

**All-Atlantic Region
Outdoor Track & Field Championships
Hosted By Cortland - 5/15/2024 to 5/16/2024**

Results

Women 100 Meter Dash

Meet Record: 11.90 M 5/18/2022 Samantha Giordani

Name	Yr	School	Prelims
Preliminaries			
1 Autumn Pittman	JR	Cortland St.	11.95Q-0.6
2 Molly Lodge	JR	Rowan	12.16Q-0.1
3 Maria Muzzarelli	JR	Widener	12.38Q-0.3
4 Rebecca Kneppel	JR	Ramapo	12.14q-0.6
5 Ashanae Morrison	JR	Stockton	12.31q-0.6
6 Mariam Koita	FR	Widener	12.35q-0.1
7 Mackenzie Mix	JR	Utica	12.40q-0.6
8 Jocelyn Smith	FR	Scranton	12.51q-0.6
9 Kendall Sobczyk	SO	Cortland St.	12.52 -0.6
10 Ava Novak	SR	Vassar	12.53 -0.3
11 Victoria Brewster	FR	Houghton	12.61 -0.1
12 Chidimma Igwe	SR	Rutgers-Newa	12.64 -0.3
13 Reyanna Henderson	JR	New Jersey C	12.76 -0.6
14 Michelle Itoua	SO	Montclair St	12.78 -0.3
15 Mya Walker	FR	Rowan	12.87 -0.1
16 Alexa Rine	SR	Susquehanna	12.88 -0.1
17 Elisabeth Schwarz	SO	Alvernia	12.90 -0.3
18 Jayla Gore	SO	Widener	12.91 -0.6
19 Deanna Zoch	SR	Plattsburgh	13.08 -0.1
20 Jessica Fatigati	SR	Westminster	14.40 -0.3
--- Ashley Heffernan	SR	Rochester	DNS -0.1
--- Khia Laster	JR	Buffalo Stat	DNS -0.1
--- Samantha Sharrow	SO	Scranton	DNS -0.3
--- Jenna Zendron	FR	Westminster	DNS -0.3

Women 100 Meter Dash

Meet Record: 11.90 M 5/18/2022 Samantha Giordani

Name	Yr	School	Finals
Finals			
1 Autumn Pittman	JR	Cortland St.	12.03 10
2 Molly Lodge	JR	Rowan	12.15 8
3 Rebecca Kneppel	JR	Ramapo	12.15 6
4 Ashanae Morrison	JR	Stockton	12.20 5
5 Maria Muzzarelli	JR	Widener	12.30 4
6 Mariam Koita	FR	Widener	12.40 3
7 Mackenzie Mix	JR	Utica	12.44 2
8 Jocelyn Smith	FR	Scranton	12.58 1

Women 200 Meter Dash

Meet Record: 24.66 M 5/19/2022 Zrreyah Moore

Name	Yr	School	Finals
Finals			
1 Sadie Schreiner	SO	RIT	24.57M 10
2 Rebecca Kneppel	JR	Ramapo	24.84 8
3 Autumn Pittman	JR	Cortland St.	24.88 6
4 Brynn Mooney	FR	SUNY Geneseo	25.10 5
5 Ashanae Morrison	JR	Stockton	25.29 4
6 Mariam Koita	FR	Widener	25.33 3
7 Chidimma Igwe	SR	Rutgers-Newa	25.49 2

8 Mackenzie Mix	JR	Utica	25.52 1
9 Ava Novak	SR	Vassar	25.60 -2.1
10 Reyanna Henderson	JR	New Jersey C	25.88 -1.7
11 Sam Pynn	JR	SUNY Geneseo	25.91 -1.7
12 Caroline Hill	JR	RIT	25.96 -2.1
13 Jasmine Pope	JR	Rowan	25.99 -3.5
14 Kathleen Pedersen	SR	Rowan	26.02 -3.5
15 Zoe Rodi	SO	SUNY Delhi	26.07 -3.5
16 Alexia Prince	FR	Cortland St.	26.14 -1.7
17 Abby Giamoni	JR	Moravian	26.33 -2.1
18 Kayla Huba	SO	SUNY Geneseo	26.50 -1.7
19 Ava Butler	FR	Ithaca	26.66 -3.5
20 Julianna Klimow	JR	SUNY Geneseo	26.73 -3.5
--- Natalia Sawyer	SO	Buffalo Stat	DNS -2.1
--- Khia Laster	JR	Buffalo Stat	DNS -1.2
--- Laura Mathews	JR	Stevens	DNS -1.2
--- Chloe Yoder	SR	Susquehanna	DNS -1.7

Women 400 Meter Dash

Meet Record: 54.57 M 5/19/2022 Madison Mulder

Name	Yr	School	Finals
Finals			
1 Madeline O'Connell	SR	Rochester	54.80 10
2 Natalia Sawyer	SO	Buffalo Stat	55.22 8
3 Zrreyah Moore	SR	Rutgers-Newa	55.69 6
4 Megan Bell	JR	Rochester	55.81 5
5 Brynn Mooney	FR	SUNY Geneseo	56.23 4
6 Mackenzie Mix	JR	Utica	56.42 3
7 Kate Isaac	SR	Rochester	56.54 2
8 Kathleen Pedersen	SR	Rowan	56.81 1
9 Marissa Wise	JR	Brockport St	56.97
10 Kelly Barr	SO	Widener	57.46
11 Jenna Raczka	JR	Buffalo Stat	57.53
12 Zoe Rodi	SO	SUNY Delhi	57.53
13 Ilana Hawkins	SO	Marymount (V	57.60
14 Abby Giamoni	JR	Moravian	57.88
15 Caroline Hill	JR	RIT	58.71
16 Gabrielle Baker	JR	Union (N.Y.)	59.06
17 Rukiyat Daranijo	FR	TCNJ	59.43
18 Raquella Casserino	FR	Rochester	59.63
19 Avery Hebert	SR	Cortland St.	59.80
20 Claire Tratnyek	SO	Hamilton	59.85
21 Zoe Romanowski	SR	Allegheny	1:01.11
22 Ivy Laffan	JR	PSU-Behrend	1:02.92
--- Nevaeh Lorjuste	JR	Rowan	DNS

Women 800 Meter Run

Meet Record: 2:12.27 M 5/18/2023 Megan Bell

Name	Yr	School	Finals
Finals			
1 Isabella Rhee	SR	Carnegie Mel	2:14.21 10
2 Donna Holt	SR	Widener	2:15.15 8
3 Grace Yarkosky	FR	Plattsburgh	2:15.40 6
4 Jacqueline Liu	SO	Carnegie Mel	2:15.44 5
5 Olivia Gilbert	JR	Alfred	2:17.04 4

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Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
6 Kristin Gallagher	SR	Misericordia	2:17.24 3
7 Lydia Bennett	JR	Grove City	2:17.25 2
8 Grace Morningstar	FR	Misericordia	2:17.50 1
9 Cayla Lawrence	FR	Grove City	2:18.46
10 Faith Coyle	JR	Oswego State	2:18.60
11 Rachel Hayes	SO	Stockton	2:19.20
12 Kelly O'Grady	SO	TCNJ	2:19.31
13 Hannah Reichard	FR	Oswego State	2:20.34
14 Jade Dening	JR	Utica	2:20.36
15 Sophia Henderson	JR	Vassar	2:20.72
16 Giana Haubrich	JR	Ithaca	2:20.76
17 Gianna Burgio	SO	Rowan	2:21.38
18 Nina Burden	SR	Stevens	2:21.41
19 Joy Petersen	SO	Ithaca	2:21.47
20 Emily Johnson	JR	Ithaca	2:21.71
21 Caitlin Voloshen	SO	St. John Fis	2:21.77
22 Meghan Carroll	JR	Ursinus	2:22.44
23 Kate Scibelli	SO	Hamilton	2:23.77
24 Isabel Tenney	FR	York (Pa.)	2:24.30
25 Abigail Nautel	SO	RIT	2:25.75
26 Jessie Torres	SO	Alvernia	2:25.84
27 Rita Sciortino	SO	Rochester	2:26.49
28 Alex Grivas	SO	TCNJ	2:27.89
--- Lauren Bunke	SR	Lebanon Vall	DNS

Women 1500 Meter Run

Meet Record: 4:29.52 M 5/4/2013 Jennifer Randall

Name	Yr	School	Finals
Finals			
1 Haley Schoenegge	FR	Vassar	4:25.72M 10
2 Dale Leonard	FR	Ramapo	4:31.66 8
3 Lydia Bennett	JR	Grove City	4:38.48 6
4 Lauren Bunke	SR	Lebanon Vall	4:39.71 5
5 Rachel Hirschkind	SR	SUNY Geneseo	4:41.73 4
6 Catherine Dacey	FR	Union (N.Y.)	4:41.92 3
7 Ally Wernik	FR	Rowan	4:43.60 2
8 Miranda Cincotta	SO	St. Vincent	4:44.44 1
9 Mia Vizcaino	SR	Brockport St	4:46.93
10 Amelia Gilbert	SR	RIT	4:48.76
11 Kaitlyn Grossman	JR	SUNY Geneseo	4:50.56
12 Jezena Aponte	FR	New Jersey C	4:51.60
13 Lauren Barker	FR	TCNJ	4:53.03
14 Sierra Danieu	JR	RIT	4:53.29
15 Katherine Rice	SR	TCNJ	4:54.63
16 Sydney Burgard	SR	RIT	4:55.60
17 Amanda McNally	SR	Rowan	5:02.08
18 Mackenzie Feeney	SR	Sage	5:20.45
--- Madison Kammer	SO	Misericordia	DNS
--- Brianna Wagner	JR	Misericordia	DNS

Women 5000 Meter Run

Meet Record: 16:58.39 M 5/19/2021 Parley Hannan

Name	Yr	School	Finals
Finals			
1 Kerry Flower	SR	Brockport St	17:37.66 10
2 Sennett Turner	SR	Rochester	17:42.34 8
3 Katherine Vogel	JR	SUNY Geneseo	17:51.53 6
4 Emily Hopkins	SO	Scranton	18:01.31 5
5 Suzanne Zaugg	SR	Ramapo	18:06.73 4
6 Kat Benninger	SR	Rochester	18:12.36 3
7 Anika Mueller-Hickler	SO	Vassar	18:13.44 2
8 Cameron Wright	SR	Rowan	18:13.74 1
9 Madison Kammer	SO	Misericordia	18:14.34
10 Sabrinna Mena	JR	Oneonta	18:18.63
11 Devin Reilly	JR	Cortland St.	18:18.69
12 Faith Coyle	JR	Oswego State	18:22.94
13 Adriana Cecchetelli	SO	St. Lawrence	18:24.30
14 Noelle Linenfelser	SO	Houghton	18:24.95
15 Virginia Williams	JR	Grove City	18:26.94
16 Olivia Bernier	JR	St. Lawrence	18:30.08
17 Emily Zanni	FR	Rowan	18:30.69
18 Mia Guerra	SR	Rowan	18:30.77
19 Brianna Wagner	JR	Misericordia	18:31.16
20 Katherine Peterson	JR	SUNY Geneseo	18:32.03
21 Lilianna Hanning	SR	Nazareth	18:33.91
22 Zoey Cassavell	JR	Ramapo	18:42.96
23 Aylene Noy	SO	Hood	18:44.05
24 Jessica Goode	SO	Ithaca	18:49.22
25 Ellie Ponko	JR	Rochester	18:50.99
26 Avery Finnegan	SO	Marymount (V	18:52.55
27 Therese Georgia	FR	RIT	18:53.52
28 Annika Hurley	SO	SUNY Geneseo	18:54.72
29 Samantha Grubb	JR	Ursinus	18:58.89
30 Aubrey Johnson	SR	Montclair St	19:17.66
31 Maggie Michelet	FR	Rowan	19:37.43
32 Ryann Wauthier	JR	Ursinus	19:38.86
33 Caitlyn Saccary	SR	DeSales	20:03.93

Women 10000 Meter Run

Meet Record: 35:44.80 M 1984 Ellyn Block

Name	Yr	School	Finals
Finals			
1 Cera Gaston	SR	Alvernia	37:19.48 10
2 Megan Francoeur	JR	Oneonta	37:24.38 8
3 Grace Gallagher	SO	Misericordia	37:30.35 6
4 Veronica Szygalowicz	JR	SUNY Geneseo	37:50.49 5
5 Tara Smurla	SO	Moravian	38:07.50 4
6 Kyla Eisman	SO	Ithaca	38:17.49 3
7 Riley Jameson	JR	St. John Fis	38:43.88 2
8 Isabel Fries	SO	Alvernia	38:47.30 1
9 Bridget Kennedy	SR	Elizabethtow	39:02.51
10 Alicia Lawson	JR	Rochester	39:17.02
11 Kylie Oblak	SR	Hamilton	39:25.08
12 Brier Amerlinck	FR	Marymount (V	39:39.14

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Finals ... (Women 10000 Meter Run)

Name	Yr	School	Finals
13 Sophie Bagley	FR	SUNY Geneseo	39:46.23
14 Guinevere Kennedy	SO	Stockton	39:51.70
15 Julia Bauer	JR	Grove City	39:52.74
16 Rachel Ulrich	SO	Misericordia	40:01.62
17 Alyssa Horng	SO	Rochester	40:02.21
18 Andie Burton	JR	Rochester	40:08.19
19 Kristen Prince	SO	St. Vincent	40:09.41
20 Katie Cobos	SR	RIT	40:46.08
21 Katherine Jones	SR	Misericordia	41:02.24
22 Madison Morrow	JR	Misericordia	41:27.18
23 Isabelle Smith	JR	Elizabethtow	41:46.03
24 Denisse Aguilar	JR	Montclair St	41:57.64
25 Sophia Pasquariello	JR	Susquehanna	42:32.75
26 Tori Champagne	SO	Moravian	43:03.87
27 Ally Meeks	JR	Moravian	43:45.08
--- Aylene Noy	SO	Hood	DNS

Women 100 Meter Hurdles

Meet Record: 13.82 M 5/18/2022 Laura Mathews

Name	Yr	School	Prelims
1 Chloe Yoder	SR	Susquehanna	14.08Q0.1
2 Laura Mathews	JR	Stevens	14.10Q0.1
3 Ejim Nnate	JR	Oneonta	14.49Q0.4
4 Laura Suppa	SO	Ithaca	14.66Q0.5
5 Kristen Williams	JR	Stevens	14.60q 0.1
6 Ayriana Young	SO	New Jersey C	14.69q 0.5
7 Danielle Fisk	SR	Cortland St.	14.72q 0.4
8 Maya Richwine	FR	Muhlenberg	15.00q 0.1
9 Samantha Wechsler	FR	Ursinus	15.09 0.5
10 Lauren Dunnigan	FR	Franklin & M	15.14 0.1
11 Rachel Larson	SO	Ithaca	15.14 0.4
12 Carmelle Alexis	SO	Rutgers-Newa	15.23 0.4
13 Allyson Surowick	JR	SUNY Geneseo	15.42 0.1
14 Jill Ambler	FR	SUNY Geneseo	15.45 0.4
15 Breannnda Davis	SR	Westminster	15.45 0.5
16 Allison Regnante	JR	RIT	15.50 0.1
17 Ashley Sheldon	FR	Union (N.Y.)	15.51 0.1
18 Anne Spila	JR	Alfred	15.54 0.4
19 Samantha Luba	SO	Nazareth	15.60 0.5
20 Gloria Hughes	JR	Rowan	15.68 0.1
21 Mackenzie Burke	FR	TCNJ	15.76 0.5
22 Dasha Jackson	SO	NYU	16.09 0.1
23 Lainey Flaitz	FR	SUNY Geneseo	16.16 0.1
24 Stephanie Cohen	FR	Hartwick	16.16 0.1
25 Eko Dodd-Brown	FR	Oneonta	16.27 0.1
--- Deziree Conklin	JR	Marymount (V)	DNS 0.1

Women 100 Meter Hurdles

Meet Record: 13.82 M 5/18/2022 Laura Mathews

Name	Yr	School	Finals
1 Laura Mathews	JR	Stevens	13.61 10
2 Chloe Yoder	SR	Susquehanna	13.85 8
3 Laura Suppa	SO	Ithaca	14.18 6
4 Ejim Nnate	JR	Oneonta	14.41 5
5 Ayriana Young	SO	New Jersey C	14.54 4
6 Danielle Fisk	SR	Cortland St.	14.59 3
7 Maya Richwine	FR	Muhlenberg	14.85 2
--- Kristen Williams	JR	Stevens	DNF 4.0

Women 400 Meter Hurdles

Meet Record: 59.28 M 5/18/2023 Gwen Shepardson

Name	Yr	School	Finals
1 Molly Lodge	JR	Rowan	1:01.33 10
2 Nora Chen	FR	Rochester	1:02.05 8
3 Janelle Eckl	JR	SUNY Geneseo	1:03.74 6
4 Mackenzie Burke	FR	TCNJ	1:03.96 5
5 Tatum Evans	SR	Franklin & M	1:04.12 4
6 Carmelle Alexis	SO	Rutgers-Newa	1:05.23 3
7 Brianna DeSanto	FR	Rowan	1:05.25 2
8 Lily Rexford	FR	Brockport St	1:06.08 1
9 Hannah Turner	SO	Hamilton	1:06.26
10 Elise Daniel	JR	Widener	1:06.38
11 Michelle Fitting	JR	SUNY Geneseo	1:06.47
12 Mackenzie Richard	SO	NYU	1:06.62
13 Sophia Barclay	FR	SUNY Geneseo	1:06.79
14 Justine Draper	JR	RIT	1:07.04
15 Samantha Crisci	SO	RIT	1:07.41
16 Caroline Stanton	JR	Union (N.Y.)	1:07.77
17 Barbara Exilus	JR	Ramapo	1:09.30
18 Sophia Leach	FR	St. John Fis	1:09.39
19 Brya Byrd	SR	Rutgers-Newa	1:09.57
20 Kaelin Ryan	SO	Ursinus	1:14.65
--- Deziree Conklin	JR	Marymount (V)	DNS
--- Luca Pecora	JR	Ithaca	DNS

Women 3000 Meter Steeplechase

Meet Record: 10:30.04 M 5/17/2023 Rachel Hirschkind

Name	Yr	School	Finals
1 Rachel Hirschkind	SR	SUNY Geneseo	10:31.85 10
2 Grace Smith	JR	Grove City	11:01.48 8
3 Anna Sasse	JR	Rowan	11:04.90 6
4 Betsy Overstrum	SR	Hamilton	11:12.11 5
5 Isabel Marzec	JR	SUNY Geneseo	11:13.61 4
6 Emma Palumbo	JR	St. Lawrence	11:16.26 3
7 Julianne Wilson	JR	Brockport St	11:22.54 2
8 Ella Lyle	JR	Grove City	11:22.68 1
9 Charlotte Blake	FR	St. Lawrence	11:22.96
10 Alexa Wolcott	SO	Cortland St.	11:25.29

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Finals ... (Women 3000 Meter Steeplechase)				
Name	Yr	School	Finals	
11	Hannah Bennett	FR St. Lawrence	11:25.70	
12	Emily Weaver	SR Nazareth	11:26.45	
13	Ella Impaglia	SO Nazareth	11:30.67	
14	Logan Brasacchio	SO Ithaca	11:31.63	
15	Melissa Innocent	FR Cortland St.	11:39.39	
16	Amber Poniktera	JR Moravian	11:40.41	
17	Katie Scott	FR Franklin & M	11:41.92	
18	Leah Lloyd	JR Brockport St	11:45.53	
19	Rachael Goodman	JR Moravian	11:47.12	
20	Molly Bossdorf	JR TCNJ	11:49.34	
21	Rachel Rouse	SO Stevens	11:50.07	
22	Veronica Dailey	SR Brockport St	11:50.88	
23	Olivia Harris	JR Stockton	11:51.52	
24	Lindsay Fry	SR York (Pa.)	11:52.38	
25	Lilianna Peters	FR SUNY Coblesk	11:52.51	
26	Bailey Visingard	FR Nazareth	11:52.89	
27	Sab Lin	JR Rochester	11:54.00	
28	Kaitlyn Adams	FR Stevens	11:56.21	
29	Sabrina Terando	SR Rochester	11:56.40	
30	Carly Zack	FR St. Lawrence	11:56.62	
31	Acadia Helfand	FR Vassar	12:00.43	
32	Haley Estus	JR DeSales	12:00.46	
33	Alexis Hockenberry	FR Moravian	12:06.68	
34	Alyssa Blackmon	SR Delaware Val	12:19.92	
35	Maeve Robarge	SO Brockport St	12:21.90	
36	Alyssa Hockenberry	FR Moravian	12:22.53	

Women 4x100 Meter Relay

Meet Record: 46.69 M 5/17/2023 Rochester

K Isaac, S Bansbach, A Heffernan, M O'Connell

Team	Relay	Finals	
Finals			
1 Cortland St.		47.42	10
1) Kendall Sobczyk SO	2) Alexia Prince FR		
3) Faith Nelson JR	4) Autumn Pittman JR		
2 Rutgers-Newark		47.46	8
1) Brya Byrd SR	2) Chidimma Igwe SR		
3) Nadya Coleman FR	4) Zrreyah Moore SR		
3 SUNY Geneseo		47.54	6
1) Kayla Huba SO	2) Brynn Mooney FR		
3) Julianna Klimow JR	4) Sam Pynn JR		
4 Widener		47.98	5
1) Maria Muzzarelli JR	2) Jayla Gore SO		
3) Kelly Barr SO	4) Kayla Robinson JR		
5 Susquehanna		48.56	4
1) Chloe Yoder SR	2) Remi Acord JR		
3) Ashley Newman SO	4) Alexa Rine SR		
6 Ramapo		48.63	3
1) Ashley Gordon FR	2) Rebecca Kneppel JR		
3) Jianna Gorospe FR	4) Isabel Crespo FR		
7 RIT		48.72	2
1) Allison Regnante JR	2) Sadie Schreiner SO		
3) Rania Sabri SO	4) Caroline Hill JR		

8 TCNJ		48.78	1
1) Mackenzie Burke FR	2) Rukiyat Daranijo FR		
3) Samantha Magin FR	4) Kelsey Thomas FR		
9 Vassar		49.07	
1) Jamie Eu SO	2) Ava Novak SR		
3) Jahmilia Dennis SO	4) Traci Francis JR		
10 Scranton		49.32	
1) Wendy De La Cruz Garcia FI	2) Samantha Sharrow SO		
3) Isabella Delgado FR	4) Jocelyn Smith FR		
11 Elizabethtown		49.39	
1) Jarrett Wagner SR	2) Sara Rich FR		
3) Melissa Patton JR	4) Caleigh Bold FR		
12 Lebanon Valley		49.40	
1) Abigail Reed FR	2) Darrian Berkheimer JR		
3) Alyssa Peiffer JR	4) Mileyshka Calderon FR		
13 SUNY Delhi		49.55	
1) Kimberly Dean SR	2) Zoe Rodi SO		
3) Meg Cruz FR	4) Kadie-Ann Whyte SR		
14 Marymount (Va.)		49.55	
1) Destiny Noel JR	2) Ilana Hawkins SO		
3) Chandler Eddleton JR	4) Brooke Hamer SO		
15 Nazareth		49.66	
1) Jasmine Kendrick FR	2) Alexis Lasher SO		
3) Sydney LaSalle SO	4) Alaina Morley SO		
16 Moravian		49.68	
1) Shai Knight SO	2) Abby Giamoni JR		
3) Rachele Grigoli FR	4) Lexi Groff SR		
17 Ithaca		49.73	
1) Devan Adegbile SR	2) Ava Butler FR		
3) Tayla Hummel FR	4) Natalie MacArthur JR		
18 Delaware Valley		50.53	
1) Emma East FR	2) Kelly Hastings SR		
3) Zariah Prescott FR	4) Grace Kane SO		
--- Rowan		DNF	
1) Brooke Driver SO	2) Mya Walker FR		
3) Sidney Whetstone JR	4) Brianna DeSanto FR		

Women 4x400 Meter Relay

Meet Record: 3:42.19 M 5/18/2022 Geneseo

J Strickland, A Flaitz, G Shepardson, M Mulder

Team	Relay	Finals	
Finals			
1 Rochester		3:47.72	10
1) Nora Chen FR	2) Kate Isaac SR		
3) Megan Bell JR	4) Raquella Casserino FR		
2 Rowan		3:48.08	8
1) Molly Lodge JR	2) Jasmine Pope JR		
3) Kathleen Pedersen SR	4) Nevaeh Lorjuste JR		
3 Ramapo		3:55.33	6
1) Barbara Exilus JR	2) Rebecca Kneppel JR		
3) Isabel Crespo FR	4) Dale Leonard FR		
4 RIT		3:55.78	5
1) Caroline Hill JR	2) Samantha Crisci SO		
3) Violet Ameele SR	4) Sadie Schreiner SO		

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Finals ... (Women 4x400 Meter Relay)		
Team	Relay	Finals
5 TCNJ		3:56.10 4
1) Kelly O'Grady SO	2) Mackenzie Burke FR	
3) Kelsey Thomas FR	4) Rukiyat Daranijo FR	
6 Union (N.Y.)		3:58.30 3
1) Gabrielle Baker JR	2) Kasey McGerald JR	
3) Glory Moncion-Allen JR	4) Caroline Stanton JR	
7 Stockton		3:58.42 2
1) Emma Petrolia SO	2) Emma Conroy SO	
3) Kayla Sullivan SO	4) Kayla Kass SO	
8 Hamilton		3:59.68 1
1) Claire Tratnyek SO	2) Kate Scibelli SO	
3) Renata Mendez-Alvarez FR	4) Hannah Turner SO	
9 Lebanon Valley		3:59.94
1) Abigail Reed FR	2) Darrian Berkheimer JR	
3) Alyssa Peiffer JR	4) Mileyska Calderon FR	
10 Ithaca		4:00.12
1) Natalie MacArthur JR	2) Julia Ryba FR	
3) Devan Adegbile SR	4) Ava Butler FR	
11 Cortland St.		4:01.48
1) Maris Seabury SR	2) Matty Lucey FR	
3) Yasmine Peralta SO	4) Avery Hebert SR	
12 Delaware Valley		4:04.65
1) Emma East FR	2) Zariah Prescott FR	
3) Grace Kane SO	4) Kelly Hastings SR	
13 NYU		4:05.92
1) Beverly Okyere SO	2) Cindy Leonard FR	
3) Laila Goodman SO	4) Areyanna McCarthy SO	
14 Marymount (Va.)		4:07.21
1) Chandler Eddleton JR	2) Ilana Hawkins SO	
3) Mikayla Stephens FR	4) Abby Hughes FR	
15 Alfred State		4:09.38
1) Sarah Rivet SR	2) Lily Schnell SR	
3) Hailey Kumpf FR	4) Oli Kraynik FR	
16 Scranton		4:11.78
1) Tasia Miniotis SO	2) Olivia Miller SO	
3) Isabella Delgado FR	4) Jocelyn Smith FR	
--- SUNY Geneseo		DNS
1) Michelle Fitting JR	2) Jill Ambler FR	
3) Janelle Eckl JR	4) Lainey Flaitz FR	

Women 4x800 Meter Relay		
Meet Record:	9:11.37 M 2005	Geneseo
Team	Relay	Finals
Finals		
1 Grove City		9:24.95 10
1) Cayla Lawrence FR	2) Kaylynn Johnson JR	
3) Grace Smith JR	4) Lydia Bennett JR	
2 Rowan		9:27.89 8
1) Gianna Burgio SO	2) Ava Rizzo FR	
3) Amanda McNally SR	4) Anna Sasse JR	
3 Union (N.Y.)		9:29.22 6
1) Allison Malatesta JR	2) Alayna Gibson JR	
3) Caroline Kelly JR	4) Catherine Dacey FR	

4 Moravian		9:41.01 5
1) Rylie Murphy JR	2) Alexis Rushatz JR	
3) Elena Bocchetti SO	4) Tara Smurla SO	
5 Stevens		9:44.67 4
1) Taylor Enes SO	2) Isabel Vogel SO	
3) Rachel Rouse SO	4) Nina Burden JR	
6 RIT		9:45.03 3
1) Sydney Burgard SR	2) Amelia Gilbert SR	
3) Sierra Danieu JR	4) Abigail Nautel SO	
7 SUNY Geneseo		9:47.10 2
1) Nieve Mahood JR	2) Kaitlyn Grossman JR	
3) Katherine Vogel JR	4) Veronica Szygalowicz JR	
8 Ramapo		9:47.99 1
1) Suzanne Zaugg SR	2) Zoey Cassavell JR	
3) Rea Pagatpatan FR	4) Dale Leonard FR	
9 Ithaca		9:48.61
1) Joy Petersen SO	2) Lyla Powers FR	
3) Giana Haubrich JR	4) Emily Johnson JR	
10 St. John Fisher		9:51.57
1) Olivia Grinnell SO	2) Allison List SO	
3) Maggie Bacon FR	4) Caitlin Voloshen SO	
11 Brockport St.		9:52.73
1) Julianne Wilson JR	2) Marissa Wise JR	
3) Leah Lloyd JR	4) Veronica Dailey SR	
12 Nazareth		9:55.75
1) Paige Ackley SR	2) Kennedy Rose FR	
3) Kelsey Fahy FR	4) Ella Impaglia SO	
13 St. Mary's (Md.)		10:13.42
1) Brittney Douglas JR	2) Elizabeth Robey SR	
3) Kaylee Holston FR	4) Savannah Owens SO	
14 Alfred		10:22.14
1) Sarah Lutkins JR	2) Annabelle Townsend SO	
3) McKenzie Hall JR	4) Olivia Gilbert JR	
15 PSU-Behrend		10:32.41
1) Lindsey Hartle SO	2) Ivy Laffan JR	
3) Bethany Litwiler SO	4) Bridget McMaster FR	
16 Montclair State		10:32.94
1) Julie Murphy SO	2) Aubrey Johnson SR	
3) Ashton Wiseley JR	4) Kayla McAdams JR	
17 Marymount (Va.)		10:34.71
1) Mikayla Stephens FR	2) Brier Amerlinck FR	
3) Abby Hughes FR	4) Avery Finnegan SO	
18 Hartwick		12:15.07
1) Stephanie Cohen FR	2) Molly Corbett FR	
3) Madilynne Smith JR	4) Brynita Haas SO	
--- Vassar		DNS
1) Sophia Henderson JR	2) Acadia Helfand FR	
3) Anika Mueller-Hickler SO	4) Haley Schoenegge FR	

Women High Jump			
Meet Record:	1.74m M 1998	Heidi Nichols	
Name	Yr	School	Finals
Finals			
1 Lexi Groff	SR	Moravian	1.66m 10
2 Madeleine Wright	FR	Ithaca	1.66m 8

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Finals ... (Women High Jump)

Name	Yr	School	Finals
3 Katie Baller	SR	Grove City	1.61m 6
4 Maya Lapinski	FR	Stevens	1.61m 5
5 Breannnda Davis	SR	Westminster	1.61m 3.5
5 Ash Rich	FR	Elizabethtow	1.61m 3.5
7 Michaela Levesque	SR	Brockport St	1.56m 1
7 Maggie Previglian	SO	Stevens	1.56m 1
7 Caroline Tighe	JR	Stevens	1.56m 1
10 Lydia Barber	FR	Ithaca	1.56m
11 Rhiannon Butchko	SO	Oswego State	1.56m
11 Kayley Harnett	SR	TCNJ	1.56m
11 Danielle Fisk	SR	Cortland St.	1.56m
14 Jenna Horning	SR	Susquehanna	1.56m
15 Avery McNulty	SO	Muhlenberg	1.56m
16 Celia Ryan	FR	Ithaca	1.56m
17 Allie Canciani	JR	Stevens	1.51m
17 Sasha Schramm	SO	Brockport St	1.51m
17 Reilly Quinn	FR	Cortland St.	1.51m
17 Melena Koutch	JR	Lebanon Vall	1.51m
21 Laura Mathews	JR	Stevens	1.51m
22 Hannah Allison	FR	Utica	1.51m
22 Regan Kaiser	JR	Cortland St.	1.51m
22 Lainey Flaitz	FR	SUNY Geneseo	1.51m
--- Ashley Sheldon	FR	Union (N.Y.)	NH
--- Areyanna McCarthy	SO	NYU	NH
--- Kaitlyn Vervier	JR	Stockton	NH
--- Bianca Durso	JR	Alfred	NH
--- Sydney LaSalle	SO	Nazareth	NH

Women Pole Vault

Meet Record: 4.28m M 5/5/2017 Katherine Pitman

Name	Yr	School	Finals
Finals			
1 Madeline O'Connell	SR	Rochester	3.78m 10
2 Rosie Morse	SO	Nazareth	3.73m 8
3 Catherine Fox	SR	RIT	3.58m 6
4 Becca Bready	SO	Brockport St	3.58m 5
5 Madison Kappeler	JR	PSU-Behrend	3.43m 4
6 Erin Eastwood	SO	Ithaca	3.43m 3
7 Corinne Inkley	FR	Allegheny	3.43m 1.5
7 Tess Eichner	JR	Brockport St	3.43m 1.5
9 Savannah Steger	SR	Widener	3.43m
10 Isabel Morse	SO	Nazareth	3.28m
11 Alexis Merola	FR	Stevens	3.28m
11 Bree Boyle	SO	Ithaca	3.28m
13 Talia Hutchinson	FR	Ithaca	3.13m
13 Rachel Snavely	SR	Lebanon Vall	3.13m
13 Isabel Swyers	FR	Brockport St	3.13m
13 Julia Dakwar	SR	TCNJ	3.13m
17 Kiara Tornusciolo	SO	Nazareth	3.13m
17 Emily Oriel	SO	Lebanon Vall	3.13m
--- Missy Trehame	SO	Westminster	NH
--- Faith Hoyt	SO	Cortland St.	NH
--- Madison Fey	JR	Stockton	NH

--- Jo-Michelle Huczko	SR	Carnegie Mel	NH
--- Emma Rudolph	SR	Westminster	DNS
--- Madison Conley	SR	Westminster	DNS

Women Long Jump

Meet Record: 6.06m M 5/19/2022 Victoria Kadiri

Name	Yr	School	Finals
Finals			
1 Khia Laster	JR	Buffalo Stat	5.99m 10
2 Mia Montgomery	SR	Brockport St	5.70m 8
3 Samantha Sharrow	SO	Scranton	5.67m 6
4 Samantha Wechsler	FR	Ursinus	5.67m 5
5 Veronica Duell	JR	St. John Fis	5.66m 4
6 Remi Acord	JR	Susquehanna	5.62m 3
7 Breannnda Davis	SR	Westminster	5.55m 2
8 Allison Regnante	JR	RIT	5.39m 1
9 Alaina Morley	SO	Nazareth	5.37m 1.3
10 Mackayla Nerjuste	FR	SUNY Geneseo	5.32m 0.2
11 Katelyn Jacques	JR	SUNY Geneseo	5.30m 0.5
12 Lena Kiehl	JR	SUNY Geneseo	5.29m 1.2
13 Ejim Nnate	JR	Oneonta	5.29m 1.1
14 Jill Ambler	FR	SUNY Geneseo	5.24m 1.1
15 Kayla Huba	SO	SUNY Geneseo	5.23m 1.2
16 Sam Pynn	JR	SUNY Geneseo	5.22m 0.1
17 Lanna Wandy	JR	SUNY Geneseo	5.21m 0.7
18 Lilly Swyers	SO	SUNY Coblesk	5.16m 0.8
19 Hannah Ragule	SR	Nazareth	5.12m 2.1
20 Ashanae Morrison	JR	Stockton	5.06m 2.6
21 Ashanti Stanley	SR	Ithaca	5.04m +0.0
22 Alyssa Hoogs	SR	Rochester	5.01m 0.6
23 Ashleigh Barrett	SO	Rochester	4.99m 0.9
24 Sidney Whetstone	JR	Rowan	4.89m +0.0
--- Nora Devitt	JR	Utica	DNS NWI

Women Triple Jump

Meet Record: 12.63m M 1998 Monique Hacker

Name	Yr	School	Finals
Finals			
1 Ally Alvira	JR	SUNY Geneseo	11.81m 10
2 Jahmilia Dennis	SO	Vassar	11.75m 8
3 Samantha Wechsler	FR	Ursinus	11.69m 6
4 Dasha Jackson	SO	NYU	11.61m 5
5 Samantha Paul	JR	Springfield	11.49m 4
6 Isabella Heath	SR	Nazareth	11.33m 3
7 Mylina Castillo	JR	Alvernia	11.31m 2
8 Ashanti Stanley	SR	Ithaca	11.27m 1
9 Alyssa Hoogs	SR	Rochester	11.23m 1.7
10 Lena Kiehl	JR	SUNY Geneseo	11.02m 1.3
11 Katelyn Jacques	JR	SUNY Geneseo	10.98m +0.0
12 Alexis Brown	FR	Ithaca	10.97m 2.7
13 Ashanae Morrison	JR	Stockton	10.93m 0.7
14 Ali Haeefe	SO	Moravian	10.93m +0.0
15 Emma Petrolia	SO	Stockton	10.86m -0.4
16 Khristina Washington	JR	Stockton	10.83m 0.9
17 Shira Gamson	SO	Muhlenberg	10.79m 0.6

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Finals ... (Women Triple Jump)

Name	Yr	School	Finals
18 Julia Acevedo	SR	Susquehanna	10.79m 1.3
19 Sydney LaSalle	SO	Nazareth	10.73m +0.0
20 Areyanna McCarthy	SO	NYU	10.70m +0.0
21 Mia Peguero	SR	Montclair St	10.58m 0.1
22 Hannah Ragule	SR	Nazareth	10.56m +0.0
23 Kristen Williams	JR	Stevens	10.47m 0.5
24 Alyssa Youngs	FR	Utica	10.44m 1.5
25 Brooke Valan	JR	Stockton	10.28m -0.7
--- Luca Pecora	JR	Ithaca	DNS NWI
--- Nora Devitt	JR	Utica	DNS NWI

Women Shot Put

Meet Record: 15.45m M 5/17/2018 Victoire Kothor

Name	Yr	School	Finals
1 Jane Fahy	SR	Utica	14.46m 10
2 Isabelle Deal	JR	Rowan	13.67m 8
3 Sarah Crockett	SR	Brockport St	13.50m 6
4 Isabella Fabrizio	JR	Oneonta	13.37m 5
5 Emily DiMarco	JR	RIT	13.27m 4
6 Makenna King	SR	St. John Fis	12.93m 3
7 Lexi Shiderly	JR	Westminster	12.65m 2
8 Shanil Auguste	SR	Rutgers-Newa	12.62m 1
9 Madison Palmer	SR	Houghton	12.46m
10 Trinity Dees	SO	Brockport St	12.42m
11 Marinna Heichberger	SO	RIT	12.33m
12 Zoe Connor	JR	SUNY Geneseo	12.25m
13 Deziree Garrick	JR	Rochester	12.09m
14 Erin McGuinness	SO	St. John Fis	11.68m
15 Jillian Zukley	FR	St. Mary's (11.53m
16 Cora Rose	JR	Rochester	11.43m
17 Edith Gonzalez	SR	TCNJ	11.24m
18 Rebecca Heuler	SR	Brockport St	11.20m
19 Alexia Bey	SO	Rowan	11.14m
20 Mylea Neidig	SR	Elizabethtow	11.13m
21 Kerri McCarthy	JR	TCNJ	11.05m
22 Grace Vit	JR	Rowan	11.02m
23 Emelene Burek	JR	Oneonta	11.01m
24 Madison Vargas	FR	Rochester	10.90m
25 Lily Seyfert	SO	Ithaca	10.42m
--- Jennifer Ndukwu	JR	Cortland St.	FOUL

Women Discus Throw

Meet Record: 49.54m M 5/7/2016 Brandy Smith

Name	Yr	School	Finals
1 Makenna King	SR	St. John Fis	49.26m 10
2 Michaela Pomatto	JR	Stockton	47.15m 8
3 Emily DiMarco	JR	RIT	46.35m 6
4 Shelby Rambo	SO	Westminster	44.61m 5
5 Allie Cary	FR	Utica	44.02m 4
6 Cora Rose	JR	Rochester	41.97m 3
7 Bailee Drummond	FR	RIT	41.90m 2

8 Skyler Klimow	SO	SUNY Geneseo	40.21m 1
9 Emma Kinnicutt	SR	Brockport St	39.57m
10 Lily Seyfert	SO	Ithaca	39.46m
11 Caillie Fish	JR	Moravian	38.84m
12 Erin McGuinness	SO	St. John Fis	38.74m
13 Ashley Muliawan	JR	Stevens	38.72m
14 Kaydence Fischer	FR	TCNJ	38.34m
15 Madison Vargas	FR	Rochester	38.19m
16 DaniRae Renno	JR	Elizabethtow	37.10m
17 Sarah Crockett	SR	Brockport St	36.82m
18 Sarah Parr	SR	Brockport St	36.76m
19 Sofia Harnois	SO	York (Pa.)	36.50m
--- Rebecca Heuler	SR	Brockport St	FOUL
--- Margie Rayne	SO	Moravian	FOUL
--- Jane Fahy	SR	Utica	FOUL

Women Hammer Throw

Meet Record: 56.92m M 5/18/2023 Emily Galvin

Name	Yr	School	Finals
1 Zoe Connor	JR	SUNY Geneseo	52.62m 10
2 Laila Davis	JR	Allegheny	51.46m 8
3 Sarah Crockett	SR	Brockport St	50.72m 6
4 Jessica Reilly	JR	TCNJ	50.50m 5
5 Katrina Chandler	SO	Brockport St	49.70m 4
6 Isabella Fabrizio	JR	Oneonta	49.50m 3
7 Anna Steed	SO	St. John Fis	49.02m 2
8 Emma Kinnicutt	SR	Brockport St	48.34m 1
9 Lily Seyfert	SO	Ithaca	47.95m
10 Isabella Freda	JR	Stockton	46.65m
11 Liv Ilasz	SO	Rochester	46.50m
12 Maggie Boyer	SR	Susquehanna	46.34m
13 Lea Richard	SR	Nazareth	46.11m
14 Hannah McMasters	SO	Cortland St.	45.98m
15 Jennifer Ndukwu	JR	Cortland St.	45.92m
16 Sarah Parr	SR	Brockport St	45.74m
17 Deziree Garrick	JR	Rochester	44.75m
18 Riley King	FR	Utica	44.56m
19 Jacqueline Allen	JR	Ursinus	44.51m
20 Kerri McCarthy	JR	TCNJ	42.81m
21 Cheyenne McPeck	FR	Ithaca	42.26m
22 Rebecca Heuler	SR	Brockport St	41.90m
23 Lauren Jaklitsch	FR	SUNY Geneseo	40.69m
24 Kitty Messina	JR	SUNY Delhi	40.30m
25 Madison Palmer	SR	Houghton	38.64m
26 Nia Butler	FR	Medgar Evers	30.14m
--- Hailey Hrouda	FR	Utica	FOUL
--- Gabi Ragozzine	SO	Oneonta	FOUL
--- Jillian Zukley	FR	St. Mary's (FOUL
--- Faith Fezenko	SR	Muhlenberg	DNS

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Women Javelin Throw

Meet Record: 47.24m M 5/17/2023 Isabelle Deal

Name	Yr	School	Finals
Finals			
1 Alexandra Snyder	JR	Misericordia	37.54m 10
2 Skyler Klimow	SO	SUNY Geneseo	37.18m 8
3 Julia Balaski	SO	PSU-Behrend	36.00m 6
4 Rebecca Heuler	SR	Brockport St	35.94m 5
5 Ainslee Binkley	SO	Susquehanna	35.60m 4
6 Mackenzie Ward	FR	Franklin & M	34.67m 3
7 Valerie Badger	SO	Misericordia	33.96m 2
8 Lily Seyfert	SO	Ithaca	31.96m 1
9 Mila Karimov	SO	Hamilton	31.32m
10 Morgan Stover	SO	Misericordia	30.98m
11 Emma Grunin	SO	NYU	30.81m
12 Sage Douglass	JR	Oneonta	30.72m
13 Kitty Messina	JR	SUNY Delhi	30.12m
14 Kaitlyn Snyder	SO	Lebanon Vall	29.97m
15 Emily Beattie	SR	Brockport St	29.95m
16 Aimee Oszer	FR	Rochester	29.29m
17 Dana Schwartz	SO	Hamilton	28.75m
18 Lily Lorio	JR	TCNJ	28.18m
19 Delaynee McLeod	SR	Susquehanna	28.14m
20 Annalise Stephens	JR	TCNJ	28.13m
21 Abby McClaskey	JR	Moravian	27.23m
22 Sonya Shivok	JR	RIT	26.83m
23 Abigail Carpenter	SR	RIT	26.34m
24 Zoe Myers	JR	York (Pa.)	24.83m
--- Vic Donovan	SR	Moravian	FOUL
--- Megan Campanile	SO	Stockton	DNS

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Kayla Robinson	JR	Widener	25.85 810
2 Hannah Alderfer	JR	Susquehanna	26.55 750
3 Cecelia LaBonte	SO	Ithaca	26.57 748
4 Lauren Bendall	SR	Nazareth	27.09 704
5 Anne Spila	JR	Alfred	27.18 697
6 Alyssa Youngs	FR	Utica	27.61 662
7 Theresa Kervick	JR	Widener	27.88 640
8 Abrianna Kruger	SR	SUNY Geneseo	28.06 626
9 Julia Largett	SO	Rochester	28.09 624
10 Stefania Grimaldi	FR	Utica	28.30 607
11 Molly White	SO	Scranton	28.43 597
12 Marissa LeDuc	SO	Plattsburgh	28.47 594
13 AnJalyna Talmadge	JR	Cortland St.	28.60 584
14 Julia Acevedo	SR	Susquehanna	28.65 581
15 Sarah Scepkowski	SO	TCNJ	28.91 561
16 Bianca Durso	JR	Alfred	29.14 544

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Julia Largett	SO	Rochester	2:26.08 743
2 Kayla Robinson	JR	Widener	2:27.98 718
3 Theresa Kervick	JR	Widener	2:28.82 708
4 Lauren Bendall	SR	Nazareth	2:30.98 681
5 Molly White	SO	Scranton	2:31.09 679
6 Cecelia LaBonte	SO	Ithaca	2:31.21 678
7 Bianca Durso	JR	Alfred	2:31.65 672
8 Abrianna Kruger	SR	SUNY Geneseo	2:34.82 634
9 Sarah Scepkowski	SO	TCNJ	2:36.50 614
10 Alyssa Youngs	FR	Utica	2:38.60 589
11 Stefania Grimaldi	FR	Utica	2:41.91 551
12 Anne Spila	JR	Alfred	2:42.24 547
13 Julia Acevedo	SR	Susquehanna	2:45.68 509
14 Marissa LeDuc	SO	Plattsburgh	2:46.82 497
15 AnJalyna Talmadge	JR	Cortland St.	2:47.28 492
--- Hannah Alderfer	JR	Susquehanna	DNF

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Hannah Alderfer	JR	Susquehanna	15.27 806
2 Anne Spila	JR	Alfred	15.39 791
3 Cecelia LaBonte	SO	Ithaca	15.65 758
4 Molly White	SO	Scranton	15.80 739
5 Stefania Grimaldi	FR	Utica	15.82 736
6 AnJalyna Talmadge	JR	Cortland St.	15.96 719
7 Sarah Scepkowski	SO	TCNJ	16.21 689
8 Bianca Durso	JR	Alfred	16.52 652
9 Julia Acevedo	SR	Susquehanna	16.54 649
10 Theresa Kervick	JR	Widener	16.54 649
11 Alyssa Youngs	FR	Utica	16.55 648
12 Kayla Robinson	JR	Widener	16.68 633
13 Abrianna Kruger	SR	SUNY Geneseo	16.77 623
14 Julia Largett	SO	Rochester	17.00 596
15 Marissa LeDuc	SO	Plattsburgh	17.21 573
16 Lauren Bendall	SR	Nazareth	17.38 554

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Molly White	SO	Scranton	1.56m 689
1 AnJalyna Talmadge	JR	Cortland St.	1.56m 689
1 Sarah Scepkowski	SO	TCNJ	1.56m 689
4 Cecelia LaBonte	SO	Ithaca	1.50m 621
5 Abrianna Kruger	SR	SUNY Geneseo	1.47m 588
5 Theresa Kervick	JR	Widener	1.47m 588
5 Bianca Durso	JR	Alfred	1.47m 588
8 Hannah Alderfer	JR	Susquehanna	1.44m 555
8 Kayla Robinson	JR	Widener	1.44m 555
10 Alyssa Youngs	FR	Utica	1.41m 523
10 Lauren Bendall	SR	Nazareth	1.41m 523

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Finals ... (Heptathlon: #2 Women High Jump Heptathlon)

Name	Yr	School	Finals
10 Marissa LeDuc	SO	Plattsburgh	1.41m 523
10 Julia Acevedo	SR	Susquehanna	1.41m 523
10 Anne Spila	JR	Alfred	1.41m 523
15 Stefania Grimaldi	FR	Utica	1.35m 460
15 Julia Largett	SO	Rochester	1.35m 460

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Kayla Robinson	JR	Widener	5.41m 674
2 Hannah Alderfer	JR	Susquehanna	5.15m 601
3 Stefania Grimaldi	FR	Utica	5.11m 589
4 AnJalyna Talmadge	JR	Cortland St.	5.02m 565
5 Cecelia LaBonte	SO	Ithaca	4.94m 543
6 Bianca Durso	JR	Alfred	4.93m 540
7 Marissa LeDuc	SO	Plattsburgh	4.92m 538
7 Theresa Kervick	JR	Widener	4.92m 538
7 Molly White	SO	Scranton	4.92m 538
10 Alyssa Youngs	FR	Utica	4.88m 527
11 Abrianna Kruger	SR	SUNY Geneseo	4.86m 522
12 Sarah Scepkowski	SO	TCNJ	4.84m 516
13 Julia Acevedo	SR	Susquehanna	4.81m 508
14 Anne Spila	JR	Alfred	4.71m 482
15 Julia Largett	SO	Rochester	4.67m 472
16 Lauren Bendall	SR	Nazareth	4.21m 357

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Kayla Robinson	JR	Widener	12.38m 686
2 AnJalyna Talmadge	JR	Cortland St.	11.52m 629
3 Marissa LeDuc	SO	Plattsburgh	9.76m 514
4 Hannah Alderfer	JR	Susquehanna	9.63m 505
5 Anne Spila	JR	Alfred	9.21m 478
6 Alyssa Youngs	FR	Utica	9.04m 467
7 Theresa Kervick	JR	Widener	8.90m 458
7 Lauren Bendall	SR	Nazareth	8.90m 458
9 Stefania Grimaldi	FR	Utica	8.87m 456
10 Bianca Durso	JR	Alfred	8.81m 452
11 Abrianna Kruger	SR	SUNY Geneseo	8.77m 449
12 Julia Largett	SO	Rochester	8.18m 411
13 Cecelia LaBonte	SO	Ithaca	8.02m 401
14 Sarah Scepkowski	SO	TCNJ	8.00m 399
15 Molly White	SO	Scranton	7.79m 386
16 Julia Acevedo	SR	Susquehanna	7.62m 375

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
Finals			
1 Anne Spila	JR	Alfred	32.23m 519
2 Theresa Kervick	JR	Widener	30.26m 482
3 Lauren Bendall	SR	Nazareth	29.98m 476
4 Kayla Robinson	JR	Widener	27.30m 426

5 AnJalyna Talmadge	JR	Cortland St.	26.04m 402
6 Stefania Grimaldi	FR	Utica	25.86m 398
7 Marissa LeDuc	SO	Plattsburgh	24.80m 379
8 Hannah Alderfer	JR	Susquehanna	23.43m 353
9 Bianca Durso	JR	Alfred	22.33m 332
10 Molly White	SO	Scranton	22.09m 328
11 Alyssa Youngs	FR	Utica	22.00m 326
12 Sarah Scepkowski	SO	TCNJ	20.50m 298
13 Abrianna Kruger	SR	SUNY Geneseo	19.96m 288
14 Julia Largett	SO	Rochester	18.02m 252
15 Cecelia LaBonte	SO	Ithaca	17.75m 247
16 Julia Acevedo	SR	Susquehanna	13.20m 164

Women Heptathlon

Meet Record: 4937 M 5/5/2017 Kylee Bartlett

Name	Yr	School	Finals
Finals			
1 Kayla Robinson	JR	Widener	4502 10
2 AnJalyna Talmadge	JR	Cortland St.	4080 8
3 Theresa Kervick	JR	Widener	4063 6
4 Anne Spila	JR	Alfred	4037 5
5 Cecelia LaBonte	SO	Ithaca	3996 4
6 Molly White	SO	Scranton	3956 3
7 Stefania Grimaldi	FR	Utica	3797 2
8 Bianca Durso	JR	Alfred	3780 1
9 Sarah Scepkowski	SO	TCNJ	3766
10 Lauren Bendall	SR	Nazareth	3753
11 Alyssa Youngs	FR	Utica	3742
12 Abrianna Kruger	SR	SUNY Geneseo	3730
13 Marissa LeDuc	SO	Plattsburgh	3618
14 Hannah Alderfer	JR	Susquehanna	3570
15 Julia Largett	SO	Rochester	3558
16 Julia Acevedo	SR	Susquehanna	3309

Men 100 Meter Dash

Meet Record: 10.35 M 5/19/2022 Naquille Harris

Name	Yr	School	Prelims
Preliminaries			
1 Javon McKay	FR	Moravian	10.77Q-0.5
2 Dayzin Legare	FR	SUNY Delhi	10.77Q-0.6
3 Brandon Balcacer	JR	Ramapo	10.80Q-0.4
4 Raymond Schmitt	SR	TCNJ	10.82Q-0.8
5 Shamar Love	JR	Rowan	10.84Q-0.3
6 Brexton Montville	SR	Plattsburgh	10.92Q-0.5
7 Robert McKinney	JR	Rowan	10.82q-0.5
8 Eli Hendricks	FR	Rowan	10.84q-0.5
9 Craig Duffy	SR	Brockport St	10.86 -0.3
10 Sam Ahern	JR	Union (N.Y.)	10.87 -0.6
11 Brandon Zimmerman	JR	Susquehanna	10.93 -0.4
12 Carson Latham	JR	Stockton	10.97 -0.5
13 Myron Holland	JR	Elizabethtow	10.99 -0.5
14 Trevor Gray	JR	Moravian	11.00 -0.3
15 Justin Gomez	SR	TCNJ	11.03 -0.5
16 Jordan Williams	SO	Plattsburgh	11.08 -0.8

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Results

Preliminaries ... (Men 100 Meter Dash)

Name	Yr	School	Prelims
17 Mekhi Christensen	FR	Alfred State	11.08 -0.6
18 Brandon Levin	FR	Cortland St.	11.10 -0.8
19 Sean (Cj) Jones	SO	Ithaca	11.12 -0.3
20 William Hauf	JR	St. Lawrence	11.12 -0.4
21 P.J. London	JR	Rochester	11.12 -0.5
22 Logan Berner	SR	DeSales	11.14 -0.3
23 Sakyi Okwaning	FR	Union (N.Y.)	11.14 -0.8
24 Samuel Struggs	SO	Marymount (V)	11.14 -0.8
25 Logan Abate	FR	Buffalo Stat	11.14 -0.4
26 Jonathan Jacobs	JR	RIT	11.14 -0.8
27 Terrel Hood-Simeon	FR	Colby	11.15 -0.3
28 Austin Hurrell	SO	Susquehanna	11.17 -0.5
29 Evan Kurtz	JR	Houghton	11.18 -0.4
30 Jarod Cipriano	SR	Misericordia	11.21 -0.4
31 Jason Garcia	SR	New Jersey C	11.21 -0.5
32 Jacob Fenstermaker	SO	Moravian	11.22 -0.6
33 Dan Mars	SO	Oswego State	11.23 -0.6
34 Jake Mull	FR	Westminster	11.25 -0.5
35 Manny Brito	SO	NYU	11.26 -0.4
35 Deron Davis	SO	SUNY Delhi	11.26 -0.6
37 Cristhian Cuevas	SO	SUNY Delhi	11.28 -0.3
38 Chris Ganley	SR	Oneonta	11.28 -0.5
39 Dontay Taylor	SO	Farmingdale	11.29 -0.5
40 Derek Grimshaw	FR	Brockport St	11.31 -0.5
41 Anthony Penta	SR	Springfield	11.32 -0.5
42 Dominic Snipes	SR	Stevenson	11.41 -0.3
43 Owen Linder	JR	Lebanon Vall	11.47 -0.6
--- Jamel Mins	JR	Hood	FS -0.4
--- Ryan Beard	SR	Westminster	DNS -0.5
--- Ty Tindal	FR	St. Mary's (DNS -0.8

Men 100 Meter Dash

Meet Record: 10.35 M 5/19/2022 Naquille Harris

Name	Yr	School	Finals
1 Javon McKay	FR	Moravian	10.72 10
2 Dayzin Legare	FR	SUNY Delhi	10.83 8
3 Raymond Schmitt	SR	TCNJ	10.84 6
4 Brexton Montville	SR	Plattsburgh	10.87 5
5 Brandon Balcacer	JR	Ramapo	11.02 4
--- Robert McKinney	JR	Rowan	DNS -1.1
--- Shamar Love	JR	Rowan	DNS -1.1
--- Eli Hendricks	FR	Rowan	DNS -1.1

Men 200 Meter Dash

Meet Record: 21.07 M 5/19/2022 Naquille Harris

Name	Yr	School	Finals
1 Richard Billings	FR	Misericordia	21.36 10
2 Amara Conte	JR	Rowan	21.42 8
3 Andrew Hadasz	SR	Utica	21.52 6
4 Josh Jeffes	JR	SUNY Delhi	21.62 5
5 Sam Ahern	JR	Union (N.Y.)	21.63 4

6 Anik Dole	SR	Springfield	21.68 3
7 Javon McKay	FR	Moravian	21.70 2
8 Aiden Tobin	SO	Ursinus	21.74 1
9 Fabrice Saint Hillien	SO	Stevenson	21.91 2.8
10 Harrison Gavalas	SO	Cortland St.	21.94 0.7
11 James Coleman	JR	Rowan	21.95 0.7
12 Alexander Mitchell	SO	Grove City	22.00 2.8
13 Carson Latham	JR	Stockton	22.25 0.7
14 Brandon Levin	FR	Cortland St.	22.25 0.2
15 Brexton Montville	SR	Plattsburgh	22.26 0.2
16 Justin Gomez	SR	TCNJ	22.28 -2.9
17 P.J. London	JR	Rochester	22.31 2.8
18 Seth Regan	SR	Springfield	22.64 2.8
19 Manny Brito	SO	NYU	22.67 -2.9
20 Jamel Mins	JR	Hood	22.75 0.2
21 Mason Winslow	FR	Susquehanna	22.84 -2.9
22 Ben White	SO	Westminster	23.41 -2.9
--- Brandon Balcacer	JR	Ramapo	DNS 0.2
--- Charles Cypress	SO	Plattsburgh	DNS 2.8
--- Jackson Davis	JR	Williams	DNS 0.7
--- Jake Egizio	FR	PSU-Behrend	DNS 0.7
--- Dayzin Legare	FR	SUNY Delhi	DNS 0.2

Men 400 Meter Dash

Meet Record: 46.89 M 5/19/2022 Cheickna Traore

Name	Yr	School	Finals
1 Josh Jeffes	JR	SUNY Delhi	47.15 10
2 Amara Conte	JR	Rowan	47.38 8
3 Jacob Miller	SO	Brockport St	47.92 6
4 Ren Zanze	JR	Colby	48.22 5
5 Alexander Mitchell	SO	Grove City	48.28 4
6 Elliott Davis	JR	Susquehanna	48.55 3
7 Jackson Davis	JR	Williams	48.56 2
8 Douglas Knapp	SR	Cortland St.	48.64 1
9 Payton Stanziani	SR	Ursinus	48.70
10 Ryan Senf	SO	RIT	48.77
11 Zion Cheatham	FR	Cortland St.	48.81
12 Fabrice Saint Hillien	SO	Stevenson	48.82
13 Kyle Savino	SO	Stevens	49.08
14 Samael Milevoix	JR	Rowan	49.17
15 Jack Defeo	FR	RIT	49.22
16 Jarquil Young	SO	Rowan	49.28
17 Mitch Lienert	SR	Rochester	49.35
18 Charles Cypress	SO	Plattsburgh	49.37
19 James Coleman	JR	Rowan	49.39
20 Andrew O'Gorman	SR	Cortland St.	49.45
21 William Dickson	FR	Scranton	49.46
22 Jacob Hunter	FR	Misericordia	49.52
23 Samual Polley	SR	Springfield	49.55
24 El Hadji Iba Sy	SR	Sage	49.60
25 Jaylen Savage	SO	Nazareth	49.62
26 Trevor Albright	FR	Elizabethtow	49.89
27 David Adadjo	JR	Sage	49.91
28 Aidan Garafola	SO	Cortland St.	50.02

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Finals ... (Men 400 Meter Dash)

Name	Yr	School	Finals
29 Terrell Lockett	JR	Ramapo	50.38
--- Daniel Tabor	SR	Ursinus	DNS
--- Michael Durski	FR	Brockport St	DNS

Men 800 Meter Run

Meet Record: 1:48.72 M 2008 Peter Kosgei

Name	Yr	School	Finals
Finals			
1 Matthew Sheehan	JR	SUNY Geneseo	1:51.36 10
2 Sean Hendricks	JR	Rochester	1:52.88 8
3 Teddy Wilson	FR	Rowan	1:53.00 6
4 David Seel	FR	Muhlenberg	1:53.42 5
5 Bryan Friedel	SO	SUNY Geneseo	1:53.78 4
6 Kody Klein	JR	PSU-Behrend	1:54.50 3
7 Justin Kaufman	SR	Delaware Val	1:54.62 2
8 Leland Davies	SR	Carnegie Mel	1:55.09 1
9 Christian Rosado	JR	Ursinus	1:55.52
10 Chris Sappe	SO	Hood	1:56.06
11 Sean Miller	FR	Vassar	1:56.27
12 Josh Bedford	SO	RIT	1:56.53
13 Joseph deBeaumont	JR	Stockton	1:56.66
14 Damjan Dimitrovski	SO	Montclair St	1:56.81
15 Casey Frank	SR	Moravian	1:56.94
16 Nathan Horn	FR	Misericordia	1:57.20
17 Kajetan Leitner	JR	Stevens	1:58.01
18 Spencer Hahn	FR	Alvernia	1:58.80
19 Lucas Lattimer	FR	TCNJ	1:59.30
20 Jackson Coelho	SO	Colby	1:59.65
21 Timothy Lanahan	SR	Scranton	2:00.57
22 Hans Higgins	FR	Hartwick	2:04.59
--- Cameron Szabo	SR	Cortland St.	DNS
--- Julian Aske	FR	NYU	DNS

Men 1500 Meter Run

Meet Record: 3:47.65 M 5/19/2022 Aleksei Seletskiy

Name	Yr	School	Finals
Finals			
1 Matthew Short	FR	Carnegie Mel	3:53.57 10
2 Timothy Lanahan	SR	Scranton	3:54.13 8
3 Daniel Myers	JR	Elizabethtow	3:54.27 6
4 Scott Hubbard	SO	Rowan	3:54.36 5
5 Jacob Riley	JR	Rowan	3:54.83 4
6 Bryan Kerchner	SO	Moravian	3:54.99 3
7 Johannes Rivera	FR	Rowan	3:55.04 2
8 Brandon Baxter	SR	Elizabethtow	3:55.66 1
9 Daniel Jutras	SO	Stevens	3:56.16
10 Erik Ackerman	JR	Stockton	3:56.37
11 Nick Logan	SR	SUNY Coblesk	3:56.80
12 Ronnie Melao	JR	Stevens	3:56.84
13 Christian Snee	JR	Scranton	3:58.20
14 Ryan Pena	SO	Ramapo	3:59.32
15 Noah Bonesteel	JR	Plattsburgh	4:00.62
16 Benjamin Neff	JR	Union (N.Y.)	4:00.66

17 Colin McLaughlin	JR	Carnegie Mel	4:01.09
18 Hunter Brignall	SR	Cortland St.	4:01.66
19 Jorge Rocha	JR	NYU	4:01.74
20 Tim Patterson	SR	St. Vincent	4:02.60
21 Jake Aylmer	JR	Stevens	4:02.71
22 John Amenta	SR	SUNY Delhi	4:02.99
23 Sean Killip	JR	Brockport St	4:04.03
24 Jose Magana	JR	Vassar	4:04.24
25 Aiden Jackson	JR	St. Vincent	4:05.16
26 Roman Fabbriatore	SO	TCNJ	4:05.69
27 Brandon Chen	FR	TCNJ	4:06.44
28 Charles Alekson	JR	Union (N.Y.)	4:23.03

Men 5000 Meter Run

Meet Record: 14:34.09 M 1984 Marc Gosselin

Name	Yr	School	Finals
Finals			
1 Nicholas Lyndaker	SO	St. Lawrence	14:35.73 10
2 John Amenta	SR	SUNY Delhi	14:42.66 8
3 Michael Skutt	JR	St. Lawrence	14:44.71 6
4 Jacob Hsu	SR	Carnegie Mel	14:47.16 5
5 Kyle Gronau	JR	SUNY Geneseo	14:47.84 4
6 Miles Takiguchi	SR	Vassar	14:50.45 3
7 Charlie Wilson	JR	SUNY Geneseo	14:55.06 2
8 George Brady	SR	NYU	14:57.68 1
9 James Catania	JR	Rochester	14:57.81
10 Derick Koen	SO	RIT	14:59.98
11 James Hughes	JR	Ithaca	15:01.41
12 Joshua Cason	JR	Rowan	15:02.97
13 Giancarlo Vega	JR	Rowan	15:04.60
14 Emerson Comer	FR	SUNY Geneseo	15:06.42
15 Patrick Klinger	JR	Brockport St	15:11.23
16 Nick Bauman	JR	SUNY Geneseo	15:12.75
17 Tim Patterson	SR	St. Vincent	15:13.19
18 Nathan Bowers	SR	Nazareth	15:17.94
19 Nick Gaitanis	SR	Rochester	15:22.37
20 Colin Patterson	FR	Rowan	15:23.83
21 Evan Melito	FR	TCNJ	15:25.00
22 Ethan Billings	SR	St. John Fis	15:26.43
23 Matthew Fick	JR	Elizabethtow	15:27.64
24 Matthew Granizo	JR	TCNJ	15:28.37
25 Thomas Bricker	SO	Misericordia	15:32.53
26 Brian Micco	SR	TCNJ	15:34.70
27 Cole Kolodziej	JR	Rowan	15:41.15
28 Anthony Guarino	SO	TCNJ	15:48.36
29 Michael Rodriguez	JR	TCNJ	15:54.26
--- Owen Nahf	JR	Moravian	DNF
--- Jared Smith	JR	Brockport St	DNS

Men 10000 Meter Run

Meet Record: 30:25.80 M 1988 John Trowse

Name	Yr	School	Finals
Finals			
1 Matthew Porter	SR	Carnegie Mel	30:53.72 10
2 Stephen Rowley	JR	Misericordia	31:03.03 8

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Results

Finals ... (Men 10000 Meter Run)

Name	Yr	School	Finals
3 Shane Vostenak	JR	Rowan	31:24.75 6
4 Charlie Murphy	SR	Carnegie Mel	31:31.23 5
5 Caleb Kasper	SR	Houghton	31:37.28 4
6 Matthew Conway	JR	Rowan	31:42.36 3
7 Hayden Schindler	JR	Stevenson	31:52.98 2
8 Matthew Serrano	SO	St. Lawrence	31:56.78 1
9 Ryan Shulman	SO	Misericordia	32:06.91
10 Josh Mangini	SR	Moravian	32:09.59
11 Matt Santacoloma	SR	DeSales	32:19.00
12 Sam Tenebaum	JR	Stockton	32:20.21
13 Justin Thang	JR	SUNY Geneseo	32:26.54
14 Adam Abushanab	SR	Rutgers-Newa	32:29.78
15 Matthew Taylor	JR	St. Lawrence	32:36.80
16 Luke Roberts	SO	Grove City	32:40.40
17 Sean Hice	SO	Rowan	33:12.13
18 Christian Gingrich	SR	Elizabethtow	33:25.57
19 Gabriel Spanbauer	JR	SUNY Geneseo	33:27.09
20 JJ Montemaro	SO	Brockport St	33:32.24
21 John Balk Jr.	SR	Oneonta	33:32.89
22 Anthony Faust	SO	Rowan	33:54.76
23 Brady Sundin	SO	St. Vincent	33:56.55
24 Alfonso Knoll	SR	Franklin & M	34:12.54
--- Liam Concannon	JR	Stevens	DNF
--- Nathan Hajel	JR	Moravian	DNF
--- Matthew Coyle	JR	Carnegie Mel	DNS

Men 110 Meter Hurdles

Meet Record: 14.2h M 1992		Jeff York	
Name	Yr	School	Prelims

Preliminaries

1 Kwaku Nkrumah	SO	Rowan	M 14.20Q-0.8
2 Jason Agyemang	SO	Rowan	14.28Q-1.0
3 Marquise Young	SR	Rowan	14.39Q-1.7
4 Aaron Jones	SR	Cortland St.	14.64q -0.8
5 Jack Attali	FR	TCNJ	14.85q -1.7
6 Michael Anderson	FR	Springfield	14.94q -1.0
7 Anaias Hughes	SO	Rowan	14.94q -1.0
8 Brendan Style	JR	SUNY Geneseo	15.17q -1.7
9 Owen McGuffey	SO	Misericordia	15.21 -0.8
10 Connor McCauslin	SR	Nazareth	15.27 -0.8
11 Thomas Rich	SR	Carnegie Mel	15.28 -1.0
12 Sam Estherson	JR	DeSales	15.36 -0.8
13 Jason Bois	SO	Union (N.Y.)	15.38 -0.8
14 Daniel Murtha	JR	Lebanon Vall	15.41 -1.7
15 Levi Biery	SO	Colby	15.44 -1.0
16 Ezra Miller	JR	Susquehanna	15.45 -0.8
17 Sam McDonough	SR	Muhlenberg	15.59 -1.7
18 Jacen Mitchell	FR	RIT	15.64 -1.0
19 Joey Ciufo	SR	SUNY Delhi	15.74 -0.8
20 Kaleb Luton	SR	Nazareth	16.05 -1.7
21 Kadan Smith	JR	Lebanon Vall	16.17 -1.0
22 Zorion Ferreira	FR	Ursinus	16.34 -1.7

Men 110 Meter Hurdles

Meet Record: 14.2h M 1992		Jeff York	
Name	Yr	School	Finals
Finals			
1 Kwaku Nkrumah	SO	Rowan	14.00M 10
2 Marquise Young	SR	Rowan	14.05M 8
3 Jason Agyemang	SO	Rowan	14.12M 6
4 Anaias Hughes	SO	Rowan	14.31 5
5 Aaron Jones	SR	Cortland St.	14.62 4
6 Jack Attali	FR	TCNJ	14.77 3
7 Michael Anderson	FR	Springfield	15.43 2
--- Brendan Style	JR	SUNY Geneseo	FS 1.0

Men 400 Meter Hurdles

Meet Record: 50.95 M 5/17/2018		Peter Girardi	
Name	Yr	School	Finals
Finals			
1 Lance Jensen	JR	SUNY Geneseo	52.00 10
2 Nicholas Razzo	JR	Rowan	52.99 8
3 Ben Bulger	JR	Susquehanna	53.09 6
4 Max Stein	JR	RIT	53.17 5
5 Andrew McGovern	SR	Carnegie Mel	53.29 4
6 Ayden Grinion	SO	Brockport St	53.95 3
7 Zachary Reed	SR	Lebanon Vall	54.30 2
8 Brandon Zimmerman	JR	Susquehanna	54.39 1
9 Devon Greaves	JR	Ursinus	54.41
10 Sam Belmont	FR	SUNY Geneseo	54.41
11 Samuel Agbessi	FR	Rowan	54.54
12 Brendan Style	JR	SUNY Geneseo	54.57
13 Charles Foote	SO	SUNY Coblesk	54.65
14 Andrew Mark	FR	Rutgers-Newa	55.34
15 Austin Garske	SR	Cortland St.	55.41
16 Nathaniel Adams	FR	TCNJ	55.52
17 Brandon Root	JR	Cortland St.	55.60
18 John Ruggio	SR	St. John Fis	55.65
19 Kyle Dube	SR	Colby	55.85
20 Samuel Aladegbounge	JR	Farmingdale	56.26
21 Shaun Apsley	FR	York (Pa.)	56.32
22 Matthew Suero	JR	Ramapo	57.51
23 Caleb Clarke	SR	SUNY Geneseo	58.53
--- Anthony Kamenski	SR	Westminster	DNF
--- Marquise Young	SR	Rowan	DNS

Men 3000 Meter Steeplechase

Meet Record: 9:00.82 M 2011		Brian Lang	
Name	Yr	School	Finals
Finals			
1 Alex Hillyard	JR	SUNY Geneseo	8:59.31M 10
2 Cade Eells	JR	Nazareth	9:03.01 8
3 Pierce Young	FR	SUNY Geneseo	9:13.38 6
4 Bennett Melita	FR	Utica	9:15.03 5
5 David Durdaller	SR	Carnegie Mel	9:24.92 4
6 Jonthomas Bierman	SR	Oneonta	9:27.38 3
7 John Quinn	FR	Hamilton	9:29.93 2

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Results

Finals ... (Men 3000 Meter Steeplechase)

Name	Yr	School	Finals	
8 Michael Singley	SO	Grove City	9:33.69	1
9 Aidan Mayer	SR	Vassar	9:33.71	
10 Ethan Kenyon	JR	Nazareth	9:40.00	
11 Donald Miller	SO	Lebanon Vall	9:41.39	
12 Eric Shelton	JR	Lebanon Vall	9:44.01	
13 Caleb Clevenger	JR	Rowan	9:45.74	
14 Patrick Russell	SO	St. Lawrence	9:46.97	
15 Aidan Domencic	SR	PSU-Behrend	9:50.92	
16 Chris Schimkus	FR	Oneonta	9:52.19	
17 Daniel Squicciarini	JR	Stockton	9:57.07	
18 Matthew Mullen	JR	Cortland St.	9:57.89	
19 Tyler Hunt	JR	York (Pa.)	10:03.01	
20 Patrick Bierach	SR	Ithaca	10:06.37	
--- Dillion VanDemortel	SR	Brockport St	DNF	
--- Nolan Goldthwaite	SO	Rochester	DNS	
--- Ronnie Melao	JR	Stevens	DNS	

Men 4x100 Meter Relay

Meet Record: 40.37 M 5/17/2023 Rowan

S Love, J Beasley, N Agyemang, E Corcoran

Team	Relay	Finals	
Finals			
1 SUNY Delhi		40.91	10
1) Deron Davis SO	2) Josh Jeffes JR		
3) Cristhian Cuevas SO	4) Dayzin Legare FR		
2 Springfield		41.63	8
1) Anik Dole SR	2) Dante Lingley JR		
3) Anthony Penta SR	4) Seth Regan SR		
3 Susquehanna		41.66	6
1) Dominic Santos FR	2) Mason Winslow FR		
3) Austin Hurrell SO	4) Brandon Zimmerman JR		
4 DeSales		41.79	5
1) Colin Marsh FR	2) Kyle Dunbar SR		
3) Vajon Wilson SR	4) Logan Berner SR		
5 Union (N.Y.)		41.94	4
1) Sakyi Okwaning FR	2) Ryan Hilliard JR		
3) Aaron Binion FR	4) Sam Ahern JR		
6 Misericordia		42.01	3
1) Dylan Blackwell SO	2) Richard Billings FR		
3) Jacob Hunter FR	4) Jarod Cipriano SR		
7 Moravian		42.10	2
1) Jacob Fenstermaker SO	2) Trevor Gray JR		
3) Owen Sabastro JR	4) Javon McKay FR		
8 Colby		42.15	1
1) Henry Riley FR	2) Ren Zanze JR		
3) Peter Martel JR	4) Terrel Hood-Simeon FR		
9 RIT		42.35	
1) Tucker Haluszczak FR	2) Max Stein JR		
3) Michael Sardo SO	4) Jonathan Jacobs JR		
10 Rochester		42.40	
1) Manny Eribo JR	2) Mitch Lienert SR		
3) P.J. London JR	4) Evan Bryant FR		

11 Utica	42.41
1) Nyles Rogers JR	2) Andrew Hadasz SR
3) Connor Dean FR	4) Ethan Kain SR
12 Hamilton	42.43
1) Michael Ngaw JR	2) Peter Cuomo SR
3) Saleh Eltayeb SR	4) Nicholas Obregon FR
13 Elizabethtown	42.52
1) Ashton Fasig FR	2) Myron Holland JR
3) Simon Burleson SR	4) Matthew Lamb SO
14 Oswego State	42.72
1) Aidan Harrington SR	2) Dan Mars SO
3) Jack Hickey JR	4) Mathew Broadnax SR
15 Stockton	42.74
1) Marcellus Malloy FR	2) Anthony McCullough FR
3) Carson Latham JR	4) Eduardo Ruiz-Guiseppi SO
16 Oneonta	42.75
1) Eric Nieves SR	2) Joshua Jerome JR
3) Nick Darrigo SO	4) Chris Ganley SR
17 Stevens	42.82
1) Tyler Hackett FR	2) George Maroun FR
3) Connor Robinson SO	4) Kyle Savino SO
18 Montclair State	42.90
1) Anthony Holmes SO	2) Nicholas Schaffer SO
3) Daniel Alsina FR	4) Keyshawn Dixon JR
19 Ramapo	42.92
1) Terrell Lockett JR	2) Logan Natale FR
3) Matthew Suero JR	4) Brandon Balcacer JR
20 Grove City	42.97
1) Gabe Dunlap SR	2) Gregory Wilson SO
3) Tyler Eagan SR	4) Alexander Mitchell SO
21 Brockport St.	43.00
1) Judson Delany SO	2) Derek Grimshaw FR
3) Jason Swanson FR	4) Hammad Malik FR
22 Lebanon Valley	43.03
1) Donovan Goundie SO	2) Alex Sabo SR
3) Owen Linder JR	4) Colin Winters FR
23 St. John Fisher	43.34
1) Brady Bishop JR	2) Brock Young SO
3) Ethan Fox SO	4) Trenton Wynn SR
24 Marymount (Va.)	43.39
1) Malachi Williams JR	2) Samuel Struggs SO
3) Cadyn Johnson FR	4) Reuben McEachern FR
25 Westminster (Pa.)	43.45
1) Anthony Kamenski SR	2) Matthew Essay FR
3) Jake Mull FR	4) Ryan Beard SR
26 Ithaca	43.61
1) Alex Boreland FR	2) Sean (Cj) Jones SO
3) Jake Dembrow FR	4) George Nilson FR
27 St. Mary's (Md.)	44.46
1) Jaedon Aso SO	2) Ty Tindal FR
3) Mason Layne FR	4) Kirby Obi JR
--- PSU-Behrend	DNF
1) Jake Walden SO	2) Marshall Nock SO
3) Odis Florence FR	4) Jake Egizio FR

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Results

Finals ... (Men 4x100 Meter Relay)

Team	Relay	Finals
---	Rowan	DNF
1)	Eli Hendricks FR	2) Robert McKinney JR
3)	Shamar Love JR	4) Nana Agyemang JR

Men 4x400 Meter Relay

Meet Record: 3:12.12 M 5/17/2023 Cortland St.

A Jones, C Goring, H Gavalas, D Knapp

Team	Relay	Finals
Finals		
1	Ursinus	3:12.42 10
1)	Aiden Tobin SO	2) Collin Ney JR
3)	Daniel Tabor SR	4) Payton Stanziani SR
2	Brockport St.	3:13.25 8
1)	Michael Durski FR	2) Craig Duffy SR
3)	Ayden Grinion SO	4) Jacob Miller SO
3	SUNY Geneseo	3:14.02 6
1)	Daniel Blae-Prince FR	2) Matthew Sheehan JR
3)	Sam Belmont FR	4) Lance Jensen JR
4	Colby	3:15.97 5
1)	Raghav Kadambi SR	2) Peter Martel JR
3)	Jackson Coelho SO	4) Ren Zanze JR
5	RIT	3:16.57 4
1)	Ryan Senf SO	2) Michael Sardo SO
3)	Josh Bedford SO	4) Jack Defeo FR
6	Rowan	3:16.79 3
1)	James Coleman JR	2) Jarquil Young SO
3)	Teddy Wilson FR	4) Samael Milevoix JR
7	Susquehanna	3:20.11 2
1)	Brandon Zimmerman JR	2) Mason Winslow FR
3)	Kareem Beck JR	4) Elliott Davis JR
8	Oswego State	3:20.69 1
1)	Dan Mars SO	2) Aidan Harrington SR
3)	Jack Hickey JR	4) Mathew Broadnax SR
9	Springfield	3:21.13
1)	Michael Anderson FR	2) Samuel Polley SR
3)	Tyler Fabbri SO	4) Colin Hansen FR
10	Delaware Valley	3:22.01
1)	Brody Troy FR	2) Caleb Messenger SO
3)	Matt O'Dunlami JR	4) Justin Kaufman SR
11	Farmingdale St.	3:22.41
1)	Samuel Aladegbougbe JR	2) Isaiah Harrilal FR
3)	Mathew Latimer FR	4) Tristan Socias SO
12	Montclair State	3:22.80
1)	Daniel Alsina FR	2) Anthony Holmes SO
3)	Damjan Dimitrovski SO	4) Nicholas Schaffer SO
13	St. Lawrence	3:23.36
1)	Kristofer Mellor SO	2) Shifan Shaffe JR
3)	Caleb Young FR	4) Leif Harvey JR
14	Hood	3:23.58
1)	Juan Carlos Barberena FR	2) Owen Ellington JR
3)	Chris Sappe SO	4) Jamel Mins JR

15	Nazareth	3:23.99
1)	Mike Welch SR	2) Gavin McAllister SO
3)	Jaylen Savage SO	4) Jack Healy FR
16	Stockton	3:24.91
1)	Marcellus Malloy FR	2) Darnell Cartwright FR
3)	Joseph deBeaumont JR	4) Santana Wittenburg JR
17	Union (N.Y.)	3:26.87
1)	Aaron Binion FR	2) Jackson Klehr FR
3)	Aidan Savitt SO	4) Ryan Hilliard JR
18	Stevenson	3:27.60
1)	Alexander Reimert SO	2) Conner Hall SO
3)	Dominic Snipes SR	4) Fabrice Saint Hillien SO
19	SUNY Delhi	3:29.70
1)	Ryan Swinea FR	2) Sam Lees JR
3)	JamesMichael Vizzari FR	4) Cristhian Cuevas SO
20	Medgar Evers	3:39.77
1)	Isaac Akindipe FR	2) Jahiem Johnson FR
3)	Chrisnel Nicolas JR	4) Rupert Luard-Charles FR

Men 4x800 Meter Relay

Meet Record: 7:39.69 M 2008 St. Lawrence

Team	Relay	Finals
Finals		
1	Ursinus	7:48.43 10
1)	David Kenny JR	2) Paul Faggioli JR
3)	Liam Johnston SO	4) Tucker McGrath JR
2	Rowan	7:53.17 8
1)	Johannes Rivera FR	2) Tyler Greene JR
3)	Scott Hubbard SO	4) Teddy Wilson FR
3	Elizabethtown	7:56.66 6
1)	Carson Wiley JR	2) Grant Kuhn SR
3)	Daniel Myers JR	4) Brandon Baxter SR
4	Cortland St.	7:58.93 5
1)	Jack Bisbee FR	2) Matthew Mullen JR
3)	Hector Ramos FR	4) Hunter Brignall SR
5	SUNY Geneseo	7:59.79 4
1)	Bryan Friedel SO	2) Nick Bauman JR
3)	Pierce Young FR	4) Tim Sheahan FR
6	PSU-Behrend	7:59.98 3
1)	Nicolin Pierce FR	2) Aidan Reinsel SO
3)	Aiden Seeman SO	4) Kody Klein JR
7	Utica	8:02.57 2
1)	Tristan Vargo JR	2) Evan Smith FR
3)	Forest Martin FR	4) Eddy Corporan FR
8	Ramapo	8:03.95 1
1)	Michael Mohr SR	2) Saim Syed SO
3)	Ryan Scully SR	4) Anthony Bertollo SR
9	Nazareth	8:04.32
1)	Cole Hastings FR	2) Joe Cataldo SO
3)	Kenny Williams SR	4) Gavin McAllister SO
10	Union (N.Y.)	8:06.02
1)	Bretton Garrick FR	2) Benjamin Neff JR
3)	Ben Trantarella JR	4) Charles Alekson JR

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Finals ... (Men 4x800 Meter Relay)			
Team	Relay	Finals	
11 Stevens		8:06.02	
1) Kajetan Leitner JR	2) Andrew Donahue JR		
3) Ronnie Melao JR	4) Jake Aylmer JR		
12 Susquehanna		8:07.67	
1) Kareem Beck JR	2) TJ Grenda JR		
3) Evander Lackman FR	4) Josh Kimotho JR		
13 St. John Fisher		8:08.38	
1) Myles Andersen SR	2) Nate Kulp JR		
3) Jace Stuart FR	4) Riley Nash JR		
14 Moravian		8:12.47	
1) Bryan Kerchner SO	2) Geoffrey Kleinberg JR		
3) Paul Petre SR	4) Casey Frank SR		
15 Grove City		8:15.29	
1) Isaac Busler SO	2) Nicolas Mady SR		
3) Will Herman JR	4) Isaac Young SO		
16 Colby		8:17.13	
1) Sam Graubart FR	2) Hayden Bailey JR		
3) John Silberman SR	4) Ben Martin FR		
17 Brockport St.		8:17.27	
1) Sean Killip JR	2) Patrick Klinger JR		
3) JJ Montemaro SO	4) Owen Arbocus FR		
18 St. Lawrence		8:20.73	
1) Tye Royal JR	2) Henry Baker JR		
3) Christopher O'Donnell JR	4) Leif Harvey JR		
19 Westminster (Pa.)		8:22.46	
1) Ryan Armstrong SR	2) Dalton Koehler FR		
3) Dane Fasick JR	4) Dennis Jones FR		
20 Alfred		8:23.72	
1) Kevin Flint JR	2) Jacob Taylor FR		
3) Max Rasilla JR	4) Finnegan Dean SO		
21 New Jersey City		8:26.11	
1) Adnan Kpodo SR	2) Jaime Tlatelpa SR		
3) Pratt Charles SO	4) Topu Saha SR		
22 Ithaca		8:26.41	
1) Ben Buffone SO	2) Adam Mocho SO		
3) Chris Licata JR	4) Carter Rothwell SO		
23 Hood		8:40.10	
1) Owen Ellington JR	2) Juan Carlos Barberena FR		
3) Warren Hersh FR	4) Chris Sappe SO		
--- Vassar		DNS	
1) Sean Miller FR	2) Aidan Mayer SR		
3) Miles Takiguchi SR	4) Jose Magana JR		

Men High Jump				
Meet Record:	2.24m M 1985	Kym Orr		
Name	Yr	School	Finals	
Finals				
1 Jack Reichenbach	SR	Muhlenberg	2.08m	10
2 Jamile Gantt	FR	Rowan	2.06m	8
3 Jalani Joseph	FR	Montclair St	1.98m	6
4 Damarion Potts	FR	Rowan	1.98m	4.5
4 Malik Hedges	JR	Elizabethtow	1.98m	4.5
6 Bryce Ellinger	SR	Susquehanna	1.98m	3

7 Derek Hillhouse	SO	PSU-Behrend	1.93m	2
8 Aadit Jain	SO	Rochester	1.93m	1
9 Anthony Lanteigne	FR	Rowan	1.93m	
10 Samuel Hetrick	JR	PSU-Behrend	1.88m	
10 Arrington Rhym	FR	Rowan	1.88m	
12 Daniel Hyde	SO	Springfield	1.88m	
13 Kaiden McCaskill	SO	Utica	1.88m	
14 Jamil Manu	SO	Springfield	1.88m	
15 Jerome Luckey	SO	Moravian	1.83m	
15 Harryson Bellevue	FR	Hood	1.83m	
17 Adonis McGee	JR	Rowan	1.83m	
17 Erich Brown	FR	RIT	1.83m	
--- Sean Cochrane	SR	St. John Fis	NH	

Men Pole Vault				
Meet Record:	5.08m M 5/17/2023	Dominic Mikula		
Name	Yr	School	Finals	
Finals				
1 Nicholas Lourenco	SO	Farmingdale	4.83m	10
2 Isaiah Blatt	SR	Susquehanna	4.83m	8
3 Dominic Mikula	SR	Ithaca	4.68m	6
4 Peter Martel	JR	Colby	4.68m	5
5 Christian Duckworth	SO	Carnegie Mel	4.68m	3.5
5 Chris Kaszynski	JR	Buffalo Stat	4.68m	3.5
7 Brendan Sheehan	SR	Ithaca	4.53m	2
8 Ryan Handron	FR	Carnegie Mel	4.53m	1
9 Solomon Glavach	FR	Carnegie Mel	4.53m	
10 Tyler Raimondi	SO	Rowan	4.38m	
11 Jason Bletsko	SO	Nazareth	4.38m	
12 Hayden Penna	FR	St. John Fis	4.38m	
13 Daniel Reinhart	FR	Brockport St	4.38m	
14 Chris Filatov	SR	SUNY Delhi	4.23m	
15 Owen Fogarty	SR	Montclair St	4.23m	
--- Myles Thornton-Sherman	JR	Colby	NH	
--- Parker Weigel	FR	Stevenson	NH	
--- Grant Miller	FR	Allegheny	NH	
--- Memphis Lohnes	JR	Brockport St	NH	
--- John Robinson	FR	Rowan	NH	
--- Cody Reeth	SO	Rochester	NH	
--- Ryan Festa	JR	PSU-Behrend	DNS	

Men Long Jump				
Meet Record:	7.55m M 5/16/2019	George Alexandris		
Name	Yr	School	Finals	
Finals				
1 Bryan Jacobs	JR	SUNY Geneseo	7.28m	10
2 Nana Agyemang	JR	Rowan	7.23m	8
3 Matthieu Brunelle	JR	Misericordia	7.18m	6
4 Austin Hurrell	SO	Susquehanna	7.14m	5
5 Jack Reichenbach	SR	Muhlenberg	7.07m	4
6 Cole Goodman	JR	Rochester	7.06m	3
7 Keith Green III	SR	Susquehanna	7.05m	2
8 Kyle Lane	SR	Rochester	6.91m	1
9 Aidan Masten	SR	Plattsburgh	6.85m	-0.9
10 Manny Eribo	JR	Rochester	6.78m	+0.0

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Finals ... (Men Long Jump)

Name	Yr	School	Finals
11 Peter Cuomo	SR	Hamilton	6.72m -0.9
12 Kai Messmer	FR	Buffalo Stat	6.70m +0.0
13 Saleh Eltayeb	SR	Hamilton	6.64m -0.4
14 Patrick Dahm	FR	Springfield	6.57m -0.1
15 Thomas Rich	SR	Carnegie Mel	6.41m -0.2
16 Zion Baitey	FR	Alfred	6.34m +0.0
17 Jovany Philippe	JR	Farmingdale	6.31m -1.4
18 Roland Zanger	JR	Cortland St.	6.19m +0.0
19 Aden Alexander	SO	Alfred State	5.84m -0.8
--- Sidney Walker	SR	DeSales	DNS NWI

Men Triple Jump

Meet Record: 15.28m M 1971 Randy Smith

Name	Yr	School	Finals
Finals			
1 Amarian Hughes	SR	Cortland St.	14.81m 10
2 Keith Green III	SR	Susquehanna	14.27m 8
3 Daniel Bamfo	SO	Farmingdale	14.18m 6
4 Joshua Justin	FR	Rowan	14.15m 5
5 Beck Deeny	JR	Montclair St	14.09m 4
6 Nick Petucci	SO	Grove City	13.95m 3
7 Jackson Mabry	JR	Susquehanna	13.84m 2
8 Jeremy Bertolet	SR	Williams	13.76m 1
9 Trevone Green	JR	Stockton	13.69m 0.3
10 Zion Baitey	FR	Alfred	13.57m 0.1
11 Kyle Lane	SR	Rochester	13.55m 1.6
12 Nishad Sankar	FR	NYU	13.54m +0.0
13 Hayden Erick	FR	Cortland St.	13.48m 0.2
14 Max Broadbent	FR	Muhlenberg	13.41m -0.8
15 Avery Belanger	SO	Houghton	13.35m 0.3
16 Joshua Jerome	JR	Oneonta	13.21m 0.1
17 Joseph Smith	FR	Rochester	12.96m 0.1
18 Daniel McGlashan	SO	Springfield	12.71m 1.7
19 Kai Messmer	FR	Buffalo Stat	12.69m 0.1
20 Thomas Herberger	FR	SUNY Coblesk	12.58m 1.0
--- Tyler Eagan	SR	Grove City	FOUL
--- Jabez Thomas	JR	Montclair St	FOUL
--- Sam Lorenzetti	JR	Rochester	DNS NWI

Men Shot Put

Meet Record: 18.01m M 5/20/2021 Bram Miller

Name	Yr	School	Finals
Finals			
1 Hunter Logan	JR	Utica	16.90m 10
2 Andrew Mott	SR	York (Pa.)	16.62m 8
3 Timaull Williams	SR	Rutgers-Newa	15.99m 6
4 Samuel Alligood	SO	Carnegie Mel	15.93m 5
5 Isaiah Brunache	SO	Cortland St.	15.88m 4
6 Nicholas Larocque	SR	Cortland St.	15.43m 3
7 Alex Rood	JR	Brockport St	15.31m 2
8 Tom Wood	JR	Ursinus	15.24m 1
9 Antonio Faraone	SO	PSU-Behrend	14.97m
10 Josh Caudill	SO	Rowan	14.83m

11 Alex Cotton	SO	PSU-Behrend	14.67m
12 Christian Farhat	FR	TCNJ	14.66m
13 Xzavier Goodman	FR	Buffalo Stat	14.62m
14 Brandon Perot	JR	Delaware Val	14.42m
15 Jason Marincic	SR	Brockport St	14.30m
16 Ryan Lenhart	JR	Grove City	14.27m
17 Nathan Williams	JR	Stevenson	14.26m
18 Harrison Sharp	SR	York (Pa.)	14.18m
19 Kyle Crown	FR	Westminster	14.12m
20 John Griffith	SR	Montclair St	13.95m
21 Vincent Zheng	SR	Oneonta	13.88m
22 Stephen Daramola	JR	TCNJ	13.83m
23 Alexander Witmer	FR	Alvernia	13.80m
24 George Agyei-Sam	JR	TCNJ	13.69m
25 Cole Goodwin	SO	Susquehanna	13.64m
26 Zachary Jaworski	JR	St. Lawrence	13.46m
27 Ethan Beer	FR	Rochester	13.34m
28 Thomas Burek	JR	Cortland St.	13.26m
29 Jeremy Goll	SR	Moravian	12.92m
--- Bailey O'Malley	SR	Carnegie Mel	FOUL

Men Discus Throw

Meet Record: 53.42m M 5/17/2023 Andrew Mott

Name	Yr	School	Finals
Finals			
1 Timaull Williams	SR	Rutgers-Newa	55.12mM 10
2 Dan Dabrowski	JR	PSU-Behrend	52.26m 8
3 Stephen Daramola	JR	TCNJ	51.62m 6
4 Isaiah Brunache	SO	Cortland St.	51.31m 5
5 Nathan Williams	JR	Stevenson	51.07m 4
6 Samuel Alligood	SO	Carnegie Mel	49.65m 3
7 Ryan Lenhart	JR	Grove City	48.68m 2
8 Nick Kaires	JR	Cortland St.	48.16m 1
9 Ian Bain	JR	Rowan	47.62m
10 Dominic Cervellera	SO	Buffalo Stat	46.50m
11 Chase Shaneman	JR	Ursinus	46.42m
12 Tyler Hauk	SR	Susquehanna	46.25m
13 Elliott Walter	SO	RIT	45.13m
14 Harrison Sharp	SR	York (Pa.)	44.54m
15 Anthony Morillo	FR	Moravian	44.43m
16 Sawyer Eckberg	SO	Oneonta	44.22m
17 Dylan DeMagistris	SR	Muhlenberg	44.22m
18 Andrew Mott	SR	York (Pa.)	44.13m
19 Krish Patel	JR	Rowan	44.10m
20 JD Black	SR	Grove City	44.04m
21 Jason Marincic	SR	Brockport St	43.99m
22 Jordan Johnson	JR	Rochester	43.90m
23 Tim King	SR	Moravian	43.50m
24 Cole Goodwin	SO	Susquehanna	43.27m
25 Ethan Beer	FR	Rochester	42.64m
26 John Griffith	SR	Montclair St	42.42m
27 Brandon Perot	JR	Delaware Val	41.26m
28 Alexander Witmer	FR	Alvernia	39.69m
29 Nick Bordovsky	SO	York (Pa.)	39.29m
--- Thomas Rich	SR	Carnegie Mel	FOUL

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Men Hammer Throw

Meet Record: 62.84m M 5/18/2023 Alex Kristeller

Name	Yr	School	Finals
Finals			
1 Nathan Williams	JR	Stevenson	63.92mM 10
2 Mitchell Makowski	SR	Cortland St.	58.45m 8
3 Timaull Williams	SR	Rutgers-Newa	56.15m 6
4 Nolan Ragland	SR	Rochester	55.42m 5
5 Evan Collette	FR	Cortland St.	54.87m 4
6 Antwan Kelly	SR	Utica	54.52m 3
7 Matthew Jackson	SR	Brockport St	54.38m 2
8 Brandon Kaplan	SO	St. John Fis	54.25m 1
9 Jordan Johnson	JR	Rochester	53.96m
10 Will Bramley	JR	Franklin & M	53.56m
11 Nick Kaires	JR	Cortland St.	52.98m
12 Stephen Gihl	SO	Misericordia	52.02m
13 Aidan Hughes	SR	RIT	51.89m
14 Isaiah Brunache	SO	Cortland St.	51.72m
15 Zachary Jaworski	JR	St. Lawrence	50.80m
16 Jack Bickford	SR	St. John Fis	49.22m
17 Sebastian Pross	SR	Ramapo	49.20m
18 Trey Reynolds	SR	Lebanon Vall	48.85m
19 Xzavier Goodman	FR	Buffalo Stat	48.66m
20 John Griffith	SR	Montclair St	48.45m
21 Marco Alteri	JR	Oneonta	48.39m
22 Spencer Borghardt	SO	Utica	48.08m
23 Jonathan Eudja	SO	DeSales	47.89m
24 Tim King	SR	Moravian	47.32m
25 Josh Auler	JR	RIT	46.25m
26 Mark Brown	SR	Utica	45.51m
27 James Olson	JR	SUNY Delhi	43.82m
28 Dylan DeMagistris	SR	Muhlenberg	38.71m

Men Javelin Throw

Meet Record: 62.95m M 2005 James Motzkin

Name	Yr	School	Finals
Finals			
1 Noel House	SR	Muhlenberg	60.51m 10
2 Derek Armfield	FR	Carnegie Mel	60.09m 8
3 Justin Kolpan	FR	Franklin & M	58.69m 6
4 Nicholas Guerieri	FR	Lebanon Vall	57.93m 5
5 Andrew Bernacki	SR	RIT	56.15m 4
6 Matt Laslavic	JR	PSU-Behrend	55.47m 3
7 Jacob Bono	FR	York (Pa.)	54.71m 2
8 Mason Lang	SO	Union (N.Y.)	54.20m 1
9 Jack Simack	JR	St. Lawrence	52.81m
10 Ethan Wiley	SO	Grove City	52.48m
11 Nicholas Franceschelli	FR	Scranton	52.44m
12 Ethan Jones	FR	York (Pa.)	51.61m
13 Keenan Gosselin	FR	RIT	50.81m
14 Gabe Dunlap	SR	Grove City	50.81m
15 Alexander Bogues	JR	TCNJ	50.59m
16 Aiden Grieneisen	FR	PSU-Behrend	49.91m
17 Thomas Martin	SO	Cortland St.	49.13m

18 Alex Bassler	SO	Delaware Val	48.53m
19 Chris Diem	JR	Buffalo Stat	48.37m
20 Brett Patmore	SR	SUNY Geneseo	48.33m
21 Gabe Dayon	FR	Montclair St	48.17m
22 Travis Brown	SR	Springfield	48.05m
23 JD Black	SR	Grove City	48.01m
24 Christopher Griffin	FR	Stockton	48.01m
25 Douglas Knapp	SR	Cortland St.	47.70m
26 Tyler Eagan	SR	Grove City	47.47m
27 Cliff Biehl	SR	Oneonta	47.38m
28 Zajans Crapo	JR	Rochester	47.34m
29 Dustin Stoetzel	SO	Franklin & M	46.77m
30 Nicholas Entner	SO	Union (N.Y.)	45.14m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Aaron Moon	JR	Allegheny	11.18 821
2 Jack Pomykaj	SO	Nazareth	11.23 810
3 Gabe Giannini	FR	Brockport St	11.24 808
4 Charles Montross	FR	Susquehanna	11.43 767
5 Gabe Thyne	JR	Rochester	11.44 765
6 Ashton Tokarski	FR	Rochester	11.51 750
7 John Anderson	FR	Cortland St.	11.56 740
8 Jayvee Dumas	SO	TCNJ	11.59 734
9 Brandon Kiefer	SO	Stevens	11.66 719
10 Noah McKibben	SO	Ithaca	11.68 715
11 Tyler Miller	JR	Brockport St	11.73 705
12 Aeden Angelone	SR	Rochester	11.86 679
13 Kevin Lu-Chua	FR	Stockton	12.07 637
14 Aaron Lund	SO	Nazareth	12.07 637

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Gabe Thyne	JR	Rochester	49.10 857
2 Gabe Giannini	FR	Brockport St	51.69 738
3 Jack Pomykaj	SO	Nazareth	51.85 731
4 Noah McKibben	SO	Ithaca	52.50 703
5 Aaron Lund	SO	Nazareth	52.57 700
6 Jayvee Dumas	SO	TCNJ	53.02 681
7 Aaron Moon	JR	Allegheny	53.20 673
8 Ashton Tokarski	FR	Rochester	53.99 640
9 Kevin Lu-Chua	FR	Stockton	54.45 621
10 John Anderson	FR	Cortland St.	55.75 569
11 Charles Montross	FR	Susquehanna	56.02 558
--- Tyler Miller	JR	Brockport St	DNS
--- Aeden Angelone	SR	Rochester	DNS
--- Brandon Kiefer	SO	Stevens	DNS

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Gabe Thyne	JR	Rochester	4:41.73 669
2 Aaron Lund	SO	Nazareth	4:54.20 594

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Finals ... (Decathlon: #10 Men 1500 Meter Run Decathlon)

Name	Yr	School	Finals	
3 Jack Pomykaj	SO	Nazareth	4:56.64	579
4 Ashton Tokarski	FR	Rochester	5:00.71	556
5 Noah McKibben	SO	Ithaca	5:05.96	526
6 Aaron Moon	JR	Allegheny	5:09.48	506
7 Kevin Lu-Chua	FR	Stockton	5:12.49	490
8 Jayvee Dumas	SO	TCNJ	5:19.87	451
9 John Anderson	FR	Cortland St.	5:21.26	443
10 Gabe Giannini	FR	Brockport St	5:21.35	443
11 Charles Montross	FR	Susquehanna	5:56.40	279
--- Aeden Angelone	SR	Rochester	DNS	
--- Brandon Kiefer	SO	Stevens	DNS	
--- Tyler Miller	JR	Brockport St	DNS	

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals	
1 Charles Montross	FR	Susquehanna	15.66	772
2 Gabe Thyne	JR	Rochester	15.69	768
3 John Anderson	FR	Cortland St.	15.91	743
4 Jayvee Dumas	SO	TCNJ	16.29	700
5 Jack Pomykaj	SO	Nazareth	16.36	693
6 Aaron Moon	JR	Allegheny	16.47	681
7 Gabe Giannini	FR	Brockport St	16.83	642
8 Noah McKibben	SO	Ithaca	17.28	595
9 Aaron Lund	SO	Nazareth	17.38	585
10 Ashton Tokarski	FR	Rochester	17.94	530
11 Kevin Lu-Chua	FR	Stockton	19.15	419
--- Brandon Kiefer	SO	Stevens	DNS	NWI
--- Aeden Angelone	SR	Rochester	DNS	NWI
--- Tyler Miller	JR	Brockport St	DNS	NWI

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals	
1 Aaron Moon	JR	Allegheny	1.89m	705
2 Gabe Giannini	FR	Brockport St	1.86m	679
3 Gabe Thyne	JR	Rochester	1.83m	653
4 Charles Montross	FR	Susquehanna	1.77m	602
4 Jayvee Dumas	SO	TCNJ	1.77m	602
6 John Anderson	FR	Cortland St.	1.68m	528
6 Jack Pomykaj	SO	Nazareth	1.68m	528
6 Ashton Tokarski	FR	Rochester	1.68m	528
9 Brandon Kiefer	SO	Stevens	1.65m	504
9 Noah McKibben	SO	Ithaca	1.65m	504
9 Kevin Lu-Chua	FR	Stockton	1.65m	504
12 Aaron Lund	SO	Nazareth	1.62m	480
--- Tyler Miller	JR	Brockport St	NH	
--- Aeden Angelone	SR	Rochester	DNS	

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals	
1 Jack Pomykaj	SO	Nazareth	4.40m	731

2 Gabe Giannini	FR	Brockport St	4.30m	702
2 Jayvee Dumas	SO	TCNJ	4.30m	702
4 John Anderson	FR	Cortland St.	3.80m	562
5 Aaron Moon	JR	Allegheny	3.70m	535
6 Gabe Thyne	JR	Rochester	3.50m	482
7 Aaron Lund	SO	Nazareth	3.30m	431
8 Ashton Tokarski	FR	Rochester	3.20m	406
8 Noah McKibben	SO	Ithaca	3.20m	406
10 Charles Montross	FR	Susquehanna	3.10m	381
11 Kevin Lu-Chua	FR	Stockton	3.00m	357
--- Tyler Miller	JR	Brockport St	DNS	
--- Aeden Angelone	SR	Rochester	DNS	
--- Brandon Kiefer	SO	Stevens	DNS	

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals	
1 Aaron Moon	JR	Allegheny	7.10m	838
2 Gabe Giannini	FR	Brockport St	6.87m	783
3 Charles Montross	FR	Susquehanna	6.85m	778
4 Jack Pomykaj	SO	Nazareth	6.53m	704
5 Brandon Kiefer	SO	Stevens	6.41m	677
6 Aaron Lund	SO	Nazareth	6.35m	664
7 Noah McKibben	SO	Ithaca	6.29m	650
8 Kevin Lu-Chua	FR	Stockton	6.28m	648
8 Gabe Thyne	JR	Rochester	6.28m	648
10 John Anderson	FR	Cortland St.	6.19m	628
11 Ashton Tokarski	FR	Rochester	6.11m	610
12 Jayvee Dumas	SO	TCNJ	6.08m	604
13 Tyler Miller	JR	Brockport St	6.03m	593
14 Aeden Angelone	SR	Rochester	5.91m	567

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals	
1 Aeden Angelone	SR	Rochester	11.21m	559
2 Brandon Kiefer	SO	Stevens	11.17m	556
3 Aaron Lund	SO	Nazareth	10.17m	496
4 Gabe Thyne	JR	Rochester	10.01m	486
5 Kevin Lu-Chua	FR	Stockton	9.91m	480
6 Aaron Moon	JR	Allegheny	9.66m	465
7 Ashton Tokarski	FR	Rochester	9.55m	459
8 Jack Pomykaj	SO	Nazareth	9.48m	454
9 Gabe Giannini	FR	Brockport St	9.36m	447
10 Tyler Miller	JR	Brockport St	9.34m	446
11 Charles Montross	FR	Susquehanna	8.92m	421
12 Jayvee Dumas	SO	TCNJ	8.82m	415
13 Noah McKibben	SO	Ithaca	7.54m	339
14 John Anderson	FR	Cortland St.	7.39m	330

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals	
1 Kevin Lu-Chua	FR	Stockton	35.59m	576
2 Gabe Thyne	JR	Rochester	32.81m	520

**All-Atlantic Region
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Results

Finals ... (Decathlon: #7 Men Discus Throw Decathlon)

Name	Yr	School	Finals
3 Aaron Moon	JR	Allegheny	30.29m 470
4 Aaron Lund	SO	Nazareth	29.10m 447
5 Jack Pomykaj	SO	Nazareth	28.40m 433
6 Jayvee Dumas	SO	TCNJ	27.12m 408
7 Charles Montross	FR	Susquehanna	26.17m 390
8 Noah McKibben	SO	Ithaca	24.94m 366
9 Ashton Tokarski	FR	Rochester	24.53m 358
10 John Anderson	FR	Cortland St.	22.61m 321
--- Gabe Giannini	FR	Brockport St	FOUL
--- Aeden Angelone	SR	Rochester	DNS
--- Brandon Kiefer	SO	Stevens	DNS
--- Tyler Miller	JR	Brockport St	DNS

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
1 Aaron Moon	JR	Allegheny	47.37m 550
2 Gabe Giannini	FR	Brockport St	44.34m 505
3 Kevin Lu-Chua	FR	Stockton	42.50m 478
4 Noah McKibben	SO	Ithaca	39.58m 436
5 Ashton Tokarski	FR	Rochester	37.38m 404
6 Jayvee Dumas	SO	TCNJ	36.97m 398
7 Gabe Thyne	JR	Rochester	35.59m 379
8 Aaron Lund	SO	Nazareth	34.10m 357
9 Jack Pomykaj	SO	Nazareth	33.02m 342
10 John Anderson	FR	Cortland St.	31.23m 317
11 Charles Montross	FR	Susquehanna	18.00m 135
--- Tyler Miller	JR	Brockport St	DNS
--- Aeden Angelone	SR	Rochester	DNS
--- Brandon Kiefer	SO	Stevens	DNS

Men Decathlon

Meet Record: 6742 M 1981 Matt Riordan

Name	Yr	School	Finals
1 Aaron Moon	JR	Allegheny	6244 10
2 Gabe Thyne	JR	Rochester	6227 8
3 Jack Pomykaj	SO	Nazareth	6005 6
4 Gabe Giannini	FR	Brockport St	5747 5
5 Jayvee Dumas	SO	TCNJ	5695 4
6 Aaron Lund	SO	Nazareth	5391 3
7 Ashton Tokarski	FR	Rochester	5241 2
8 Noah McKibben	SO	Ithaca	5240 1
9 Kevin Lu-Chua	FR	Stockton	5210
10 John Anderson	FR	Cortland St.	5181
11 Charles Montross	FR	Susquehanna	5083

Women - Team Rankings - 22 Events Scored

1) SUNY Geneseo	81
2) Rochester	59
3) Rowan	54
4) Brockport St.	50.5

5) RIT	39
5) Widener	39
7) Cortland St.	37
8) Ramapo	36
9) Grove City	33
10) Ithaca	26
11) Misericordia	22
11) Utica	22
13) Oneonta	21
13) St. John Fisher	21
13) Stevens	21
16) Vassar	20
16) Rutgers-Newark	20
18) Stockton	19
18) Susquehanna	19
18) Moravian	19
21) Buffalo State	18
22) Scranton	15
22) Carnegie Mellon	15
22) TCNJ	15
25) Alvernia	13
26) Westminster (Pa.)	12.5
27) Union (N.Y.)	12
28) Nazareth	11
28) Ursinus	11
30) PSU-Behrend	10
30) Alfred	10
32) Allegheny	9.5
33) Franklin & Marshall	7
34) Plattsburgh St.	6
34) Hamilton	6
36) NYU	5
36) Lebanon Valley	5
38) Springfield	4
38) New Jersey City	4
40) Elizabethtown	3.5
41) St. Lawrence	3
42) Muhlenberg	2
43) St. Vincent (Pa.)	1

Men - Team Rankings - 22 Events Scored

1) Rowan	115.5
2) SUNY Geneseo	66
3) Carnegie Mellon	59.5
4) Susquehanna	46
5) Cortland St.	45
6) SUNY Delhi	41
7) Muhlenberg	29
8) Rochester	28
9) Misericordia	27
10) Brockport St.	26
10) Utica	26
12) Ursinus	22
12) Rutgers-Newark	22
14) TCNJ	19
14) PSU-Behrend	19
16) Elizabethtown	17.5
17) St. Lawrence	17
17) Nazareth	17

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Results

17) Moravian	17	42) Hamilton	2
20) Stevenson	16	44) NYU	1
20) Farmingdale St.	16	44) Oswego State	1
20) Colby	16	44) St. John Fisher	1
23) Springfield	13		
23) RIT	13		
25) Montclair State	10		
25) Allegheny	10		
25) York (Pa.)	10		
25) Grove City	10		
29) Union (N.Y.)	9		
29) Ithaca	9		
31) Scranton	8		
32) Lebanon Valley	7		
33) Franklin & Marshall	6		
34) Plattsburgh St.	5		
34) Ramapo	5		
34) DeSales	5		
37) Houghton	4		
38) Buffalo State	3.5		
39) Vassar	3		
39) Williams	3		
39) Oneonta	3		
42) Delaware Valley	2		