester	9:48.09
9	Bogdan Rozvora	FR St. John Fisher	9:51.08
10	Kevin Havens	FR St. John Fisher	9:53.50
11	Ethan Ferland	FR Rochester	9:55.78
12	matt connolly	SO Alfred State	9:55.81
13	Ryan Driscoll	SO St. John Fisher	9:57.51
14	Myles Anderson	FR St. John Fisher	10:08.74
15	Ryan English	SO St. John Fisher	10:12.48

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**Men 60 Meter Hurdles**

AARFTC: 8.70 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Michael Hartcorn	JR	Geneseo	A 8.52Q
2 Kyle Rollins	JR	St. John Fisher	A 8.58Q
3 Kaleb Luton	FR	Nazareth	A 8.66q
4 Connor McCauslin	FR	Nazareth	8.76q
5 Justin Gagnon	FR	Geneseo	9.04q
6 Luke Andres	SO	Geneseo	9.11q
7 Caleb Clarke	FR	Geneseo	9.22q
8 Matthew Doerner	FR	RIT	9.30q
9 Jake Torrell	FR	RIT	9.39
10 Peter Brodnik	FR	Rochester	9.58
11 Cullen Sullivan	JR	RIT	9.63
12 Joseph Varghese	FR	Rochester	9.69
13 Aidan Kropiwnicki	FR	Rochester	9.78
14 Eric Cho	FR	Rochester	10.08

**Men 60 Meter Hurdles**

AARFTC: 8.70 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Kyle Rollins	JR	St. John Fisher	8.50A
2 Michael Hartcorn	JR	Geneseo	8.52A
3 Kaleb Luton	FR	Nazareth	8.64A
4 Connor McCauslin	FR	Nazareth	8.79
5 Luke Andres	SO	Geneseo	8.94
6 Justin Gagnon	FR	Geneseo	8.97
7 Matthew Doerner	FR	RIT	9.26
--- Caleb Clarke	FR	Geneseo	DNS

**Men 4x400 Meter Relay**

AARFTC: 3:27.00 A

Team	Relay	Finals
<b>Finals</b>		
1 Rochester	A	3:23.98A
1) Wells Coalfleet SR	2) Mark Westman SR	
3) Gabe Lundy FR	4) Dokata Kosi Banchale SO	
2 Geneseo	A	3:26.78A
1) John Goldszer FR	2) Cameron Kane SO	
3) Ryan Dwyer JR	4) Sam Napoli SR	
3 RIT	A	3:29.51
1) Jeremy Saluzzi FR	2) Matthew Skakal SO	
3) Zachery Thesier SR	4) Chris Tremblay SO	
4 Geneseo	C	3:33.68
1) Alec Andrews SO	2) Jack Bohrman SO	
3) Ben Timmons SO	4) Brendan Murphy JR	
5 RIT	B	3:38.15
1) Alex Cooley SO	2) Braden Cott FR	
3) Matthew Doerner FR	4) Jason Ziskind JR	
6 Geneseo	B	3:38.76
1) Ryan Pinto FR	2) Peter Moller FR	
3) Stephen Hoare FR	4) Rory Patterson SO	

7 Rochester	C	3:38.80
1) Sean Gublo SR	2) Aaron Messina JR	
3) Evan Botelho SR	4) Adam Smith SO	
8 RIT	C	3:39.59
1) Kyle Malmstrom SO	2) Andrew McPherson SR	
3) Nick Valenti SR	4) Otto Wilson SO	
9 Rochester	D	3:40.18
1) Cole Gublo SR	2) Sam Kellner FR	
3) Andres Garcia Coletto JR	4) Blaine Doyle FR	
10 Rochester	B	3:40.36
1) Jarod Forer SO	2) Aidan Kropiwnicki FR	
3) Alex Opsahl FR	4) Joseph Varghese FR	
11 St. John Fisher	B	3:42.45
1) Trenton Wynn FR	2) Matthew Pennell JR	
3) Josiah Bowers FR	4) Jonah Dean FR	
12 St. John Fisher	C	3:42.92
1) Grant Stokoe SO	2) Myles Anderson FR	
3) Keegan Reyome FR	4) Ryan Allen SO	
13 Roberts Wesleyan	B	3:45.79
1) Matthew Wottawa JR	2) Adrian Mazur SR	
3) Theodore Pintabona FR	4) Jacob Wilson FR	
14 Nazareth	B	3:46.12
1) Mike Welch FR	2) Connor McCauslin FR	
3) Nathan Bowers FR	4) Lucas Sharron FR	
15 Nazareth	A	3:48.24
1) Chris Celecki JR	2) Josh Tomaka SO	
3) Jake Suddaby SO	4) Michael Brown JR	
16 Roberts Wesleyan	A	3:50.03
1) Connor Avery 0	2) Deola Koshefobamu SO	
3) Sajad Mustafa FR	4) Jermaine Barber SR	
17 St. John Fisher	A	3:57.42
1) Matthew Rogers SO	2) Mark Valenti FR	
3) Maxwell Blowers FR	4) Zachary Kennedy SR	

**Men 1600 Sprint Medley**

Team	Relay	Finals
<b>Finals</b>		
1 RIT	A	3:38.43
1) Max Gloskey JR	2) Devante Marshall SR	
3) Jeremy Saluzzi FR	4) Zachery Thesier SR	
2 Alfred State	B	3:44.79
1) jacob drew JR	2) Jhamir Brown FR	
3) Collin Stauffer SO	4) Waleed Muhammad FR	
3 Alfred State	A	3:45.19
1) Cameron Chambers FR	2) Shawn Rosa FR	
3) Cameron Howard SO	4) Zach Rudewicz-Nepokroeff 1	
4 Nazareth	A	3:46.54
1) Mike Welch FR	2) Matt Johnson SO	
3) Calvin Garnes FR	4) Nate McNally FR	

**Men High Jump**

AARFTC: 1.89m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Alex Opsahl	FR	Rochester	1.89mA
2 Zion Ponder	SO	Alfred State	1.89mA

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**Finals ... (Men High Jump)**

Name	Yr	School	Finals
3 Tyler Hulse	FR	RIT	1.84m
4 Savion Joyles	FR	St. John Fisher	1.84m
5 Zachary Briggs	JR	St. John Fisher	1.79m
6 Sean Stewart	FR	Geneseo	1.74m
6 Joseph Miranda	JR	Geneseo	1.74m
8 Caleb Clarke	FR	Geneseo	1.74m
9 Kaleb Luton	FR	Nazareth	1.74m
10 Joseph Varghese	FR	Rochester	1.69m
10 Connor Burrows	FR	RIT	1.69m
12 Jarod Forer	SO	Rochester	1.69m
--- Jamal Simon	FR	Roberts Wesleyan	NH
--- Andres Garcia Coletto	JR	Rochester	NH
--- A.J. DeVasto	FR	Nazareth	NH

**Men Pole Vault**

AARFTC: 4.40m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Zach Ferrara		Unattached	5.40mA
2 Zachary Curran	SR	Geneseo	4.90mA
3 Paul Dunbar		Roberts Wesleyan	4.80mA
4 Ethan Maguire	SR	RIT	4.70mA
5 Jack Smith	SR	RIT	4.40mA
6 Bryce Florian	FR	Nazareth	4.25m
7 Terry Taylor III	JR	Geneseo	4.10m
8 Nicholas John	JR	RIT	4.10m
9 Phoenix Palmer	FR	St. John Fisher	3.80m
10 Mike Armstrong	FR	Geneseo	3.80m
11 Aidan Kropiwnicki	FR	Rochester	3.80m
12 William Phifer	SO	RIT	3.65m
13 Jordan Kostera	SO	St. John Fisher	3.35m
14 Adam Palmer	FR	St. John Fisher	3.35m
15 Josh Pomerleau	SO	Nazareth	3.05m
--- Terry Cook	JR	Rochester	NH
--- Connor Kirkpatrick	FR	RIT	NH
--- Matthew Carr	FR	St. John Fisher	NH
--- Matthew Ryan	SO	RIT	DNS

**Men Long Jump**

AARFTC: 6.65m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ahmed Mahmood		Unattached	6.76mA
2 Joshua Feldberg	SO	Geneseo	6.61m
3 Zach Rudewicz-Nepokroev	FR	Alfred State	6.57m
4 Raphael Abel	SR	RIT	6.52m
5 James King	SO	Geneseo	6.48m
6 Jackson Hays	SO	Geneseo	6.45m
7 Kaleb Luton	FR	Nazareth	6.45m
8 Noah Flynn	SR	RIT	6.40m
9 Terry Cook	JR	Rochester	6.31m
10 Jhamir Brown	FR	Alfred State	6.06m
11 Collin Stauffer	SO	Alfred State	5.94m
12 Luke Andres	SO	Geneseo	5.90m

13 Alex Opsahl	FR	Rochester	5.88m
14 Jake Torrell	FR	RIT	5.85m
15 Ben Eassa	SO	RIT	5.75m
16 Joseph Varghese	FR	Rochester	5.69m
17 Nick Donnell	SO	Rochester	5.68m
18 Edison Tenecela	SO	Rochester	5.67m
19 Terry Taylor III	JR	Geneseo	5.47m
20 Stephan Davis	FR	Roberts Wesleyan	5.43m
--- Jermaine Barber	SR	Roberts Wesleyan	DNS
--- Jacob Wilson	FR	Roberts Wesleyan	DNS

**Men Triple Jump**

AARFTC: 13.40m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Joshua Feldberg	SO	Geneseo	13.91mA
2 John O'Connell	FR	RIT	13.58mA
3 Kaleb Luton	FR	Nazareth	13.57mA
4 Devante Marshall	SR	RIT	13.42mA
5 Mark Westman	SR	Rochester	13.14m
6 Zion Ponder	SO	Alfred State	13.08m
7 Deola Koshefobamu	SO	Roberts Wesleyan	12.80m
8 Evan Watt	FR	RIT	12.30m
9 Matt Johnson	SO	Nazareth	12.08m
10 Jhamir Brown	FR	Alfred State	11.91m
11 Daniel Jiang	FR	RIT	10.92m
12 Edison Tenecela	SO	Rochester	10.90m
--- Sean Stewart	FR	Geneseo	FOUL
--- Joseph Miranda	JR	Geneseo	FOUL

**Men Shot Put**

AARFTC: 13.85m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Matthew Funicelli	SO	RIT	14.58mA
2 Ryan Desautels	JR	St. John Fisher	13.98mA
3 Greg Cole-Allen	FR	Geneseo	13.67m
4 Chase Corcoran	JR	St. John Fisher	13.11m
5 William Corwin	JR	St. John Fisher	12.88m
6 Kent Kellar	JR	RIT	12.72m
7 James O'Neill	SO	Rochester	11.87m
8 Frazer Bourgeois	JR	Geneseo	11.78m
9 Joe Bumpus	SO	Rochester	11.69m
10 Ben Jordan	SO	RIT	11.11m
11 Andrew Hirsh	SR	Rochester	10.89m
12 Peter Stefos	SO	RIT	10.56m
13 Quinn Keller	FR	Roberts Wesleyan	10.39m
14 Trey Caulkins	FR	St. John Fisher	10.26m
15 Caleb Clarke	FR	Geneseo	10.10m
16 MacAllister Sullivan	FR	RIT	6.89m

**Men Weight Throw**

AARFTC: 15.00m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Luis Rivera		Forza Athletics	19.85mA

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**Finals ... (Men Weight Throw)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
2	Chase Corcoran	JR	St. John Fisher	15.27mA
3	Ryan Desautels	JR	St. John Fisher	14.63m
4	Matthew Funicelli	SO	RIT	13.34m
5	Andrew Hirsh	SR	Rochester	12.89m
6	Greg Cole-Allen	FR	Geneseo	12.45m
7	Joseph Jerkovich	SO	St. John Fisher	12.15m
8	James O'Neill	SO	Rochester	12.03m
9	Frazer Bourgeois	JR	Geneseo	11.48m
10	Jack Mott	SO	St. John Fisher	11.21m
11	Joe Bumpus	SO	Rochester	10.95m
12	Jack Bickford	FR	St. John Fisher	10.80m
13	Daniel Pinigin	SO	RIT	10.79m
14	Ben Jordan	SO	RIT	10.66m
15	Quinn Keller	FR	Roberts Wesleyan	9.62m
16	Peter Stefos	SO	RIT	8.52m

**Mixed 1 Mile Run Alumni**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Rob Castor	M	Nazareth Alumni	5:11.70
2	Chris Patterson	M	Nazareth Alumni	5:18.45
3	Matt Case	M	Nazareth Alumni	5:19.55
4	Matt Battaglia	M	Nazareth Alumni	5:27.89
5	Tommy Lannon	M	Nazareth Alumni	5:28.55
6	Paul Wheeler	M	Nazareth Alumni	5:28.68
7	Philip Schierer	M	Nazareth Alumni	5:38.13
8	Emily Thompson	W	Nazareth Alumni	5:43.73
9	Katie Mutter	W	Nazareth Alumni	5:48.14
10	Nick LaBarbera	M	Nazareth Alumni	5:53.75
11	Jenny Wheeler	W	Nazareth Alumni	6:57.59
---	Jim Rolince	M	Nazareth Alumni	DNS