

All-Atlantic Region
Indoor Track & Field Championships
Nazareth College Golisano Training Center - 3/6/2020 to 3/7/2020
Performance List

Event 5 Women 60 Meter Dash Prelims

Meet: 7.76 3/2/2018 Elisabeth Plympton				
Facility: 7.78 2/21/2020 Michaela Burrell				
Name	Yr	School	Seed	Time
1	Tia Jones	FR	Ithaca	7.63
2	Amanda Crooks	SO	Moravian	7.66
3	Promise Fadahunsi	SO	Rowan	7.84
3	Amanda Wetmore	SR	Ithaca	7.84
3	Satin Holmes	SR	Brockport	7.84
6	Aaniyah Robinson	SR	Rowan	7.86
7	Mikayla Sasson	JR	Ramapo	7.88
8	Eshone Cofield-Jackson	FR	Utica	7.90
9	Elisabeth Plympton	SR	Plattsburgh	7.91
10	Lauryn Krupa	SR	Geneseo	7.93
11	Jenna Strickland	JR	Geneseo	7.94
12	sidney mcleod-whitener	JR	Rowan	7.95
13	Molly Scarpello	SR	Brockport	7.98
14	Stefani Teglash	FR	Geneseo	7.99
15	Kierston Johnson	SO	Rowan	8.00
16	Cassidy Johnson	FR	TCNJ	8.01
17	Caroline Castriotta	SO	Utica	8.03
17	Meghan Burd	SR	Ithaca	8.03
19	Laura Meade	SO	Utica	8.04
19	Judlynn Julceus	JR	Ramapo	8.04
19	Jyasia Bivins	SO	Stockton	8.04
22	Brianna Lawless	JR	Brockport	8.07
22	O'lvia McIntosh	JR	Elizabethtown	8.07
22	Judanicka Julceus	JR	Ramapo	8.07
25	Abby Frank	JR	Ithaca	8.09
26	Gabriella Loeffler	SR	PSU-Behrend	8.11

Event 15 Women 200 Meter Dash

Meet: 25.23 3/2/2019 Michaela Burrell				
Facility: 25.67 2/21/2020 Michaela Burrell				
Name	Yr	School	Seed	Time
1	Michaela Burrell	SR	Rochester	25.32
2	Eshone Cofield-Jackson	FR	Utica	25.55
3	Evelyn Nkanga	SR	NYU	25.60
4	Isre'al Conerly	FR	NYU	25.66
5	Taylor Hunter	SO	Cortland	25.73
6	Gina Dello Russo	SR	Stevens Inst	25.79
7	Laura Mathews	FR	Stevens Inst	25.82
8	Elisabeth Plympton	SR	Plattsburgh	26.01
9	Shannon Lambert	JR	TCNJ	26.05
9	Brianna Lawless	JR	Brockport	26.05
9	Crystal Robinson	FR	Moravian	26.05
12	Shaniece Gregory	SR	Oswego	26.08
13	Satin Holmes	SR	Brockport	26.10
14	Ashley Lyons	SR	Buffalo State	26.15
15	Ayana Bursie	JR	Buffalo State	26.20
16	Gabriella Loeffler	SR	PSU-Behrend	26.32
17	Jenna Strickland	JR	Geneseo	26.34
17	Cassidy Johnson	FR	TCNJ	26.34
19	Katelyn Hutchison	SO	Ithaca	26.35

20	Megan Gasnick	SO	TCNJ	26.37
21	Kierston Johnson	SO	Rowan	26.39
22	Angelica Howell	JR	Widener	26.40
23	Stefani Teglash	FR	Geneseo	26.41
24	Mikayla Sasson	JR	Ramapo	26.53
25	Promise Fadahunsi	SO	Rowan	26.58
26	Maria Grill	SO	TCNJ	27.02
27	Mackenzie Rogers	FR	Hood	27.64

Event 11 Women 400 Meter Dash

Meet: 57.11 2/26/2016 Marisa Turner				
Facility: 58.55 1/25/2020 Katelyn Hutchison				
Name	Yr	School	Seed	Time
1	Gina Dello Russo	SR	Stevens Inst	57.49
2	Susan Bansbach	FR	Rochester	57.69
3	Megan Gasnick	SO	TCNJ	57.94
4	myiah sturdivant	JR	Rowan	58.21
5	Harley Wilson	JR	RIT	58.33
6	Isre'al Conerly	FR	NYU	58.44
7	Kristin Hardy	FR	Rochester	58.72
8	Shaniece Gregory	SR	Oswego	58.98
9	Madison Mulder	SO	Geneseo	59.05
10	Kallie Villemaire	SR	Plattsburgh	59.09
11	Anna Flaitz	SO	Geneseo	59.11
12	Danielle Nicklas	JR	Rowan	59.28
13	Allison Uhl	SO	TCNJ	59.45
14	Shannon Lambert	JR	TCNJ	59.53
15	Dana DeLuca	JR	TCNJ	59.70
15	Brenna Johnson	SO	Nazareth	59.70
17	Tashana Dixon	JR	Buffalo State	59.75
18	Laura Zopf	JR	Geneseo	1:00.34
19	Madison Hart	FR	Rowan	1:00.38
20	Gabriella Loeffler	SR	PSU-Behrend	1:00.46
21	Sarah Lachenmayr	JR	Ithaca	1:00.71
22	Kristina Hoefler	SO	Ithaca	1:00.88
23	Victoria Vricella	SO	TCNJ	1:00.99
23	Amberlyn Robertson	FR	St. John Fisher	1:00.99
25	Gabriella Lozano	SO	NYU	1:01.10
26	Lauryn Wilson	SO	Rochester	1:01.22
27	Edena Sanchez	JR	Houghton	1:01.44
28	Julianne Emerson	JR	Utica	1:02.38

Event 13 Women 800 Meter Run

Meet: 2:13.89 1985 Marie Bernard				
Facility: 2:16.23 1/25/2020 Carly Danoski				
Name	Yr	School	Seed	Time
1	Sarah Rudge	SR	Ithaca	2:14.90
2	Carly Danoski	SR	Moravian	2:15.53
3	Katie LaCapria	SR	TCNJ	2:15.69
4	Margaret Nickerson	SR	Ithaca	2:16.56
5	Jenna Shelton	SR	PSU-Behrend	2:16.96
6	Lindsay Scott	SO	Ithaca	2:17.06
7	Katelyn Bernotas	JR	Eastern	2:18.27
8	Shannon Imbornoni	JR	Cortland	2:19.70
9	Paloma DeMonte	SO	Ithaca	2:19.78

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Event 13 ... (Women 800 Meter Run)

Name	Yr	School	Seed Time
10 Jaimie Polanco	JR	RIT	2:20.30
11 Taylor Canet	SR	Plattsburgh	2:20.54
12 Tess Duignan	SO	Geneseo	2:21.21
13 Katerina Salcedo	SO	Delhi	2:21.34
14 Holly Heil	SR	Brockport	2:21.65
15 Sha'Lynn Clarke	FR	Rowan	2:21.82
16 Rebecca MacLeod	SR	NYU	2:21.89
17 Kate Ross	JR	Susquehanna	2:22.20
18 Natalie Stabilito	SO	Moravian	2:22.28
19 Jennifer Metz	FR	Brockport	2:22.32
20 Lauren Lobdell	SO	Ithaca	2:23.13
21 Aislyn McDonough	SO	Plattsburgh	2:23.46
22 Rose Pitman	SO	Brockport	2:23.55
23 Madison Monroe	FR	Hamilton	2:25.48

Event 9 Women 1 Mile Run

Meet: 4:58.53 2/27/2016 Lisa Grohn			
Facility: 5:12.94 1/25/2020 Genny Corcoran			
Name	Yr	School	Seed Time
1 Katelyn Bernotas	JR	Eastern	5:05.69
2 Keri Jones	JR	Lebanon Valley	5:08.17
3 Julia Myers	SR	Rochester	5:09.19
4 Siena Moran	FR	NYU	5:11.33
5 Leah Haley	FR	NYU	5:14.32
6 Savanna Carr	JR	PSU-Behrend	5:14.55
7 Mariellen Penzer	JR	Geneseo	5:15.71
8 Natalie Stabilito	SO	Moravian	5:16.07
9 dianne ferraro	SR	Rowan	5:17.80
10 Carly Gable	FR	Widener	5:18.33
11 Elizabeth Greene	SO	Hamilton	5:19.23
12 Safiya Ratliff	FR	Ramapo	5:19.43
13 Eliza O'Donnell	FR	St. Lawrence	5:19.62
14 Kristen Lodato	JR	Rochester	5:19.78
15 Windsor Ardner	FR	Geneseo	5:19.93
16 Jazzlyn Diaz	SO	TCNJ	5:20.64
17 Mia Schiel	SO	Hamilton	5:21.27
18 Kelsey Kobus	SO	TCNJ	5:21.55
19 Brooklyn Wiley	SO	Elizabethtown	5:21.75
20 Madison Edwards	SO	Rowan	5:22.61
21 Gabriella Dunkelberg	SR	St. John Fisher	5:28.16
22 Amanda Ashmen	JR	Union	5:28.27

Event 17 Women 3000 Meter Run

Meet: 9:44.7h 1984 Trisha Lacasse			
Facility: 10:12.19 1/25/2020 Jordan Hurlbut			
Name	Yr	School	Seed Time
1 Annibel Coolican	SR	Geneseo	10:14.11
2 Alyssa sanders	JR	Rowan	10:19.87
3 Keri Jones	JR	Lebanon Valley	10:21.23
4 Olivia Visaggio	SO	Misericordia	10:22.20
5 Natalie Novotni	SR	Moravian	10:23.02
6 Athina Zodl	SO	NYU	10:26.23
7 Rachel Hirschkind	FR	Geneseo	10:28.24

8 Trinity Lundemo	SO	Stevens Inst	10:31.49
9 Alexa Thompson	SO	Misericordia	10:31.80
10 Katlyn Gallagher	SO	NYU	10:33.03
11 Ciara Knott	FR	Geneseo	10:34.29
12 Jessica Hoffmann	SO	Scranton	10:34.81
13 Lauren Wick	JR	Lebanon Valley	10:34.93
14 Riley Crissman	SR	PSU-Behrend	10:36.02
15 Erin Reyner	SO	Nazareth	10:43.03

Event 7 Women 5000 Meter Run

Meet: 16:47.36 2003 Melissa White			
Facility: 17:31.64 1/25/2020 Eva Borton			
Name	Yr	School	Seed Time
1 Olivia Visaggio	SO	Misericordia	18:05.26
2 Eileen Reinhardt	JR	Geneseo	18:09.53
3 Kayla Murawski	JR	DeSales	18:12.08
4 Alexa Thompson	SO	Misericordia	18:24.11
5 Missy Graham	JR	Geneseo	18:24.71
6 Riley Corey	FR	St. John Fisher	18:34.21
7 Kelly Reese	SR	Rochester	18:35.52
8 Gabriella DeVito	SR	TCNJ	18:39.76
9 Jennifer Polo	SR	Ramapo	18:44.27
10 Molly Byrne	SR	Geneseo	18:45.30
11 Milly Ames	JR	NYU	18:46.56
12 Rowan Pepe	JR	Misericordia	18:47.30
13 Abby Clouden	JR	Brockport	18:49.42
14 Shelby Langlois	SR	Houghton	18:49.70

Event 3 Women 60 Meter Hurdles Prelims

Meet: 8.75 3/2/2019 Aspen McMillan			
Facility: 9.11 1/25/2020 Isabelle Ith			
Name	Yr	School	Seed Time
1 Samara Herzog	FR	Ithaca	8.83
2 Kaila Carter	SR	TCNJ	8.84
3 Emily Lavarney	SO	Geneseo	8.95
3 Laura Mathews	FR	Stevens Inst	8.95
5 Amanda Iasparo	SR	Oneonta	9.00
6 Logan Bruce	SO	Ithaca	9.02
7 Cassidy Mulryne	SO	TCNJ	9.03
8 Nicole Notaranni	JR	Rowan	9.10
9 Hannah Duttweiler	SR	Rochester	9.12
10 Annette Wanjiku	JR	TCNJ	9.14
11 Victoria Purritano	FR	TCNJ	9.16
12 Marissa Dispenza	SR	RIT	9.20
13 Adriana Straughter	SO	Geneseo	9.25
14 Gwenn Shepardson	SO	Geneseo	9.29
14 Isabel Caprood	SO	St. Lawrence	9.29
14 Ivana Lopez	SO	Oneonta	9.29
17 Martha Thorpe	JR	Moravian	9.32
18 Rachael Leyrer	JR	Stockton	9.33
18 Sarah Ostrowski	JR	Geneseo	9.33
20 Tayler Dence	SR	St. John Fisher	9.37
21 Stephanie Kiluba	FR	Cortland	9.39
22 Alyssa Lambert	SO	Moravian	9.42
23 Tatiana Lopez	JR	Moravian	9.46

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Event 3 ... (Women 60 Meter Hurdles Prelims)

Name	Yr	School	Seed Time
24 Julie McGlensey	JR	RIT	9.48

Event 19 Women 4x200 Meter Relay

Meet: 1:44.67 3/2/2019 Rowan
McLeod-Whitener, Johnson, Robinson, Johnson
Facility: 1:46.35 1/25/2020 Williams
M Powell, C Iannelli, D Collison, D Cunningham

Team	Relay	Seed Time
1 TCNJ		1:44.32
1) Maria Grill SO	2) Dana DeLuca JR	
3) Valandra Riggins FR	4) Erin Buquicchio FR	
5) Kim Lewis JR		
2 Rowan		1:44.39
1) myiah sturdivant JR	2) Aaniyah Robinson SR	
3) Kierston Johnson SO	4) Promise Fadahunsi SO	
5) Melina Johnson SR	6) sidney mcLeod-whitener JR	
7) Madison Hart FR	8) Sophia Gresham FR	
3 Ithaca		1:46.10
1) Meghan Burd SR	2) Kristina Hoefler SO	
3) Abby Frank JR	4) Amanda Wetmore SR	
5) Ayenaliz Velasquez FR		
4 Geneseo		1:47.32
1) Jenna Strickland JR	2) Madison Mulder SO	
3) Stefani Teglash FR	4) Sarah Ostrowski JR	
5) Laura Zopf JR	6) Emily Lavarney SO	
5 St. John Fisher		1:49.24
1) Kiersten Abbott SO	2) Tayler Dence SR	
3) Breanna Lambert SO	4) Amberlyn Robertson FR	
6 Brockport		1:50.00
1) Brianna Lawless JR	2) Sarah Levine FR	
3) Jennifer Metz FR	4) Satin Holmes SR	
5) Molly Scarpello SR		
7 Oneonta		1:50.79
1) Danielle Cavagnaro JR	2) Victoire Omou JR	
3) Amanda Iasparo SR	4) Ivana Lopez SO	
8 Moravian		1:51.26
1) Amanda Crooks SO	2) Martha Thorpe JR	
3) Camaryn Wheeler JR	4) Crystal Robinson FR	
9 Misericordia		1:51.71
1) Hailey Colabelli FR	2) Averi Rine SO	
3) Sonialys Badillo FR	4) Amber Hackenberg FR	
10 Marywood		1:53.72
1) Awntshae Smith SO	2) Gillian Coar FR	
3) Maryam Hamidi FR	4) Chesna Andrade-Foster SO	
5) Julia Van Horne SO		
11 Houghton		1:54.19
1) Haley DeJager SO	2) Gwen Stokes SR	
3) Edena Sanchez JR	4) Alexandria Wisniewski FR	
12 Plattsburgh		1:54.41
1) Elisabeth Plympton SR	2) Kallie Villemaire SR	
3) Janyll Barber JR	4) Taylor Canet SR	
5) Aislyn McDonough SO	6) Kristen Boerke SO	

13 Alfred	1:57.24
1) Megan Alper SR	2) Krissy Roberts JR
3) Sierra Wilson SO	4) Ashley Page FR
5) Hailey Hall FR	6) Vanessa Newbauer FR
7) Nadia Riley SO	
14 Ramapo	NT
1) Judlynn Julceus JR	2) Judanicka Julceus JR
3) Angelyn Ariza FR	4) Mikayla Sasson JR

Event 21 Women 4x400 Meter Relay

Meet: 3:53.05 3/1/2019 Geneseo
A Flaitz, K Barber, E Lavarney, M Mulder
Facility: 3:57.66 1/25/2020 Geneseo
A Flaitz, M Mulder, J Nischo, E Lavarney

Team	Relay	Seed Time
1 TCNJ		3:52.43
1) Dana DeLuca JR	2) Shannon Lambert JR	
3) Allison Uhl SO	4) Victoria Vricella SO	
5) Christine Woods SR	6) Victoria Purritano FR	
2 Rochester		3:52.49
1) Michaela Burrell SR	2) Susan Bansbach FR	
3) Hannah Duttweiler SR	4) Kristin Hardy FR	
5) Eileen Bequette JR		
3 Geneseo		3:55.40
1) Anna Flaitz SO	2) Madison Mulder SO	
3) Emily Lavarney SO	4) Jessica Nischo FR	
4 Buffalo State		3:57.37
1) Tashana Dixon JR	2) Ayana Bursie JR	
3) Ashley Lyons SR	4) Clara Sensini SO	
5 Rowan		3:58.99
1) myiah sturdivant JR	2) Madison Hart FR	
3) Danielle Nicklas JR	4) Melina Johnson SR	
5) Sha'Lynn Clarke FR	6) Kari DiTonno SR	
6 Plattsburgh		3:59.19
1) Elisabeth Plympton SR	2) Janyll Barber JR	
3) Taylor Canet SR	4) Kallie Villemaire SR	
5) Aislyn McDonough SO	6) Kristen Boerke SO	
7 Ithaca		4:02.04
1) Katelyn Hutchison SO	2) Sarah Lachenmayr JR	
3) Kristina Hoefler SO	4) Paloma DeMonte SO	
8 St. John Fisher		4:06.83
1) Tayler Dence SR	2) Kiersten Abbott SO	
3) Breanna Lambert SO	4) Amberlyn Robertson FR	
5) Olivia Pawlewicz SO		
9 Moravian		4:08.99
1) Alyssa Lambert SO	2) Crystal Robinson FR	
3) Shannon Connelly FR	4) Carly Danoski SR	

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Event 23 Women Distance Medley

Meet: 11:51.09 2003 Ithaca		
K. Cravotta, L. Janovich, E. Maston, A. Laytham		
Facility: 12:14.69 1/25/2020 Ithaca		
P Hannan, S Lachenmayr, L Scott, M Nickerson		
Team	Relay	Seed Time
1 Ithaca		11:48.70
1) Margaret Nickerson SR	2) Katelyn Hutchison SO	
3) Lindsay Scott SO	4) Parley Hannan SO	
5) Lauren Lobdell SO		
2 NYU		12:28.66
1) Leah Haley FR	2) Isre'al Conerly FR	
3) Rebecca MacLeod SR	4) Siena Moran FR	
3 PSU-Behrend		12:38.67
1) Julia Fasciczka FR	2) Suraihyah Sule SO	
3) Savanna Carr JR	4) Riley Crissman SR	
4 Rowan		12:45.55
1) dianne ferraro SR	2) myiah sturdivant JR	
3) Sha'Lynn Clarke FR	4) Madison Edwards SO	
5) Danielle Nicklas JR	6) Madison Hart FR	
7) Melina Johnson SR		
5 Susquehanna		12:55.70
1) Kate Ross JR	2) Samantha Reed SR	
3) Alexa Pietrini SR	4) Kallan Carter FR	
5) Marissa Kleman JR	6) Sara Arbogast JR	
6 Widener		12:56.32
1) Elise McCann SR	2) Angelica Howell JR	
3) Maia Semmes JR	4) Carly Gable FR	
7 DeSales		12:59.31
1) LeeAnn Markwalter SO	2) Bridget DiCesare FR	
3) Sara Murphy FR	4) Amelia Smith FR	
8 TCNJ		13:04.50
1) Emily Forester JR	2) Kim Lewis JR	
3) Zoe Paxos JR	4) Ryann Reagan SR	
5) Erin Buquicchio FR		
9 Montclair State		13:06.85
1) Julia Watts JR	2) Jade Reynolds SO	
3) Natasha Senatus SO	4) Brooke Filippini JR	
10 Hamilton		13:06.90
1) Elizabeth Greene SO	2) Emily Dunetz SO	
3) Madison Monroe FR	4) Mia Schiel SO	
5) Katharine Jenkinson FR	6) Courtney Brunet SR	
11 Misericordia		13:10.41
1) Shelbi Jones SR	2) Amber Hackenberg FR	
3) Kelsey Hadsall SR	4) Corinne Mulhearn SR	
12 Delhi		13:19.21
1) Arielle Moheimani JR	2) Ashley Magnifico SR	
3) Katerina Salcedo SO	4) Sophie Stewart FR	

Event 25 Women High Jump

Progression			
1.50, 1.55, 1.60, 1.65, 1.68 + 3cm			
Meet: 1.75m 1999		Marie Megnin	
Facility: 1.61m 12/6/2019		Jenna Berry	
Name	Yr	School	Seed Mark
1 Cassidy Mulryne	SO	TCNJ	1.69m
2 Catarina Burke	SR	Oswego	1.68m
3 Dominique Peters	FR	Rowan	1.67m
4 Estelle Yedynak	SR	Ithaca	1.65m
4 Susann Foley	SO	Stockton	1.65m
4 Jenna Berry	JR	Geneseo	1.65m
7 Abigail Sheerer	SR	Widener	1.62m
7 Hayley Engle	SO	Misericordia	1.62m
7 Halle King	SO	Brockport	1.62m
10 Nicole Van Pelt	SO	Cortland	1.61m
10 Emma Taggart	FR	Alfred State	1.61m
10 Logan Bruce	SO	Ithaca	1.61m
13 Christine Woods	SR	TCNJ	1.59m
14 Dyonte Allen	FR	Buffalo State	1.57m
14 Meghan McGonigle	SO	Scranton	1.57m
16 Kari DiTonno	SR	Rowan	1.56m
16 Gwen Stokes	SR	Houghton	1.56m
16 Sarah Merriwether	FR	Nazareth	1.56m

Event 27 Women Pole Vault

Progression:			
3.05, 3.20, 3.35, 3.50, 3.65, 3.70, 3.75 + 5cm			
Meet: 4.27m 3/2/2018		Katherine Pitman	
Facility: 3.80m 2/21/2020		Maya Reina	
Name	Yr	School	Seed Mark
1 Meghan Matheny	SO	Ithaca	3.87m
2 Maya Reina	SR	Brockport	3.83m
3 Jeanmarie Harvey	SO	Stockton	3.50m
3 Martha Kemp-Neilson	FR	Ithaca	3.50m
3 Juliann Terry	JR	Ithaca	3.50m
6 Emily Carey	JR	Ithaca	3.45m
6 Samantha Kaplan	SR	RIT	3.45m
8 Julia Nomberg	JR	Ithaca	3.35m
8 Madison Swartout	JR	Misericordia	3.35m
8 Madeline O'Connell	FR	Rochester	3.35m
8 Nicole Lester	SO	TCNJ	3.35m
8 Andrea Shipton	SO	Hamilton	3.35m
8 Caroline Deck	FR	Ithaca	3.35m
8 Reanne Dressler	JR	Brockport	3.35m
15 Catherine Fox	FR	RIT	3.31m
16 Olivia Faloon	SR	Lebanon Valley	3.30m
16 Liz Daugherty	SO	RIT	3.30m
18 Natalie Nye	SR	Elizabethtown	3.23m
19 Sydney Angus	SO	Geneseo	3.20m
19 Katie Melly	JR	Geneseo	3.20m
19 Savannah Steger	FR	Widener	3.20m
19 Jamie Rossig	FR	Ithaca	3.20m
19 Kennedy Heichel	FR	Ithaca	3.20m

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Event 27 ... (Women Pole Vault)

Name	Yr	School	Seed	Mark
19 Kari DiTonno	SR	Rowan		3.20m
25 Hailey Welchans	JR	Widener		3.15m

Event 29 Women Long Jump

Meet: 5.95m 3/3/2018 Camille Wutz				
Facility: 5.47m 2/21/2020 Chanyce Powell				
Name	Yr	School	Seed	Mark
1 Nicole Weenink	SR	Eastern		5.80m
1 Sarah Yensan	SR	Oswego		5.80m
3 Lonnie Garrett	SR	Rochester		5.60m
4 Kelsey Wands	FR	Utica		5.59m
5 Emily Lavarnway	SO	Geneseo		5.57m
6 Halle King	SO	Brockport		5.53m
7 Cassidy Mulryne	SO	TCNJ		5.52m
8 Chanyce Powell	JR	Brockport		5.49m
9 Madeeah Oranchak	SR	Delhi		5.47m
10 Adriana Straughter	SO	Geneseo		5.45m
11 Sara Arbogast	JR	Susquehanna		5.44m
12 Sydney Strelec	JR	Ithaca		5.38m
13 Jyasia Bivins	SO	Stockton		5.37m
14 Lauryn Krupa	SR	Geneseo		5.35m
15 Le'June Berry	FR	Misericordia		5.34m
15 Ayenaliz Velasquez	FR	Ithaca		5.34m
17 Laura Meade	SO	Utica		5.33m
17 Hannah Duttweiler	SR	Rochester		5.33m
19 Lindsey Graver	SR	Misericordia		5.31m
19 Amanda Wetmore	SR	Ithaca		5.31m
21 Rachel Muhlstein	JR	Geneseo		5.30m
22 Cassandra Serafin	JR	Fredonia		5.28m
23 Lucia D'Acchille	FR	St. Lawrence		5.27m
23 Emily Salvemini	SO	Geneseo		5.27m
23 Katlyn Adams	SR	Grove City		5.27m
26 Sophia Gresham	FR	Rowan		5.26m
27 Victoire Omou	JR	Oneonta		5.19m
27 Jennifer Joseph	SR	Geneseo		5.19m
29 Abbey Collins	SO	Grove City		5.16m

Event 31 Women Triple Jump

Meet: 12.23m 1997 Monique Hacker				
Facility: 11.69m 1/11/2020 Nia Williams-Matthews				
Name	Yr	School	Seed	Mark
1 Nicole Weenink	SR	Eastern		12.07m
2 Jessica McRae	SR	Stockton		11.88m
3 Chanyce Powell	JR	Brockport		11.82m
4 Angel Rowe	SR	Rowan		11.65m
5 Sara Arbogast	JR	Susquehanna		11.62m
5 Evelyn Nkanga	SR	NYU		11.62m
7 Cassandra Serafin	JR	Fredonia		11.43m
8 Mia Montgomery	SO	Brockport		11.39m
9 Laura Meade	SO	Utica		11.32m
9 Lonnie Garrett	SR	Rochester		11.32m
11 Cassidy Mulryne	SO	TCNJ		11.24m
12 Kelly Gardner	SR	Cortland		11.23m

13 Dominique Peters	FR	Rowan		11.12m
14 Colleen Eckl	JR	RIT		11.09m
15 Jennifer Joseph	SR	Geneseo		11.05m
16 Elizabeth Gee	SR	Ithaca		11.01m
16 oluwapelumi adesina	SR	Rowan		11.01m
18 Molly Sear	JR	Ithaca		10.92m
19 Martha Thorpe	JR	Moravian		10.90m
20 Christine Woods	SR	TCNJ		10.85m
21 Katlyn Adams	SR	Grove City		10.84m
22 Alexis Baddick	SR	Misericordia		10.83m
23 Maddie Sohl	SO	Fredonia		10.79m
23 Grace Clark	FR	Ithaca		10.79m
25 Sydney Strelec	JR	Ithaca		10.77m
26 Jill Olewine	SO	Misericordia		10.76m
27 Erin Kane	SR	Geneseo		10.75m
28 Krissy Roberts	JR	Alfred		10.64m
29 Awshae Smith	SO	Marywood		10.59m

Event 33 Women Shot Put

Meet: 15.42m 3/2/2018 Victoire Kothor				
Facility: 13.05m 2/21/2020 Sarah Crockett				
Name	Yr	School	Seed	Mark
1 Sarah Crockett	FR	Brockport		13.65m
2 Brianna Coon	SR	Plattsburgh		13.06m
3 Brenna Karnish	SO	Misericordia		13.03m
4 Mady Dibble	SR	Brockport		12.89m
5 Anna Cooney	SO	Widener		12.78m
6 Madeline Pizzo	SR	RIT		12.76m
7 Ariyahna Bernard	JR	Ithaca		12.73m
8 Makayla Taylor	SO	Rowan		12.49m
9 Kendall Wellauer	SR	Ithaca		12.31m
10 Christine Griffith	SR	Montclair State		12.28m
11 Holly Buccheri	SR	Brockport		12.13m
12 Emily Mischen	SO	PSU-Behrend		11.97m
13 Madison Palmer	SO	Alfred		11.96m
14 Jordan Lehman	JR	St. John Fisher		11.95m
15 Amaya Reed-Clark	FR	Widener		11.92m
15 Sarah Korty	FR	Marywood		11.92m
17 Leah Hulbert	JR	St. John Fisher		11.89m
18 Faith Williams	SO	Oneonta		11.83m
19 AnaMaria Laccetti	SO	Stevens Inst		11.79m
19 Samantha Healy	JR	Ithaca		11.79m
21 Gabrielle Pighetti	SO	Nazareth		11.54m
22 Samantha Reilly	SO	Stevens Inst		11.53m
23 Carly Antonucci	JR	Brockport		11.51m
23 Abbey Stowell	SO	Ithaca		11.51m

Event 35 Women Weight Throw

Meet: 18.36m 2011 Yaneve Fonge				
Facility: 16.41m 2/21/2020 Alayna Fredenburg				
Name	Yr	School	Seed	Mark
1 Kendall Wellauer	SR	Ithaca		16.90m
2 Alayna Fredenburg	JR	Brockport		16.41m
3 Makayla Taylor	SO	Rowan		16.24m
4 Sarah Crockett	FR	Brockport		16.04m

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Event 35 ... (Women Weight Throw)

Name	Yr	School	Seed	Mark
5 Grace Messina	JR	Rochester		15.88m
6 Brenna Karnish	SO	Misericordia		15.79m
7 Ariyahna Bernard	JR	Ithaca		15.74m
8 Brianna Coon	SR	Plattsburgh		15.69m
9 Emily Zebrowski	SR	RIT		15.61m
10 Kalena Yearwood	FR	Ithaca		15.37m
11 Katrina Cornick	SO	Utica		15.33m
12 Anna Cooney	SO	Widener		15.19m
13 Olivia George	JR	Brockport		15.07m
14 Marina Magoulas	SR	Farmingdale		15.01m
15 Madison Palmer	SO	Alfred		14.85m
16 Samantha Healy	JR	Ithaca		14.83m
17 Gillian Reeder	FR	Rochester		14.81m
18 Olivia Scattergood	JR	Rowan		14.75m
19 Charlotte Leon	JR	Stockton		14.70m
20 Myeisha Sanders	JR	PSU-Behrend		14.50m
21 McKenna Loughney	JR	Lebanon Valley		14.48m
21 Diana Echols	SR	Delhi		14.48m
23 Emma Harling	SO	Geneseo		14.45m
24 Jordan Lehman	JR	St. John Fisher		14.37m
24 Reiley Gaita	SO	DeSales		14.37m
26 Leah Hulbert	JR	St. John Fisher		14.34m
26 AnaMaria Laccetti	SO	Stevens Inst		14.34m
28 Grace Blankenberg	SO	Nazareth		14.30m
29 Kari Leap	JR	Rochester		14.29m
30 Liana Shames	JR	Ithaca		14.24m
31 Hannah Cunningham	SR	Plattsburgh		14.21m
32 Hannah Jackson	FR	Oneonta		14.10m
33 Helen Joyner	SR	NYU		14.04m
34 Brealle Brown	SR	Utica		14.03m
35 Emmy LaFevre	SR	Stockton		13.86m

Event 1 Women Indoor Pentathlon

Meet: 3508 2010		Emma Dewart	
Name	Yr	School	Points
1 Eileen Bequette	JR	Rochester	3247
2 Alexa LaPierre	SR	Geneseo	3208
3 Abbey Stowell	SO	Ithaca	3043
4 Katie Mullady	SO	Geneseo	2943
5 Kristen Boerke	SO	Plattsburgh	2781
5 Jessica Competiello	SR	Ithaca	2781
7 Emma Taggart	FR	Alfred State	2751
8 Lindsey Gladden	SR	Marywood	2710
9 Kristen Zarccone	JR	Geneseo	2678
10 Lucia D'Acchille	FR	St. Lawrence	2631
11 Camryn Castellini	SO	Widener	2621

Event 6 Men 60 Meter Dash Prelims

Meet: 6.86		Winston Lee /Tyler O'Bryant	
Facility: 7.00 2/21/2020		Olivier Kothor	
Name	Yr	School	Seed Time
1 Olivier Kothor	JR	Brockport	6.91
2 Julian Pratt	SR	Rowan	6.92

3 Jah'mere Beasley	FR	Rowan	6.94
3 Justin Percival	SR	Farmingdale	6.94
5 Ean Mann	JR	Elizabethtown	6.96
6 Daniel Norris	SR	St. John Fisher	7.01
6 Kurt Eberhardt	SR	PSU-Behrend	7.01
8 Owen Buhr	SO	Lebanon Valley	7.03
9 Christopher Ondy	FR	TCNJ	7.04
9 Michael Corbitt	FR	St. Lawrence	7.04
11 Antonio Stello	SO	PSU-Behrend	7.05
12 Brendyn Marrero	FR	Plattsburgh	7.08
12 Kamden Martin	FR	NYU	7.08
14 Matthew Tai	SO	Ithaca	7.09
14 Chris Yeates	SR	Ithaca	7.09
14 Anthony Lorenc	JR	TCNJ	7.09
14 Amory Coleman-Reeves	FR	PSU-Behrend	7.09
18 Matthew Ludlow	JR	Widener	7.10
19 Joshua Harmsen	FR	Hamilton	7.11
20 Kenyon Fenderson	FR	Ramapo	7.13
21 Jefferson Fontaine	JR	Marywood	7.14
22 John Owens	SO	Rowan	7.15
23 Mark Merli	JR	Scranton	7.24

Event 16 Men 200 Meter Dash

Meet: 21.81 3/2/2019		George Alexandris	
Facility: 22.43 2/21/2020		Olivier Kothor	
Name	Yr	School	Seed Time
1 Peyton Lalone	JR	Cortland	22.17
2 Cheickna Traore	FR	Ramapo	22.19
3 Jah'mere Beasley	FR	Rowan	22.22
4 Olivier Kothor	JR	Brockport	22.27
5 Jared Davidson	FR	Plattsburgh	22.28
6 Andy Frank	FR	Ithaca	22.37
7 Nick DiMaria	SR	Stevens Inst	22.49
8 Daniel Norris	SR	St. John Fisher	22.55
9 Liam Joyce	SR	Cortland	22.57
10 Kudzai Mbinda	SO	Rochester	22.60
11 Antonio Stello	SO	PSU-Behrend	22.62
12 Devon Legrair	SO	Brockport	22.74
13 Brendyn Marrero	FR	Plattsburgh	22.77
14 Anthony Lorenc	JR	TCNJ	22.78
15 Kevin Mitchell	SO	Oswego	22.80
16 Jonathon White	SO	Susquehanna	22.82
16 Justin Percival	SR	Farmingdale	22.82
16 Matthew Tai	SO	Ithaca	22.82
19 Corey Jones	FR	Hamilton	22.85
20 Jared Conte	FR	Stockton	22.86
21 Kurt Eberhardt	SR	PSU-Behrend	22.88
22 Jonah Dean	FR	St. John Fisher	22.90
23 Sean McFarland	JR	Moravian	22.91
23 Kamden Martin	FR	NYU	22.91
25 Will Gould	SO	Widener	23.38

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Event 12 Men 400 Meter Dash

Meet: 48.88 2/27/2016 Nicholas Crawford				
Facility: 49.92 1/25/2020 Nick DiMaria				
Name	Yr	School	Seed	Time
1 Justin Bishop	JR	Rowan		49.52
2 Cheickna Traore	FR	Ramapo		49.63
3 Francis Terry	JR	Rowan		49.84
4 Kieran Sheridan	SO	Geneseo		49.91
5 Nick DiMaria	SR	Stevens Inst		49.92
6 Nick Grasso	JR	Oneonta		50.15
7 Connor Lewis	SR	Cortland		50.23
7 Richard Samuels	JR	Cortland		50.23
9 Marc Brown	SR	DeSales		50.36
10 Khalil Lau-Dickinson	SO	Widener		50.49
11 Lukas D'Alfonso	JR	Geneseo		50.52
12 Brett Schuett	SO	TCNJ		50.60
13 Amar Bindra	JR	Stevens Inst		50.68
14 Andrew Sanchez	FR	Ramapo		50.86
15 Joey Saxton	SO	Geneseo		50.96
16 Jonah Dean	FR	St. John Fisher		50.97
17 Devon Legrair	SO	Brockport		51.03
17 William Guagliardo	FR	Fredonia		51.03
19 Aditya Chandrashekar	FR	TCNJ		51.14
20 Sam Napoli	SR	Geneseo		51.27
21 Nazzim Patilla	FR	Ramapo		51.28
22 Nathaniel Zedomi	JR	Houghton		51.29
22 Seth Conner	FR	Buffalo State		51.29
22 Vincent Delle	JR	Rowan		51.29
25 Toby Onuoha	FR	Fredonia		51.77
26 Justin Garrett	FR	Utica		52.10
27 George Mecca	FR	Alfred		52.76

Event 14 Men 800 Meter Run

Meet: 1:53.21 2008 Justin Wager				
Facility: 1:56.99 1/25/2020 Lucas Wright				
Name	Yr	School	Seed	Time
1 David Bates	JR	Union		1:53.62
2 Lucas Wright	JR	Hamilton		1:54.87
3 Charles DaSilva	FR	Ramapo		1:55.24
4 Nick Neville	JR	Rowan		1:55.42
5 Justin Beasley-Turner	SR	Moravian		1:55.72
6 Blaine Doyle	FR	Rochester		1:56.59
7 Jon Diaz	FR	NYU		1:57.03
8 Collin Barmore	FR	Fredonia		1:57.16
9 Scott Sikorski	FR	Rochester		1:57.33
10 Grant Stokoe	SO	St. John Fisher		1:57.46
11 Josh Endy	SO	Ithaca		1:57.74
12 Chris Andersen	SO	Ramapo		1:57.78
13 Joe Devito	FR	Rowan		1:57.80
14 James Teal	SR	Elizabethtown		1:57.87
15 Leo Orsini	SR	Rochester		1:57.90
16 William Angelina	SO	Elizabethtown		1:57.93
17 Alec Hofer	JR	Ithaca		1:58.00
18 Tom Selvaggi	SR	Stevens Inst		1:58.07

19 Brett Asay	SO	NYU		1:58.18
20 Stephen Malenowski	JR	Ithaca		1:58.29
21 Andrew Chabot	SR	RIT		1:58.34
22 Zach Wachs	SO	Ithaca		1:58.40
23 Max Dubac	SO	Ramapo		1:58.48
24 Peter Petropoulos	JR	Ramapo		1:58.58
25 Jason Ziskind	JR	RIT		1:58.63
26 Cameron Chambers	FR	Alfred State		1:59.17
27 Collin Gwilt	SR	Rochester		2:00.25

Event 10 Men 1 Mile Run

Meet: 4:10.24 2/25/2017 Benjamin Fazio				
Facility: 4:15.89 1/25/2020 Aidan Ryan				
Name	Yr	School	Seed	Time
1 Robert Abrams	JR	TCNJ		4:15.77
2 Nolan Vest	SR	Cortland		4:17.35
3 Benjamin Karam	SR	NYU		4:17.58
4 Greg Jaindl	SR	Moravian		4:18.22
5 Jason Rodriguez	JR	Ramapo		4:18.43
6 Alec Andrews	SO	Geneseo		4:18.99
7 Matt Kinback	JR	Scranton		4:19.68
8 Jack Warehime	SO	Susquehanna		4:20.19
9 Phoenix Myers	SO	PSU-Behrend		4:20.40
10 Sean Ryan	SR	Oneonta		4:21.03
11 Ryan Konotopskyj	SR	Cortland		4:21.14
12 Stephen Malenowski	JR	Ithaca		4:21.68
13 Mitch Marlow	SR	Utica		4:21.77
14 Jack Lillian	SR	NYU		4:21.92
15 Josh Endy	SO	Ithaca		4:22.32
16 Chris Singer	JR	Ithaca		4:22.71
17 Benjamin Heintz	SR	NYU		4:23.59
18 Andrew Horan	JR	Plattsburgh		4:23.63

Event 18 Men 3000 Meter Run

Meet: 8:20.72 3/3/2018 Isaac Garcia-Cassani				
Facility: 8:43.74 1/25/2020 Nick Gannon				
Name	Yr	School	Seed	Time
1 Sean McAneny	SR	Geneseo		8:34.15
2 Samuel Gerstenbacher	SR	Elizabethtown		8:35.12
3 Riley Grossman	SO	Geneseo		8:35.84
4 Mike Zurzolo	SR	TCNJ		8:37.81
5 Humberto Wallace	SO	Brockport		8:38.29
6 David Haines	JR	Marywood		8:39.34
7 Greg Jaindl	SR	Moravian		8:39.88
8 Dylan Tyrrell	SR	Rowan		8:40.69
9 Ben Tiber	JR	Ithaca		8:43.26
10 Danny Jagoe	SO	Ithaca		8:43.36
11 William Mayhew	SO	TCNJ		8:45.27
12 Maxwell Steffey	SO	Hamilton		8:45.54
13 Ben Timmons	SO	Geneseo		8:47.00
14 Bradley Farnham	JR	Geneseo		8:48.25
15 Andrew Harrell	FR	Hamilton		8:49.80
16 Marius Sidlauskas	JR	Brockport		8:50.73
17 Jake Caruso	SO	Rowan		8:52.35
18 Andrew Zuckerman	FR	Hamilton		8:56.50

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Event 18 ... (Men 3000 Meter Run)

Name	Yr	School	Seed Time
19 Christopher Drozynski	SR	PSU-Behrend	9:05.45

Event 8 Men 5000 Meter Run

Meet: 14:32.15 2/24/2017 Grant O'Connor			
Facility: 14:49.41 1/25/2020 Will McGovern			
Name	Yr	School	Seed Time
1 Matthew Sayre	JR	Geneseo	14:46.86
2 Danny Jagoe	SO	Ithaca	15:04.59
3 Abshir Yerow	SR	Delhi	15:04.63
4 Matthew Blauvelt	SO	Geneseo	15:10.37
5 Matt Palmer	SR	Oneonta	15:12.00
6 Garrett Bamos	SR	Ithaca	15:12.56
7 Gerard Connelly	SR	Brockport	15:12.65
8 Christopher Myers	SR	Elizabethtown	15:15.39
9 Nicholas DeMarco	JR	Ramapo	15:15.44
10 Nathan Lawson	FR	Rochester	15:18.95
11 David Haines	JR	Marywood	15:19.70
12 Evan Bush	SR	TCNJ	15:19.99
13 Ivan Frantz	SR	Rochester	15:23.51
14 Bernard Daoust	SR	St. John Fisher	15:25.77
15 Ryley Robinson	SR	Rochester	15:28.18
16 Forest Stewart	SR	Ithaca	15:35.24

Event 4 Men 60 Meter Hurdles Prelims

Meet: 8.01 3/2/2018 Bobby Cooks			
Facility: 8.09 1/25/2020 Brent Di Vittorio			
Name	Yr	School	Seed Time
1 Asiel King	FR	Farmingdale	8.11
2 Kevin King	FR	Rowan	8.24
3 Johnathan Nguyen	JR	Rowan	8.32
4 Isaiah Brooks	JR	Cortland	8.38
5 Julian Montilus	SR	NYU	8.40
5 George Houston	FR	TCNJ	8.40
7 Qudratullah Qadiri	SR	Stockton	8.41
8 Brandon Leiter	JR	Brockport	8.45
9 Humphrey Banful	SO	Delhi	8.46
10 Connor McCauslin	FR	Nazareth	8.48
10 Liam Davies	SO	Rowan	8.48
12 Cameryn Martin	FR	Montclair State	8.49
13 Daniel Monchek	SO	Ithaca	8.52
14 Kaleb Luton	FR	Nazareth	8.58
14 Daniel Mends	SO	DeSales	8.58
14 Ryan Atcavage	JR	Marywood	8.58
14 Brahm Malcolm	SO	Ithaca	8.58
18 Daniel Pflueger	SR	TCNJ	8.62
18 Brett Morse	FR	Cortland	8.62
20 Kevin Mitchell	SO	Oswego	8.63
20 Noah Garfield	SO	St. Lawrence	8.63
20 Kadan Smith	FR	Lebanon Valley	8.63
23 Marcello Pinnero	SO	Rowan	8.65
23 Thomas Wainman	FR	Geneseo	8.65
25 Logan Grauer	SO	Lebanon Valley	8.66
26 James Blair	FR	TCNJ	8.69

27 Da'Avian Ellington JR Susquehanna 8.78

Event 20 Men 4x200 Meter Relay

Meet: 1:28.99 3/2/2019 Rowan			
D Murray, S Jarrett, T Garland, S Mumford			
Facility: 1:32.78 1/25/2020 Stevens Institute			
D Kaba, A Bindra, N DiMaria, J Mullen			
Team	Relay	Seed Time	
1 Widener		1:31.61	
1) Matthew Ludlow JR	2) Khalil Lau-Dickinson SO		
3) Michael John SO	4) Justin Bromley SO		
2 Plattsburgh		1:31.66	
1) Cameron Aviles FR	2) Brendyn Marrero FR		
3) Brexton Montville FR	4) Jared Davidson FR		
5) Kymanni Weston FR			
3 Montclair State		1:31.68	
1) Nana Anti JR	2) Sebastian Cortes SO		
3) Tim Goss JR	4) Brandon Rizzo SR		
4 TCNJ		1:31.74	
1) James Blair FR	2) Anthony Lorenc JR		
3) Aditya Chandrashekar FR	4) Dylan Peck SO		
5) Daniel Pflueger SR	6) Daulton Hopkins JR		
5 Lebanon Valley		1:31.98	
1) Owen Buhr SO	2) Kadan Smith FR		
3) Zachary Reed FR	4) Logan Grauer SO		
6 Rowan		1:32.38	
1) Jah'mere Beasley FR	2) Justin Bishop JR		
3) Francis Terry JR	4) John Owens SO		
7 Rochester		1:32.97	
1) Wells Coalfleet SR	2) Gabe Lundy FR		
3) Mark Westman SR	4) Dokata Kosi Banchale SO		
8 Marywood		1:33.48	
1) Jefferson Fontaine JR	2) Ryan Atcavage JR		
3) Jerrad Bartczak JR	4) Noah Schock SO		
5) David Haines JR			
9 Cortland		1:33.65	
1) Liam Joyce SR	2) Alhagie-Sorie Sesay FR		
3) Brett Morse FR	4) Coltrane Goring FR		
10 Houghton		1:33.72	
1) Jerome Houston JR	2) Micah Williams FR		
3) Malachi Yeager SO	4) Nathaniel Zedomi JR		
11 Oneonta		1:33.94	
1) Terrence Christian FR	2) Tyler Lopresti-Castro FR		
3) Tyler Price FR	4) Nick Grasso JR		
12 Susquehanna		1:34.09	
1) Chance Singleton FR	2) Jonathon White SO		
3) Trent McGuire SO	4) Chris Petraskie SR		
13 Geneseo		1:34.89	
1) Joey Saxton SO	2) Lukas D'Alfonso JR		
3) James King SO	4) Tom SanGiacomo SR		
14 Moravian		1:35.12	
1) Nicholas Cephas SR	2) Sean McFarland JR		
3) Evan Lutz SR	4) Taylor Porter SO		

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Event 20 ... (Men 4x200 Meter Relay)

Team	Relay	Seed Time
15 Ramapo		1:35.31
1) Brandon Brunson JR	2) Andrew Sanchez FR	
3) Nazzim Patilla FR	4) Kevin Santos JR	
16 PSU-Behrend		1:35.62
1) Antonio Stello SO	2) Eric Stehlik SO	
3) Kurt Eberhardt SR	4) Nick LaChut SO	
17 St. John Fisher		1:35.90
1) Matthew Pennell JR	2) Trenton Wynn FR	
3) Zachary Kennedy SR	4) Daniel Norris SR	
18 Brockport		1:37.08
1) Devin Pravetz JR	2) Matthew Kilian JR	
3) Devin Kipp JR	4) Brandon Leiter JR	
5) Devon Legrair SO	6) Olivier Kothor JR	
19 Hamilton		NT
1) Corey Jones FR	2) Joshua Harmsen FR	
3) Nicholas Ng FR	4) Lucas Wright JR	
19 NYU		NT
1) Alessandro Malave SO	2) Julian Montilus SR	
3) Kamden Martin FR	4) Sunmakin Orafidiya SO	
19 Ithaca		NT
1) Evan Jones SR	2) Matthew Tai SO	
3) Jacobe Sandcroft SO	4) Daniel Monchek SO	
5) Sam Carter SO	6) Rob Greenwald SR	
7) Nate Oczkowski FR		

Event 22 Men 4x400 Meter Relay

Meet: 3:18.40 3/2/2018 Rowan
C Mesiano, J Bishop, H Barbieri, F Terry
Facility: 3:20.79 1/25/2020 Rochester
W Coalfleet, G Lundy, M Westman, D Banchale

Team	Relay	Seed Time
1 Rowan		3:19.14
1) Justin Bishop JR	2) Jah'mere Beasley FR	
3) Jake Kolodziej FR	4) Francis Terry JR	
2 Rochester		3:19.67
1) Wells Coalfleet SR	2) Gabe Lundy FR	
3) Mark Westman SR	4) Dokata Kosi Banchale SO	
5) Blaine Doyle FR	6) Leo Orsini SR	
3 Cortland		3:20.30
1) Peyton Lalone JR	2) Coltrane Goring FR	
3) Connor Lewis SR	4) Richard Samuels JR	
4 Ramapo		3:21.71
1) Andrew Sanchez FR	2) Nazzim Patilla FR	
3) Charles DaSilva FR	4) Cheickna Traore FR	
5) Chris Andersen SO		
5 TCNJ		3:22.65
1) Aditya Chandrashekar FR	2) Brett Schuett SO	
3) George Houston FR	4) Roman Rychkov FR	
5) Anthony Lorenc JR	6) Dylan Peck SO	
6 Geneseo		3:23.11
1) Kieran Sheridan SO	2) Joey Saxton SO	
3) Bryan Ivey SO	4) Lukas D'Alfonso JR	
5) Sam Napoli SR		

7 Fredonia		3:24.18
1) Ivan Torres JR	2) Toby Onuoha FR	
3) William Guagliardo FR	4) Griffin Dombroske SO	
5) Collin Barmore FR		
8 St. John Fisher		3:25.13
1) Myles Anderson FR	2) Zachary Kennedy SR	
3) Grant Stokoe SO	4) Jonah Dean FR	
9 Ithaca		3:25.26
1) Sam Carter SO	2) Evan Jones SR	
3) Andy Frank FR	4) Nate Oczkowski FR	
5) Zach Wachs SO	6) Alec Hofer JR	
7) Jacobe Sandcroft SO	8) Stephen Malenowski JR	
10 NYU		3:25.90
1) Daniel Devine SO	2) Julian Montilus SR	
3) Daniel Akande FR	4) Brett Asay SO	
5) David Obwaya FR		
11 Oneonta		3:26.43
1) Tyler Lopresti-Castro FR	2) Tyler Price FR	
3) Jared Stauss JR	4) Terrence Christian FR	

Event 24 Men Distance Medley

Meet: 9:56.94 3/2/2018 Geneseo
Holtzman, Hannahoe, Faulkner, Garcia-Cassani
Facility: 10:33.43 1/25/2020 Ithaca
J Endy, A Frank, J Montgomery, C Singer

Team	Relay	Seed Time
1 Ramapo		10:10.51
1) Jason Rodriguez JR	2) Cheickna Traore FR	
3) Charles DaSilva FR	4) Chris Andersen SO	
2 Cortland		10:14.55
1) Hunter Braun SO	2) Alhagie-Sorie Sesay FR	
3) Cameron Szabo FR	4) Clayton Santiago SO	
3 NYU		10:18.33
1) Benjamin Heintz SR	2) Brett Asay SO	
3) Jon Diaz FR	4) Benjamin Karam SR	
4 Ithaca		10:20.29
1) Josh Endy SO	2) Andy Frank FR	
3) Alec Hofer JR	4) Chris Singer JR	
5) Zach Wachs SO	6) Stephen Malenowski JR	
5 Rowan		10:28.58
1) Vincent Delle JR	2) Kevin Lauer SO	
3) Nick Neville JR	4) Joe Devito FR	
6 PSU-Behrend		10:30.64
1) Christopher Drozynski SR	2) Eric Stehlik SO	
3) Zac Tingley SO	4) Phoenix Myers SO	
7 TCNJ		10:36.08
1) Kevin Christensen FR	2) George Houston FR	
3) Fabian Mestanza SO	4) Matt Kole JR	
8 Brockport		10:37.15
1) Dan Houck FR	2) Jason Page JR	
3) Mike Young SR	4) Daniel Heil SO	

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Event 24 ... (Men Distance Medley)

Team	Relay	Seed Time
9 Union		10:37.84
1) Colin Keally SR	2) Andrew Fox SO	
3) David Bates JR	4) Aiden Rowley FR	
5) Philip Facey SO	6) Ronan Coughlin FR	
7) Jonathan Caputo JR		
10 RIT		10:38.25
1) Andrew Chabot SR	2) Matthew Skakal SO	
3) Zachery Thesier SR	4) Reid Kovacs SR	
11 Delhi		10:44.46
1) Seth Bywater FR	2) Sean Andrews JR	
3) Mike Moran JR	4) Aidan Cutting FR	
12 Nazareth		10:58.37
1) Josh Tomaka SO	2) Matt Johnson SO	
3) Jason Hall SR	4) Nathan Bowers FR	
5) Chris Celecki JR		
13 Montclair State		11:01.51
1) Matthew Carmichael SR	2) Brandon Rizzo SR	
3) Nick Zipeto JR	4) Patrick Tuohey SO	

Event 26 Men High Jump

Progression:

1.84, 1.89, 1.94, 1.99, 2.04, 2.07 + 3cm

Name	Yr	School	Seed Mark
1 Kyle Rollins	JR	St. John Fisher	2.15m
2 Kasim Cisse	SO	Ithaca	2.11m
3 Brady Smith	JR	PSU-Behrend	2.08m
4 Glenn Butler	SO	Delhi	2.05m
5 Rob Greenwald	SR	Ithaca	2.01m
6 Adonis McGee	FR	Rowan	2.00m
6 Earnest Daniel	JR	Rowan	2.00m
6 Hunter Daly	JR	Stockton	2.00m
9 Zion Ponder	SO	Alfred State	1.97m
10 Tyler Hulse	FR	RIT	1.96m
10 Noah Garfield	SO	St. Lawrence	1.96m
12 Seth Ray	JR	Grove City	1.95m
12 Collin Snyder	SO	Buffalo State	1.95m
12 Nana Anti	JR	Montclair State	1.95m
15 Chase Pecoraro	SR	Utica	1.93m
15 Zuriel Wright	FR	Utica	1.93m
17 Taj Shaw	SR	Brockport	1.91m
17 Andres Garcia Coletto	JR	Rochester	1.91m
19 Landon Edwards	SO	NYU	1.90m
19 Tim Alejo	SO	Geneseo	1.90m
19 Jonathan Scamardella	SO	Stevens Inst	1.90m
19 Julio Lebron	FR	Rowan	1.90m
19 Wylie Troy	FR	Delhi	1.90m
24 Cole Burbage	SR	St. Lawrence	1.89m
24 Kevin Finck	FR	Stevens Inst	1.89m
24 Kyle Sorbello	SO	Oswego	1.89m
27 Aeden Angelone	FR	Stevens Inst	1.86m
28 Zachary Briggs	JR	St. John Fisher	1.84m

Event 28 Men Pole Vault

Progression:

4.28, 4.43, 4.58, 4.73, 4.78, 4.83 + 5cm

Name	Yr	School	Seed Mark
Meet: 4.92m 2/26/2016		Ethan Maguire	
Facility: 5.40m 12/6/2019		Zach Ferrara	
1 Ethan Maguire	SR	RIT	5.00m
1 Dominic Mikula	SO	Ithaca	5.00m
3 Zachary Curran	SR	Geneseo	4.94m
4 Terry Cook	JR	Rochester	4.82m
5 Nick LaChut	SO	PSU-Behrend	4.81m
6 Jack Georgetson	JR	PSU-Behrend	4.80m
7 Dane Sorensen	SO	Cortland	4.70m
7 Keith Holland	JR	Stockton	4.70m
9 Kyle Grimm	SR	PSU-Behrend	4.61m
10 Ethan Dionne	JR	Eastern	4.60m
11 Qudratullah Qadiri	SR	Stockton	4.57m
12 Terry Taylor III	JR	Geneseo	4.55m
12 Chris Kaszynski	FR	Buffalo State	4.55m
12 Chris Weiner	SR	Brockport	4.55m
12 Ryan Atcavage	JR	Marywood	4.55m
16 Enis Rama	SO	Stevens Inst	4.50m
17 Elijah Dangrow	SR	PSU-Behrend	4.46m
18 Thomas Domozych	FR	TCNJ	4.45m
18 Max Greenwood	FR	Montclair State	4.45m
20 Keefer Goodspeed	SO	Susquehanna	4.40m
20 Isaiah Blatt	FR	Susquehanna	4.40m
20 Chris Filatov	FR	Delhi	4.40m
20 Callum Howald	FR	Ithaca	4.40m
20 Andy Accardi	SR	Stevens Inst	4.40m
20 Brett Patmore	SO	Geneseo	4.40m
26 Matthew Carter	SO	Stockton	4.25m

Event 30 Men Long Jump

Name	Yr	School	Seed Mark
Meet: 7.48m 3/2/2019		George Alexandris	
Facility: 7.27m 2/21/2020		Egypt Page	
1 Glenn Butler	SO	Delhi	7.33m
2 John Owens	SO	Rowan	7.06m
2 Devante Marshall	SR	RIT	7.06m
4 Rakim Coyle	SO	Rowan	7.04m
5 Wendell Brand	SR	Cortland	7.03m
6 Jacob Wadsworth	SO	Alfred State	7.01m
7 Francis Richard	JR	Rowan	6.94m
7 Taj Shaw	SR	Brockport	6.94m
9 Evan Wildermuth	JR	Eastern	6.92m
10 Dante Scott	JR	Union	6.86m
11 A.J. Lewis	SR	Hood	6.83m
11 Amory Coleman-Reeves	FR	PSU-Behrend	6.83m
11 Brett Morse	FR	Cortland	6.83m
14 Zuriel Wright	FR	Utica	6.81m
15 Seth Conner	FR	Buffalo State	6.80m
16 Mark Merli	JR	Scranton	6.79m
17 Joshua Jeziorski	SO	Buffalo State	6.78m

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Name	Yr	School	Seed	Mark
18 Robert Marks	SR	Susquehanna		6.76m
19 Matthew Ludlow	JR	Widener		6.75m
20 Ka'Sean Watlington	SR	Utica		6.74m
21 Ahmir Johnson	SO	Rowan		6.73m
22 Zach Rudewicz-Nepokroel	FR	Alfred State		6.72m
23 Terry Cook	JR	Rochester		6.71m
24 Noah Flynn	SR	RIT		6.69m
25 John O'Connell	FR	RIT		6.68m
26 Nicholas Cephas	SR	Moravian		6.67m
27 James King	SO	Geneseo		6.59m

Event 32 Men Triple Jump

Meet: 14.89m 1994		Geoffrey Rono		
Facility: 14.41m 1/25/2020		Kyle Rollins		
Name	Yr	School	Seed	Mark
1 Micah Assibey-Bonsu	SR	Cortland		14.69m
2 Taj Shaw	SR	Brockport		14.40m
3 Joshua Feldberg	SO	Geneseo		14.37m
4 Alex Irving	SO	Delhi		14.28m
5 Ka'Sean Watlington	SR	Utica		14.26m
6 Rakim Coyle	SO	Rowan		14.24m
7 Wendell Brand	SR	Cortland		14.23m
8 Ahmir Johnson	SO	Rowan		14.21m
9 Devante Marshall	SR	RIT		14.15m
10 Dante Scott	JR	Union		13.93m
11 Sean Stewart	FR	Geneseo		13.80m
12 Kaleb Luton	FR	Nazareth		13.75m
13 Daniel Sudyn	JR	Fredonia		13.67m
14 Jordon Kimbrough	FR	Utica		13.64m
15 John O'Connell	FR	RIT		13.63m
15 Curtis Reynolds	SR	Elizabethtown		13.63m
17 Pat Glennon	SR	Union		13.62m
18 Earnest Daniel	JR	Rowan		13.58m
19 Zaire Weaver	JR	Rowan		13.44m
20 Timothy Reilly	SR	TCNJ		13.00m
21 Chris Sweeney	JR	Grove City		12.90m

Event 34 Men Shot Put

Meet: 17.33m 1983		Dan Mlodozeniec		
Facility: 17.27m 2/21/2020		Tony DeYoung		
Name	Yr	School	Seed	Mark
1 Tony DeYoung	SR	Brockport		17.69m
2 Edward Dennerlein	SR	Stockton		16.95m
3 Kevin Danaher	SR	St. Lawrence		16.11m
4 Matthew Funicelli	SO	RIT		15.42m
5 Adam Parker	SO	Potsdam		15.36m
6 Christian Johnson	SR	Brockport		15.22m
7 Matthew Michael	JR	PSU-Behrend		15.21m
8 Thomas Strychowski	SR	Stockton		15.20m
8 Matt Faulise	SR	Brockport		15.20m
10 Art Jordan	SO	Brockport		15.11m
11 Ryan Desautels	JR	St. John Fisher		14.96m
12 Shane Mastro	JR	Moravian		14.95m

13 Jared Gay	JR	Grove City		14.83m
14 Saul McCoy	JR	Alfred		14.60m
15 Justin Adams	FR	Widener		14.48m
16 James Flasser	SR	Stockton		14.42m
17 Leyton Miner	JR	St. John Fisher		14.29m
18 Harrison Buttrick	SR	Ithaca		14.27m
19 Zack Leader	JR	Utica		14.25m
20 Owen Mountford	SO	NYU		14.22m
21 Dylan Heisey	SR	Susquehanna		14.13m
22 Gregory Kleinow	SO	Ramapo		14.11m
22 Chase Corcoran	JR	St. John Fisher		14.11m
24 Jacob Rose	SO	PSU-Behrend		14.06m
25 Greg Cole-Allen	FR	Geneseo		14.02m
26 Bryan Finn	SR	Cortland		13.98m
27 Phil Cocco	SO	Scranton		13.93m
28 Conall Joyce	JR	Misericordia		13.91m
29 Kent Kellar	JR	RIT		13.89m
30 Tyler Anzisi	SO	Stockton		13.88m
30 John Demy	SO	Brockport		13.88m
32 Ryan Ehrets	FR	Union		13.48m
33 Griffin Arcuri	SR	Oneonta		13.30m
34 Jake Kraycer	SR	Marywood		13.28m

Event 36 Men Weight Throw

Meet: 19.07m 2/26/2016		Luis Rivera		
Facility: 19.85m 12/6/2019		Luis Rivera		
Name	Yr	School	Seed	Mark
1 Ty Kunzman	SR	Hamilton		18.23m
2 Norberto Cervantes	JR	Oneonta		18.18m
3 Luke Tobia	SO	Ithaca		17.83m
4 David Bernstein	JR	Cortland		17.77m
5 Harrison Buttrick	SR	Ithaca		17.74m
6 Darren Wan	JR	Stockton		17.68m
7 Chase Corcoran	JR	St. John Fisher		17.14m
8 Zachery Darling	SR	RIT		17.13m
9 Kevin Danaher	SR	St. Lawrence		17.03m
10 Jake Kraycer	SR	Marywood		16.88m
11 Matthew Funicelli	SO	RIT		16.52m
12 Christian Johnson	SR	Brockport		16.11m
13 Ryan Desautels	JR	St. John Fisher		16.10m
14 Chris Brinkman	SR	DeSales		16.06m
15 Matt Faulise	SR	Brockport		16.02m
16 Andrew Assile	SO	Ramapo		16.01m
17 Tony DeYoung	SR	Brockport		15.99m
18 Ryan Harper	SR	Moravian		15.98m
19 Carter Beardsley	SR	NYU		15.91m
20 Max McCauley	SR	Stevens Inst		15.85m
21 Dylan Heisey	SR	Susquehanna		15.83m
21 Antwan Kelly	FR	Utica		15.83m
21 Edward Dennerlein	SR	Stockton		15.83m
24 Mitchell Makowski	SO	Cortland		15.51m
25 Shane Mastro	JR	Moravian		15.48m
26 Timothy King	SO	Moravian		15.40m
27 Andrew Mucica	SR	Utica		15.37m
28 James Parenti	FR	Grove City		15.33m

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Event 36 ... (Men Weight Throw)

	Name	Yr	School	Seed Mark
29	Justin Showstead	SO	Ithaca	15.15m
30	Joseph O'Rourke	SO	St. Lawrence	14.88m

Event 2 Men Heptathlon

		Meet:	4980	2/26/2016	Patrick Rice		
	Name	Yr	School			Points	
1	Jacob Wadsworth	SO	Alfred State			4778	
2	Mike Panzarino	JR	Brockport			4707	
3	Jack Smith	SR	RIT			4695	
4	Anthony Ciccarella	SR	Plattsburgh			4591	
5	Kyle Swiecki	SR	Utica			4574	
6	Chris Petraskie	SR	Susquehanna			4472	
7	Alex Opsahl	FR	Rochester			4367	
8	Jarod Forer	SO	Rochester			4356	
9	Seth Ray	JR	Grove City			4155	
10	TJ Kmitch	SO	Brockport			4130	
11	Aidan Kropiwnicki	FR	Rochester			4046	
12	Bryce Steele	SO	Misericordia			3947	