

**SUNYAC Indoor Track & Field Championships**  
**Brockport Special Events & Recreation Center - 2/28/2025 to 3/1/2025**

**Results**

**Women 60 Meter Dash**

**Conference:** 7.54 C 3/8/2013 Sasha Henry  
**Meet:** 7.63 M 2/23/2013 Sasha Henry  
**Facility:** 7.63 F 2/23/2013 Sasha Henry  
**AARTFC:** 8.05 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Autumn Pittman	SR	Cortland St.	M 7.61Q
2 Shaesha Johnson	FR	SUNY Delhi	A 7.69Q
3 Khia Laster	SR	Buffalo State	A 7.71Q
4 Miranda Cole	SO	SUNY Delhi	A 7.79Q
5 Alexia Prince	SO	Cortland St.	A 7.96Q
6 Kendall Sobczyk	JR	Cortland St.	A 7.99Q
7 Jaade Duncan	FR	PSU-Behrend	A 8.02q
8 Nicolette DuBose	SO	Oneonta	A 8.03q
9 Brianna Senatore	SO	Oneonta	A 8.03
10 Cara Pellechia	JR	Fredonia	8.08
11 Emily Richardson	FR	Alfred State	8.13
12 Yasmine Peralta	JR	Cortland St.	8.23
13 Haley Beman	FR	Alfred State	8.27
14 Gianna Motto	JR	Cortland St.	8.28
15 Madison Wagner	JR	Potsdam St.	8.31
16 Alexis McDonald	FR	Plattsburgh	8.34
17 Rachel Skoczlas	JR	PSU-Behrend	8.36
18 Kristanna Samascott	FR	Oneonta	8.40
--- Madison Kappeler	SR	PSU-Behrend	DNS

**Women 60 Meter Dash**

**Conference:** 7.54 C 3/8/2013 Sasha Henry  
**Meet:** 7.63 M 2/23/2013 Sasha Henry  
**Facility:** 7.63 F 2/23/2013 Sasha Henry  
**AARTFC:** 8.05 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Autumn Pittman	SR	Cortland St.	7.58M
2 Khia Laster	SR	Buffalo State	7.64A
3 Shaesha Johnson	FR	SUNY Delhi	7.68A
4 Miranda Cole	SO	SUNY Delhi	7.89A
5 Alexia Prince	SO	Cortland St.	7.94A
6 Jaade Duncan	FR	PSU-Behrend	8.07
7 Nicolette DuBose	SO	Oneonta	8.11
--- Kendall Sobczyk	JR	Cortland St.	DNS

**Women 200 Meter Dash**

**Conference:** 24.63 C 2/10/2006 Musu Jackson-Buckner  
**Meet:** 24.90 M 2/27/2015 Jess Huber  
**Facility:** 24.50 F 1/17/2025 Sadie Schreiner  
**AARTFC:** 26.50 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Khia Laster	SR	Buffalo State	A 25.13q
2 Miranda Cole	SO	SUNY Delhi	A 25.28q
3 Autumn Pittman	SR	Cortland St.	A 25.30q

4 Natalia Sawyer	JR	Buffalo State	A 25.42q
5 Alexia Prince	SO	Cortland St.	A 25.88q
6 Zoe Rodi	JR	SUNY Delhi	A 26.45q
7 Faith Nelson	SR	Cortland St.	26.95q
8 Jaade Duncan	FR	PSU-Behrend	27.03q
9 Cara Pellechia	JR	Fredonia	27.04
10 Nicolette DuBose	SO	Oneonta	27.04
11 Danielle Jackson	SR	Oneonta	27.07
12 Yasmine Peralta	JR	Cortland St.	27.29
13 Kendall Sobczyk	JR	Cortland St.	27.40
14 Gianna Motto	JR	Cortland St.	27.47
15 Emma Robbins	SR	Potsdam St.	27.54
16 Kristanna Samascott	FR	Oneonta	27.92
17 Ivy Laffan	SR	PSU-Behrend	28.23
--- Shaesha Johnson	FR	SUNY Delhi	DQ
--- Madison Kappeler	SR	PSU-Behrend	DNS
--- Sabrina Schmitt	FR	Oswego State	DNS

**Women 200 Meter Dash**

**Conference:** 24.63 C 2/10/2006 Musu Jackson-Buckner  
**Meet:** 24.90 M 2/27/2015 Jess Huber  
**Facility:** 24.50 F 1/17/2025 Sadie Schreiner  
**AARTFC:** 26.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Natalia Sawyer	JR	Buffalo State	25.07A
2 Autumn Pittman	SR	Cortland St.	25.10A
3 Miranda Cole	SO	SUNY Delhi	25.50A
4 Alexia Prince	SO	Cortland St.	26.01A
5 Zoe Rodi	JR	SUNY Delhi	26.66
6 Jaade Duncan	FR	PSU-Behrend	27.10
7 Faith Nelson	SR	Cortland St.	27.24
--- Khia Laster	SR	Buffalo State	DNF

**Women 400 Meter Dash**

**Conference:** 56.23 C 3/11/2022 Madison Mulder  
**Meet:** 56.69 M 2/26/2022 Madison Mulder  
**Facility:** 55.68 F 2/8/2025 Megan Bell  
**AARTFC:** 1:00.50 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Natalia Sawyer	JR	Buffalo State	A 58.01q
2 Zoe Rodi	JR	SUNY Delhi	A 59.32q
3 Grace Yarkosky	FR	Plattsburgh	A 59.55q
4 Emily Yousey	JR	Potsdam St.	A 1:00.49q
5 Jaiden Schrag	FR	Oneonta	1:01.02q
6 Gabrielle Brown	FR	SUNY Delhi	1:01.73q
7 Danielle Jackson	SR	Oneonta	1:01.74q
8 Izzie Bosko	SO	Cortland St.	1:02.16q
9 Matty Lucey	SO	Cortland St.	1:02.26
10 Ivy Laffan	SR	PSU-Behrend	1:02.89
11 Isabella Scott	FR	Plattsburgh	1:03.01
12 Faith Nelson	SR	Cortland St.	1:03.31
13 Emma Mahoney	FR	Plattsburgh	1:03.51
14 Brianna Wise	FR	Plattsburgh	1:04.36

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**Preliminaries ... (Women 400 Meter Dash)**

Name	Yr	School	Prelims
15 Ella McGowan	FR	PSU-Behrend	1:05.85
16 Hazel Bache	FR	Fredonia	1:07.60
17 Evelyn Zdrojewski	FR	Fredonia	1:09.23
18 Vanessa Ryhal	SR	Fredonia	1:10.44
19 Shona Boehmer	FR	Fredonia	1:12.17
--- Belvia Konodji	FR	SUNY Delhi	DNS

**Women 400 Meter Dash**

**Conference: 56.23 C 3/11/2022 Madison Mulder**

**Meet: 56.69 M 2/26/2022 Madison Mulder**

**Facility: 55.68 F 2/8/2025 Megan Bell**

**AARTFC: 1:00.50 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Natalia Sawyer	JR	Buffalo State	56.58M
2 Zoe Rodi	JR	SUNY Delhi	58.58A
3 Grace Yarkosky	FR	Plattsburgh	59.13A
4 Emily Yousey	JR	Potsdam St.	1:00.25A
5 Danielle Jackson	SR	Oneonta	1:00.68
6 Jaiden Schrag	FR	Oneonta	1:01.92
7 Izzie Bosko	SO	Cortland St.	1:03.42
8 Gabrielle Brown	FR	SUNY Delhi	1:03.53

**Women 800 Meter Run**

**Conference: 2:10.25 C 1/29/2016 Rachael Shine**

**Meet: 2:13.50 M 2/27/2016 Rachael Shine**

**Facility: 2:12.05 F 2/6/2016 Laura Morrison**

**AARTFC: 2:23.00 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Oli Kraynik	SO	Alfred State	2:18.06A
2 Amanda Intriери	FR	SUNY Delhi	2:18.16A
3 Natalia Sweat	FR	Oneonta	2:20.40A
4 Kelly Newman	FR	Cortland St.	2:24.09
5 Grace Estus	SO	Plattsburgh	2:27.47
6 Gillian Miner	FR	SUNY Cobleskill	2:31.72
7 Olivia Plummer	SO	Alfred State	2:33.52
8 Mary Bryant	SO	SUNY Delhi	2:35.10
9 Amilcar Centeno	FR	Fredonia	2:35.94
10 Kristin Ieva	JR	Cortland St.	2:36.08
11 Ellie LeRoy	FR	Plattsburgh	2:36.34
12 Mia Hannan	SO	Cortland St.	2:36.61
13 Emily Yousey	JR	Potsdam St.	2:37.17
14 Ella Stegner	FR	Cortland St.	2:37.82
15 Angelina Buttigieg	FR	Oswego State	2:38.90
16 Abby Major	FR	PSU-Behrend	2:41.41
17 Eva Woodworth	JR	Oneonta	2:41.82
18 Keyla Mendoza-Stapleton	SO	Oneonta	2:50.06

**Women 1 Mile Run**

**Conference: 4:51.83 C 1991 Vicki Mitchell**

**Meet: 4:58.52 M 2/27/2016 Rachael Shine**

**Facility: 4:58.52 F 2/27/2016 Rachael Shine**

**AARTFC: 5:20.00 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Natalia Sweat	FR	Oneonta	5:10.15A
2 Melissa Innocent	SO	Cortland St.	5:13.87A
3 Elena Gaffney	FR	Oswego State	5:16.71A
4 Samantha Krayeski	SR	Oneonta	5:24.79
5 Jewel Jones	SO	Cortland St.	5:26.54
6 Sarah Smith	SR	Plattsburgh	5:28.52
7 Kristin Ieva	JR	Cortland St.	5:30.34
8 Anna Kern	FR	Oneonta	5:32.72
9 Calie Hudson	FR	Fredonia	5:36.18
10 Samantha Salisbury	FR	Cortland St.	5:38.68
11 Olivia Komacek	SO	Oneonta	5:41.84
12 Eva Woodworth	JR	Oneonta	5:42.08
13 Laura Powers	FR	Morrisville	5:42.99
14 Hailey Kumpf	SO	Alfred State	5:47.84
15 Alivia Hetrick	FR	PSU-Behrend	5:47.92
16 Evie Eastman	SO	SUNY Delhi	5:49.59
17 Makayla Farmer	FR	Potsdam St.	5:56.96
18 Holly Rohrbach	SR	Fredonia	6:13.24

**Women 3000 Meter Run**

**Conference: 9:34.55 C 1991 Vicki Mitchell**

**Meet: 9:48.93 M 2/26/2022 Windsor Ardner**

**Facility: 9:48.93 F 2/26/2022 Windsor Ardner**

**AARTFC: 10:40.00 A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Charlotte Warner	FR	SUNY Delhi	10:37.25A
2 Melissa Innocent	SO	Cortland St.	10:51.37
3 Sabrinna Mena	SR	Oneonta	10:56.24
4 Anne Barney	SO	Cortland St.	11:03.90
5 Lindsey Hartle	JR	PSU-Behrend	11:06.12
6 Amelia Bowman-McCoy	FR	SUNY Delhi	11:06.96
7 Phoebe Peer	FR	Cortland St.	11:12.45
8 Olivia Holland	JR	Oneonta	11:16.52
9 Bethany Litwiler	JR	PSU-Behrend	11:18.60
10 Calie Hudson	FR	Fredonia	11:23.26
11 Samantha Krayeski	SR	Oneonta	11:28.98
12 Olivia Komacek	SO	Oneonta	11:35.86
13 Baylee Derner	FR	PSU-Behrend	11:38.01
14 Lexie Rostak	FR	Plattsburgh	11:44.72
15 Sophia Allen	FR	Oneonta	11:53.82
16 Eden Carr	SO	SUNY Delhi	14:30.78

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**Women 5000 Meter Run**

**Conference:** 16:36.68 C 2/11/2022 Kathleen McCarey  
**Meet:** 17:12.7h M 1995 Michelle LeFleur  
**Facility:** 16:57.90 F 2/19/2017 Kathryn Potter  
**AARTFC:** 18:50.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Deirdre Sullivan	SR Cortland St.	18:31.38A
2	Julia Benton	FR Cortland St.	18:36.62A
3	Marissa Colvin	SO Plattsburgh	18:41.53A
4	Alexa Wolcott	JR Cortland St.	18:48.81A
5	Gia Engel	SO Oneonta	19:02.99
6	Lindsey Hartle	JR PSU-Behrend	19:26.41
7	Bethany Litwiler	JR PSU-Behrend	19:27.42
8	Olivia Holland	JR Oneonta	19:38.67
9	Briana Ostheller	FR Cortland St.	20:19.68
10	Amelia Bowman-McCoy	FR SUNY Delhi	20:20.87
11	Jade Hornick	SO Cortland St.	20:27.65
12	Jessica Torrey	FR Oswego State	20:28.09
13	Sam Abate	FR PSU-Behrend	20:35.10
14	Alyssa Freeguard	SO SUNY Cobleskill	20:58.74
15	Rowan Leddy	FR Cortland St.	21:00.53
16	Isabelle Cunningham	FR Plattsburgh	21:02.29
17	Julia Weaver	JR Oswego State	21:13.77
---	Ella Stuttard	FR Plattsburgh	DNS

**Women 60 Meter Hurdles**

**Conference:** 8.50 C 2015 Jazmin Dunham  
**Meet:** 8.56 M 2/24/2024 Natalia Sawyer  
**Facility:** 8.56 F 2/24/2024 Natalia Sawyer  
**AARTFC:** 9.50 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Natalia Sawyer	JR Buffalo State	A 8.94Q
2	Jaiden Schrag	FR Oneonta	A 9.01Q
3	Lilly Swyers	JR Cortland St.	A 9.33Q
4	Eko Dodd-Brown	SO Oneonta	9.62Q
5	Eilise Marino	FR Cortland St.	9.82Q
6	Gabby Collins	FR Cortland St.	9.95Q
7	Ashlee Sphabmixay	JR Oneonta	9.87q
8	Melinda Reid	SO SUNY Delhi	9.96q
9	Kaprice Sigler	SO SUNY Delhi	9.98
10	Mikayla Khadijah	JR Plattsburgh	10.17
11	Reilly Quinn	SO Cortland St.	10.23
12	Allison Bartoszek	FR Fredonia	10.29
13	Miya VanDewerker	FR SUNY Delhi	10.36
14	Lexi Clark	FR Cortland St.	10.46
15	Charis Evans	SO Alfred State	10.48
16	Alexis McDonald	FR Plattsburgh	10.62
17	Raven Winters	SR Potsdam St.	10.85
18	Hannah Nolan	FR Cortland St.	12.80
---	Anneliese Klein	FR SUNY Cobleskill	DQ

**Women 60 Meter Hurdles**

**Conference:** 8.50 C 2015 Jazmin Dunham  
**Meet:** 8.56 M 2/24/2024 Natalia Sawyer  
**Facility:** 8.56 F 2/24/2024 Natalia Sawyer  
**AARTFC:** 9.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Natalia Sawyer	JR Buffalo State	8.77A
2	Jaiden Schrag	FR Oneonta	9.12A
3	Lilly Swyers	JR Cortland St.	9.34A
4	Eilise Marino	FR Cortland St.	9.58
5	Melinda Reid	SO SUNY Delhi	9.90
6	Ashlee Sphabmixay	JR Oneonta	9.94
7	Gabby Collins	FR Cortland St.	10.20
---	Eko Dodd-Brown	SO Oneonta	DNF

**Women 4x400 Meter Relay**

**Conference:** 3:47.63 C 3/11/2022 Geneseo  
**J. Strickland, A. Flaitz, G. Shepardson, M. Mulder**  
**Meet:** 3:57.00 M 2/29/2020 Geneseo  
**J Nischo, M Mulder, L Zopf, A Flaitz**  
**Facility:** 3:53.51 F 2/8/2025 Rochester  
**E Ciuffetelli, N Chen, R Casserino, M Bell**  
**AARTFC:** 4:10.00 A

Team	Relay	Finals
<b>Finals</b>		
1	Plattsburgh St.	4:05.99A
1)	Isabella Scott FR	2) Emma Mahoney FR
3)	Brianna Wise FR	4) Grace Yarkosky FR
2	Cortland St.	4:06.15A
1)	Faith Nelson SR	2) Izzie Bosko SO
3)	Yasmine Peralta JR	4) Matty Lucey SO
3	Oneonta	4:06.39A
1)	Brianna Senatore SO	2) Jaiden Schrag FR
3)	Sage Douglass SR	4) Danielle Jackson SR
4	SUNY Delhi	4:25.22
1)	Gabrielle Brown FR	2) Mary Bryant SO
3)	Miya VanDewerker FR	4) Kaprice Sigler SO
5	PSU-Behrend	4:25.54
1)	Rachel Skoczlas JR	2) Ella McGowan FR
3)	Carly Amon FR	4) Ivy Laffan SR
6	Fredonia	4:32.86
1)	Evelyn Zdrojewski FR	2) Amilcar Centeno FR
3)	Shona Boehmer FR	4) Hazel Bache FR
7	Buffalo State	4:33.25
1)	D'Rajenea Hill FR	2) Audi Satterlee FR
3)	Josie Mason FR	4) Zakiyah McQueen FR
8	Potsdam St.	4:34.30
1)	Makayla Farmer FR	2) Adrianna Orlando SO
3)	Natalie Hartmann SR	4) Emily Yousey JR
9	Oswego State	4:40.60
1)	Noladia Blum SO	2) Elena Gaffney FR
3)	Sophia Shatynski FR	4) Angelina Buttigieg FR

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**Results**

**Women Distance Medley**

**Conference: 11:34.65 C 3/15/2013 Geneseo**

**K. Wood, A. Hoh, C. Kowalewski, A. Smith**

**Meet: 11:43.84 M 2/24/2023 Geneseo**

**E Eivers, R Zielinski, S Doody, W Ardner**

**Facility: 11:43.84 F 2/24/2023 Geneseo**

**E Eivers, R Zielinski, S Doody, W Ardner**

**AARTFC: 13:10.00 A**

Team	Relay	Finals
<b>Finals</b>		
1 Oneonta		12:32.65A
1) Sabrina Mena SR	2) Brianna Senatore SO	
3) Eva Woodworth JR	4) Natalia Sweat FR	
2 SUNY Delhi		12:49.96A
1) Amanda Intrieri FR	2) Miya VanDewerker FR	
3) Mary Bryant SO	4) Charlotte Warner FR	
3 Cortland St.		13:08.50A
1) Jewel Jones SO	2) Emily Pierro FR	
3) Mia Hannan SO	4) Samantha Salisbury FR	
4 Plattsburgh St.		13:34.01
1) Lexie Rostak FR	2) Grace Estus SO	
3) Ellie LeRoy FR	4) Sarah Smith SR	
5 Fredonia		13:51.48
1) Holly Rohrbach SR	2) Hazel Bache FR	
3) Amilcar Centeno FR	4) Calie Hudson FR	
6 Alfred State		13:56.09
1) Ava Sylvester FR	2) Oli Kraynik SO	
3) Olivia Plummer SO	4) Hailey Kumpf SO	
7 SUNY Cobleskill		14:00.78
1) Gillian Miner FR	2) Madison Binette FR	
3) Alyssa Freeguard SO	4) Gabrielle Waite FR	
8 PSU-Behrend		14:11.50
1) Baylee Derner FR	2) Carly Amon FR	
3) Abby Major FR	4) Alivia Hetrick FR	
9 Buffalo State		14:37.04
1) Josie Mason FR	2) Aubrey Monroe FR	
3) D'Rajenea Hill FR	4) Jorja Smith FR	
10 Potsdam St.		15:06.89
1) Adrianna Orlando SO	2) Raven Winters SR	
3) Natalie Hartmann SR	4) Makayla Farmer FR	

**Women High Jump**

**Conference: 1.76m C 3/15/2003 Kim DePrez**

**Meet: 1.73m M Kim DePrez / Janelle Orosz**

**Facility: 1.73m F 12/3/2016 Emma Siuciak**

**AARTFC: 1.58m A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Regan Kaiser	SR	Cortland St.	1.57m
1 Emily Richardson	FR	Alfred State	1.57m
3 Reilly Quinn	SO	Cortland St.	1.52m
3 Rhiannon Butchko	JR	Oswego State	1.52m
5 Brayton Tripi	FR	Fredonia	1.52m
6 Melinda Reid	SO	SUNY Delhi	1.47m
7 Zakiyah McQueen	FR	Buffalo State	1.47m

8	Grace Reed	FR	Cortland St.	1.42m
9	Kaleigh Durso	FR	Oswego State	1.42m
---	Annie Schneider	FR	Plattsburgh	NH
---	Olivia Swinarski	FR	PSU-Behrend	DNS

**Women Pole Vault**

**Conference: 3.83m C 2/7/2020 Maya Reina**

**Meet: 3.70m M 2/23/2018 Laura Piazza / Maya Reina**

**Facility: 5.03m F 1/30/2016 Jenn Suhr**

**AARTFC: 3.30m A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Cara Pellechia	JR	Fredonia	3.60mA
2 Ryan Stark	FR	Cortland St.	3.50mA
3 Madison Kappeler	SR	PSU-Behrend	3.35mA
4 Faith Hoyt	JR	Cortland St.	3.05m
5 Noelani Takei	JR	PSU-Behrend	3.05m
6 Ashley LaReddola	FR	Oneonta	2.90m
6 Skylar French	FR	Fredonia	2.90m
8 Abby Carberry	SO	Cortland St.	2.75m
9 Gracie Jones	SR	PSU-Behrend	2.60m

**Women Long Jump**

**Conference: 6.21m C 1985 Tracy Armstead**

**Meet: 5.88m M 2/25/2017 Camille Wutz**

**Facility: 6.28m F 12/3/2016 Mikayla Pearce**

**AARTFC: 5.30m A**

Name	Yr	School	Finals	
<b>Finals</b>				
1 Khia Laster	SR	Buffalo State	5.53mA	
2 Lilly Swyers	JR	Cortland St.	5.35mA	
3 Jaiden Schrag	FR	Oneonta	5.33mA	
4 Anneliese Klein	FR	SUNY Cobleskill	5.32mA	
5 Eko Dodd-Brown	SO	Oneonta	5.23m	
6 Marissa LeDuc	JR	Plattsburgh	5.18m	
7 Nicolette DuBose	SO	Oneonta	4.97m	
8 Brayton Tripi	FR	Fredonia	4.93m	
9 Gabrielle Brown	FR	SUNY Delhi	4.87m	
10 Haley Beman	FR	Alfred State	4.87m	
11 Caitlin Maher	JR	Cortland St.	4.78m	
12 Madison Wagner	JR	Potsdam St.	4.71m	
13 Grace Reed	FR	Cortland St.	4.69m	
14 Hannah Nolan	FR	Cortland St.	4.64m	
15 Emma Robbins	SR	Potsdam St.	4.63m	
16 Lexi Clark	FR	Cortland St.	4.58m	
17 Ashley LaReddola	FR	Oneonta	4.58m	
18 Teagan Roy	FR	Oswego State	4.52m	
19 Sage Douglass	SR	Oneonta	4.43m	
---	Madison Kappeler	SR	PSU-Behrend	DNS

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**Women Triple Jump**

Conference: 12.71m C 1998 Monique Hacker  
 Meet: 12.30m M 2/24/2017 Alexa Wandy  
 Facility: 12.61m F 12/7/2019 Alexa Wandy  
 AARTFC: 10.90m A

Name	Yr	School	Finals
<b>Finals</b>			
1	Lilly Swyers	JR Cortland St.	11.09mA
2	Nicolette DuBose	SO Oneonta	10.97mA
3	Jaiden Schrag	FR Oneonta	10.86m
4	Hannah Nolan	FR Cortland St.	10.67m
5	Emma Robbins	SR Potsdam St.	10.55m
6	Eilise Marino	FR Cortland St.	10.26m
7	Lexi Clark	FR Cortland St.	10.21m
8	Caitlin Maher	JR Cortland St.	10.20m
9	Ashley LaReddola	FR Oneonta	9.86m
10	Sage Douglass	SR Oneonta	9.72m
11	Kira Davidson	JR Fredonia	9.69m
12	Gracie Jones	SR PSU-Behrend	9.55m
13	Grace Reed	FR Cortland St.	9.49m
14	Jaidon Brodie	FR Morrisville	9.43m
15	Allison Bartoszek	FR Fredonia	9.35m
---	Kaleigh Durso	FR Oswego State	FOUL

**Women Shot Put**

Conference: 15.42m C 2018 Victoire Kothor  
 Meet: 15.15m M 2/23/2018 Victoire Kothor  
 Facility: 15.35m F 1/27/2018 Victoire Kothor  
 AARTFC: 11.80m A

Name	Yr	School	Finals
<b>Finals</b>			
1	Kayla Tretola	FR Cortland St.	12.56mA
2	Cheyenne McPeek	SO Cortland St.	12.18mA
3	Jennifer Ndukwu	JR Cortland St.	12.04mA
4	AnJalyna Talmadge	SR Cortland St.	11.76m
5	Wealthy Robinson	FR Oneonta	11.69m
6	Hannah McMasters	JR Cortland St.	11.66m
7	Mackenzie Lawrence	FR Oneonta	11.57m
8	Tarryn Herman	JR Oneonta	11.50m
9	Kitty Messina	SR SUNY Delhi	11.09m
10	Sophia Mitreski	SO Oneonta	10.46m
11	Janiesha Dureny	FR Alfred State	10.12m
12	Marina Mansfield	FR Buffalo State	9.97m
13	Molly McMasters	FR Cortland St.	9.96m
14	Braylee Lukehart	FR PSU-Behrend	9.93m
15	Taygin Jump	SO Plattsburgh	9.65m
16	Colleen Patrie	JR Cortland St.	9.46m
17	Harmony Sanders	FR Plattsburgh	9.27m
---	Bryanna Herring	FR Buffalo State	FOUL

**Women Weight Throw**

Conference: 18.59m C 3/10/2017 Meghan Serdock  
 Meet: 18.38m M 2/24/2018 Victoire Kothor  
 Facility: 18.49m F 12/2/2017 Jaskiran Dwaliwall  
 AARTFC: 14.60m A

Name	Yr	School	Finals
<b>Finals</b>			
1	Jennifer Ndukwu	JR Cortland St.	15.98mA
2	Tarryn Herman	JR Oneonta	15.60mA
3	Cheyenne McPeek	SO Cortland St.	14.81mA
4	Hannah McMasters	JR Cortland St.	14.56m
5	Kayla Tretola	FR Cortland St.	13.89m
6	Gabi Ragozzine	JR Oneonta	13.52m
7	Wealthy Robinson	FR Oneonta	13.36m
8	Anna Koszelak	FR Alfred State	12.99m
9	Adira-Virginia Greer-PadilFR	SUNY Cobleskill	12.48m
10	Kitty Messina	SR SUNY Delhi	12.48m
11	Mackenzie Gillette	JR Alfred State	12.06m
12	Kailey Allen	FR Oneonta	11.96m
13	Jessica Park	JR PSU-Behrend	11.85m
14	Mackenzie Lawrence	FR Oneonta	11.68m
15	Bryanna Herring	FR Buffalo State	11.66m
16	Taygin Jump	SO Plattsburgh	11.64m
17	Norah Keeney	FR PSU-Behrend	11.12m
18	Dory Gooselin	JR SUNY Cobleskill	10.96m
19	Harmony Sanders	FR Plattsburgh	10.06m
20	Alaina Conners	SR Plattsburgh	9.85m
---	Tessy Huntley	FR Plattsburgh	DNS

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1	Marissa LeDuc	JR Plattsburgh	2:42.02 550
2	Katie Ball	FR Cortland St.	2:42.31 547
3	Eko Dodd-Brown	SO Oneonta	2:50.87 455
4	AnJalyna Talmadge	SR Cortland St.	3:02.89 339
5	Alyssa Cole	JR SUNY Delhi	4:10.70 1

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1	AnJalyna Talmadge	SR Cortland St.	9.53 802
2	Eko Dodd-Brown	SO Oneonta	9.56 796
3	Marissa LeDuc	JR Plattsburgh	9.61 787
4	Katie Ball	FR Cortland St.	10.14 686
5	Alyssa Cole	JR SUNY Delhi	12.35 336

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1	Katie Ball	FR Cortland St.	1.50m 621
1	AnJalyna Talmadge	SR Cortland St.	1.50m 621
3	Eko Dodd-Brown	SO Oneonta	1.41m 523
4	Marissa LeDuc	JR Plattsburgh	1.38m 491
5	Alyssa Cole	JR SUNY Delhi	1.35m 460

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**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1	Marissa LeDuc	JR Plattsburgh	5.20m	614
2	Eko Dodd-Brown	SO Oneonta	5.07m	578
3	AnJalyna Talmadge	SR Cortland St.	4.89m	530
4	Katie Ball	FR Cortland St.	4.84m	516
5	Alyssa Cole	JR SUNY Delhi	4.16m	345

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Yr	School	Finals	
<b>Finals</b>				
1	AnJalyna Talmadge	SR Cortland St.	11.82m	649
2	Marissa LeDuc	JR Plattsburgh	9.93m	525
3	Alyssa Cole	JR SUNY Delhi	8.96m	462
4	Eko Dodd-Brown	SO Oneonta	8.00m	399
5	Katie Ball	FR Cortland St.	7.39m	360

**Women Indoor Pentathlon**

**Conference:** 3648 C 2/7/2020 Emily Lavarnway  
**Meet:** 3372 M 2/23/2024 Janelle Eckl  
**Facility:** 3695 F 12/1/2017 Carolyn Adams  
**AARTFC:** 2500 A

Name	Yr	School	Finals	
<b>Finals</b>				
1	Marissa LeDuc	JR Plattsburgh	2967A	
2	AnJalyna Talmadge	SR Cortland St.	2941A	
3	Eko Dodd-Brown	SO Oneonta	2751A	
4	Katie Ball	FR Cortland St.	2730A	
5	Alyssa Cole	JR SUNY Delhi	1604	

**Men 60 Meter Dash**

**Conference:** 6.71 C 1999 Stefan Mascall  
**Meet:** 6.82 M 2/23/2013 Sean Bernstein  
**Facility:** 6.82 F 2/23/2013 Sean Bernstein  
**AARTFC:** 7.02 A

Name	Yr	School	Prelims	
<b>Preliminaries</b>				
1	Charles Cypress	JR Plattsburgh	A 6.86Q	
2	Camiren Collins	FR Fredonia	A 6.87Q	
3	Jordan Williams	JR Plattsburgh	A 6.98Q	
4	Matthew Schaffert	JR Cortland St.	A 6.93Q	
5	Deontae Bennett	JR Cortland St.	A 6.98Q	
6	Jordan Lockett	SO Fredonia	A 7.02Q	
7	Madiagne Niang	FR Oswego State	A 6.95q	
8	Carter Tobin	FR PSU-Behrend	A 6.99q	
9	Logan Abate	SO Buffalo State	7.04	
10	LeBron Richardson	FR Cortland St.	7.04	
11	Deron Davis	JR SUNY Delhi	7.05	
12	Marshall Nock	JR PSU-Behrend	7.05	
13	Dan Mars	JR Oswego State	7.06	
14	Marvin Markland	FR SUNY Delhi	7.08	
15	Alexander Darrigo	FR Oneonta	7.10	
16	Daniel Cruz	SO Cortland St.	7.10	

17	Jake Egizio	SO PSU-Behrend	7.10
18	Jabez Primus	FR SUNY Delhi	7.14
19	Justin Rushia	FR Plattsburgh	7.22

**Men 60 Meter Dash**

**Conference:** 6.71 C 1999 Stefan Mascall  
**Meet:** 6.82 M 2/23/2013 Sean Bernstein  
**Facility:** 6.82 F 2/23/2013 Sean Bernstein  
**AARTFC:** 7.02 A

Name	Yr	School	Finals	
<b>Finals</b>				
1	Charles Cypress	JR Plattsburgh	6.86A	
2	Camiren Collins	FR Fredonia	6.91A	
3	Matthew Schaffert	JR Cortland St.	6.96A	
4	Madiagne Niang	FR Oswego State	6.97A	
5	Deontae Bennett	JR Cortland St.	6.97A	
6	Jordan Williams	JR Plattsburgh	7.01A	
7	Jordan Lockett	SO Fredonia	7.07	
8	Carter Tobin	FR PSU-Behrend	7.10	

**Men 200 Meter Dash**

**Conference:** 21.29 C 2/15/2013 Sean Bernstein  
**Meet:** 21.67 M 2/26/2012 Sean Bernstein  
**Facility:** 21.81 F 2/25/2023 Lance Jensen  
**AARTFC:** 22.50 A

Name	Yr	School	Prelims	
<b>Preliminaries</b>				
1	Josh Jeffes	SR Cortland St.	A 21.83q	
2	Evan Jensen	SR Cortland St.	A 21.98q	
3	Carter Tobin	FR PSU-Behrend	A 22.14q	
4	Jordan Lockett	SO Fredonia	A 22.17q	
5	Marvin Markland	FR SUNY Delhi	A 22.27q	
6	Camiren Collins	FR Fredonia	A 22.29q	
7	Zion Cheatham	SO Cortland St.	A 22.31q	
8	Deron Davis	JR SUNY Delhi	A 22.39q	
9	Matthew Schaffert	JR Cortland St.	A 22.44	
10	Dan Mars	JR Oswego State	A 22.46	
11	Jake Egizio	SO PSU-Behrend	A 22.47	
12	Cristhian Cuevas	JR SUNY Delhi	A 22.49	
13	Harrison Gavalas	JR Cortland St.	22.66	
14	Marcello Mastrocco	FR Cortland St.	22.84	
15	Daniel Cruz	SO Cortland St.	22.98	
16	Tawakal Omar	FR SUNY Delhi	22.98	
17	Ryan Swinea	SO SUNY Delhi	23.04	
18	Peair Industrious	FR SUNY Delhi	23.11	
19	Jake Nardoza	FR PSU-Behrend	23.16	
20	Charles Cypress	JR Plattsburgh	24.97	

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**Men 200 Meter Dash**

**Conference:** 21.29 C 2/15/2013 Sean Bernstein  
**Meet:** 21.67 M 2/26/2012 Sean Bernstein  
**Facility:** 21.81 F 2/25/2023 Lance Jensen  
**AARTFC:** 22.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Josh Jeffes	SR Cortland St.	21.93A
2	Evan Jensen	SR Cortland St.	21.98A
3	Jordan Lockett	SO Fredonia	22.06A
4	Carter Tobin	FR PSU-Behrend	22.31A
5	Zion Cheatham	SO Cortland St.	22.48A
6	Marvin Markland	FR SUNY Delhi	22.52
7	Camiren Collins	FR Fredonia	22.68
8	Deron Davis	JR SUNY Delhi	22.91

**Men 400 Meter Dash**

**Conference:** 47.62 C 2/14/2009 Eric Theiss  
**Meet:** 48.23 M 2/24/2024 Lance Jensen  
**Facility:** 48.23 F 2/24/2024 Lance Jensen  
**AARTFC:** 50.30 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Josh Jeffes	SR Cortland St.	M 47.98q
2	Evan Jensen	SR Cortland St.	A 48.45q
3	Neklor Smith	FR SUNY Delhi	A 49.14q
4	Harrison Gavalas	JR Cortland St.	A 49.45q
5	Zion Cheatham	SO Cortland St.	A 49.53q
6	Richard Fuller	FR SUNY Delhi	A 49.66q
7	Jack Hickey	SR Oswego State	50.66q
8	Nick Marsowicz	SR Fredonia	50.71q
9	Cameron Spears	JR Oneonta	51.16
10	Thomas Stasichin	FR Oneonta	51.24
11	Nicholas Schaffer	JR Cortland St.	51.42
12	Lassad Richards	FR Cortland St.	51.60
13	Ryan Beltran	SO Plattsburgh	51.74
14	Aidan VanAmburg	SO Fredonia	51.95
15	Leonardo Ballentine	FR SUNY Delhi	52.10
16	Ethan Cypress	FR Plattsburgh	52.36
17	Dale Lambert	FR SUNY Delhi	52.57
18	Brandon Root	SR Cortland St.	53.03
19	Nathan Carlson	FR Fredonia	54.26

**Men 400 Meter Dash**

**Conference:** 47.62 C 2/14/2009 Eric Theiss  
**Meet:** 48.23 M 2/24/2024 Lance Jensen  
**Facility:** 48.23 F 2/24/2024 Lance Jensen  
**AARTFC:** 50.30 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Josh Jeffes	SR Cortland St.	48.50A
2	Zion Cheatham	SO Cortland St.	49.06A
3	Evan Jensen	SR Cortland St.	49.08A
4	Neklor Smith	FR SUNY Delhi	49.66A

5	Harrison Gavalas	JR Cortland St.	49.67A
6	Nick Marsowicz	SR Fredonia	50.51
7	Richard Fuller	FR SUNY Delhi	50.64
8	Jack Hickey	SR Oswego State	50.76

**Men 800 Meter Run**

**Conference:** 1:50.99 C 1/28/2011 Nick Guarino  
**Meet:** 1:52.92 M 2/26/2011 Nick Guarino  
**Facility:** 1:51.15 F 1/18/2013 Nick Guarino  
**AARTFC:** 1:57.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Sidney Morris	SO Buffalo State	1:57.11A
2	Tom Mahunik	JR Oswego State	1:58.10
3	Jeffrey Simmons	JR Oswego State	1:58.54
4	Lucas Lawrie	FR Fredonia	2:00.57
5	Michael Alvarez	SR Cortland St.	2:00.89
6	Greg Brumagin	FR Fredonia	2:01.01
7	Mamadou Barry	SO Alfred State	2:01.61
8	Hector Ramos	SO Cortland St.	2:02.00
9	Matthew Mullen	SR Cortland St.	2:02.48
10	Drew Knight	FR PSU-Behrend	2:02.72
11	Matt DeJulio	SO Plattsburgh	2:02.90
12	Carter Naginey	FR Cortland St.	2:03.24
13	Edward Jourden	FR Fredonia	2:05.17
14	David Gahagan	SO PSU-Behrend	2:05.38
15	Aidan Reinsel	JR PSU-Behrend	2:06.68
16	Jordan Wingert	FR Cortland St.	2:09.80
---	Lenny Diaz	JR Cortland St.	DNF
---	Justin Kumrow	SR Plattsburgh	DQ

**Men 1 Mile Run**

**Conference:** 4:04.68 C 3/4/2011 Nick Guarino  
**Meet:** 4:08.39 M 2/25/2023 Ezra Ruggles  
**Facility:** 4:08.39 F 2/25/2023 Ezra Ruggles  
**AARTFC:** 4:22.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Jonthomas Bierman	SR Oneonta	4:16.83A
2	Matthew Mullen	SR Cortland St.	4:18.32A
3	Christian Wescott	FR Alfred State	4:23.73
4	Michael Burns	SR Oneonta	4:25.56
5	John Balk Jr.	SR Oneonta	4:28.71
6	Jordan Wingert	FR Cortland St.	4:31.25
7	Noah Holden	FR Buffalo State	4:31.73
8	Sembel Koshi	SR Fredonia	4:40.84
9	Eddie Bradley	FR SUNY Delhi	4:45.58
10	Peyton Brewer	SO PSU-Behrend	4:45.78
11	Zander Brown	SO Plattsburgh	4:47.48
12	Noah Pickard	SO Oneonta	4:50.68
13	Matt Hayden	SR Oneonta	4:53.79
14	Colin Cassidy	SR Fredonia	4:54.20
15	Stephen Hallberg	FR Fredonia	4:55.13
16	Henry Walsh	FR Buffalo State	4:55.46
---	Michael Ventricelli	FR Morrisville	DQ

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**Men 3000 Meter Run**

Conference: 8:08.53 C 2/11/2022 Nick Andrews  
 Meet: 8:26.32 M 2/26/2022 Nick Andrews  
 Facility: 8:26.32 F 2/26/2022 Nick Andrews  
 AARTFC: 8:47.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Jonthomas Bierman	SR Oneonta	8:52.77
2	Michael Burns	SR Oneonta	8:55.28
3	Brandon Mulholland	JR Cortland St.	8:56.68
4	Robby Davidson	SR Cortland St.	9:06.79
5	Vincent Smaldone	FR Cortland St.	9:07.92
6	Noah Melita	FR Oswego State	9:08.52
7	Timothy Hamilton	FR PSU-Behrend	9:12.02
8	Ronan Pollard	FR Cortland St.	9:13.01
9	Giovanni Ventura	SR Buffalo State	9:13.47
10	Hunter Rautenstrauch	FR Cortland St.	9:19.26
11	John Balk Jr.	SR Oneonta	9:21.85
12	Bennett Kerr	SR PSU-Behrend	9:22.21
13	Adam Schreiber	SR Cortland St.	9:29.07
14	Christopher Davis	SR Buffalo State	9:30.70
15	Sembel Koshi	SR Fredonia	9:30.98
16	Noah Holden	FR Buffalo State	9:39.51
17	Kevin Moser	FR Fredonia	9:44.15
---	Lucas Berg	SO Oneonta	DNS
---	Chris Schimkus	SO Oneonta	DNS

**Men 5000 Meter Run**

Conference: 14:13.02 C 1/28/2011 Mike Heymann  
 Meet: 14:34.98 M 2/26/2011 Mike Heymann  
 Facility: 14:48.13 F 3/1/2014 Cohen Miles-Rath  
 AARTFC: 15:25.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Chris Schimkus	SO Oneonta	15:37.67
2	Brandon Mulholland	JR Cortland St.	15:38.36
3	Robby Davidson	SR Cortland St.	15:39.78
4	Vincent Smaldone	FR Cortland St.	16:07.48
5	Bennett Kerr	SR PSU-Behrend	16:10.23
6	Hunter Rautenstrauch	FR Cortland St.	16:12.76
7	Ronan Pollard	FR Cortland St.	16:15.10
8	John Balk Jr.	SR Oneonta	16:20.01
9	Josh Mayer	FR Buffalo State	16:22.71
10	Nik Recore	JR SUNY Cobleskill	16:24.54
11	Adam Schreiber	SR Cortland St.	16:29.22
12	Max Knight	FR Alfred State	16:30.36
13	Alex Haskins	SO PSU-Behrend	16:31.09
14	Liam Cowdrey	FR SUNY Delhi	16:35.05
15	Peyton Brewer	SO PSU-Behrend	16:37.12
16	Kevin Moser	FR Fredonia	16:40.00
17	Sembel Koshi	SR Fredonia	16:49.62
18	Denali Rodriguez-Garnica	JR Plattsburgh	17:07.99
19	Jack Natali Jr	JR Plattsburgh	17:18.54
---	Paul Tommolino	FR Cortland St.	DNF

**Men 60 Meter Hurdles**

Conference: 8.00 C 2/26/2016 Jake Alviene  
 Meet: 8.00 M 2/26/2016 Jake Alviene  
 Facility: 8.00 F 2/26/2016 Jake Alviene  
 AARTFC: 8.60 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Tariq Earl	SO Oneonta	A 8.17Q
2	Jalil Coppedge	FR Buffalo State	A 8.55Q
3	Travis Iwuagwu	JR Cortland St.	8.63Q
4	Roland Zanger	SR Cortland St.	A 8.52Q
5	Julius Arias	FR Buffalo State	8.63Q
6	Tawakal Omar	FR SUNY Delhi	8.79Q
7	Thomas Clark	FR Plattsburgh	8.71q
8	Jasiah Cole	FR Buffalo State	8.80q
9	Jackson Sergeant	FR Oneonta	8.85
10	Evan Cruz	SO Cortland St.	8.85
11	Dominic Marino	SO PSU-Behrend	8.90
12	Jamar Matthew	SO SUNY Delhi	8.92
13	Peair Industrious	FR SUNY Delhi	8.93
14	Masen Valachovic	FR Oneonta	8.96
15	Kameron Cusmano	JR SUNY Cobleskill	8.99
16	Cory Morton	FR Oswego State	9.04
17	Nolan Lyon	FR Buffalo State	9.05
18	Michael Ryan	FR SUNY Delhi	9.71

**Men 60 Meter Hurdles**

Conference: 8.00 C 2/26/2016 Jake Alviene  
 Meet: 8.00 M 2/26/2016 Jake Alviene  
 Facility: 8.00 F 2/26/2016 Jake Alviene  
 AARTFC: 8.60 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Tariq Earl	SO Oneonta	8.13A
2	Jalil Coppedge	FR Buffalo State	8.37A
3	Tawakal Omar	FR SUNY Delhi	8.40A
4	Julius Arias	FR Buffalo State	8.67
5	Travis Iwuagwu	JR Cortland St.	8.67
6	Roland Zanger	SR Cortland St.	8.76
7	Jasiah Cole	FR Buffalo State	8.99
8	Thomas Clark	FR Plattsburgh	9.48



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**Men 4x400 Meter Relay**

**Conference: 3:11.65 C 2/10/2023 Geneseo**  
**L. Jensen, J. Rappazzo, J. Miller, K. Sheridan**  
**Meet: 3:18.21 M 2/25/2023 Geneseo**  
**L Jensen, S Hoare, A Kent, J Miller**  
**Facility: 3:18.21 F 2/25/2023 Geneseo**  
**L Jensen, S Hoare, A Kent, J Miller**  
**AARTFC: 3:27.00 A**

Team	Relay	Finals
<b>Finals</b>		
1 SUNY Delhi		3:22.21A
1) Richard Fuller FR	2) Leonardo Ballentine FR	
3) Jamar Matthew SO	4) Neklor Smith FR	
2 Fredonia		3:22.76A
1) Nick Marsowicz SR	2) Cameron Sample JR	
3) Aidan VanAmburg SO	4) Lucas Lawrie FR	
3 Oneonta		3:24.70A
1) Masen Valachovic FR	2) Justin Berkowitz FR	
3) Cameron Spears JR	4) Thomas Stasichin FR	
4 Cortland St.		3:25.98A
1) Lassad Richards FR	2) Brandon Root SR	
3) Declan Kennedy FR	4) Nicholas Schaffer JR	
5 Oswego State		3:27.25
1) Dan Mars JR	2) Jack Hickey SR	
3) Madiagne Niang FR	4) Jeffrey Simmons JR	
6 PSU-Behrend		3:27.96
1) Carter Tobin FR	2) Davy Friedrich SO	
3) Jake Nardoza FR	4) Jake Egizio SO	
7 Plattsburgh St.		3:31.38
1) Ryan Beltran SO	2) Joshua Gaboriault FR	
3) Jack Gregory FR	4) Ethan Cypress FR	
8 Morrisville State		3:35.61
1) Siyel Bowman FR	2) Kieran Carter FR	
3) Nasir King SO	4) Michael Ventricelli FR	
9 Buffalo State		3:37.78
1) Logan Abate SO	2) Nolan Lyon FR	
3) Jalil Coppedge FR	4) Sidney Morris SO	
10 Alfred State		3:39.62
1) Ethan Hanford FR	2) Connor Schreiber SO	
3) Mamadou Barry SO	4) Nick Drabinski FR	
--- Potsdam St.		DNF
1) Junior Oduro SR	2) Zane Moussa SR	
3) Logan Ploss JR	4) Eli Siracusa JR	

**Men Distance Medley**

**Conference: 9:43.13 C 2/10/2023 Geneseo**  
**N. Andrews, K. Sheridan, J. Goldberg, E. Ruggles**  
**Meet: 10:12.02 M 2/26/2016 Fredonia**  
**C Mulcahy, C Towse, N Watson, Z Hess**  
**Facility: 10:12.02 F 2/26/2016 Fredonia**  
**C Mulcahy, C Towse, N Watson, Z Hess**  
**AARTFC: 10:40.00 A**

Team	Relay	Finals
<b>Finals</b>		
1 Oneonta		10:36.73A
1) Michael Burns SR	2) Justin Berkowitz FR	
3) Matt Hayden SR	4) Jonthomas Bierman SR	
2 Cortland St.		10:41.29
1) Hector Ramos SO	2) Declan Kennedy FR	
3) Lenny Diaz JR	4) Jordan Wingert FR	
3 PSU-Behrend		10:58.70
1) Timothy Hamilton FR	2) Drew Knight FR	
3) David Gahagan SO	4) Aidan Reinsel JR	
4 Fredonia		11:02.13
1) Colin Cassidy SR	2) Cameron Sample JR	
3) Edward Jourden FR	4) Stephen Hallberg FR	
5 Morrisville State		11:07.04
1) Nasir King SO	2) Siyel Bowman FR	
3) Kieran Carter FR	4) Michael Ventricelli FR	
6 Plattsburgh St.		11:10.33
1) Justin Kumrow SR	2) Christian Barjon FR	
3) Matt DeJulio SO	4) Zander Brown SO	
7 Buffalo State		11:16.49
1) Mattia Case JR	2) Nolan Lyon FR	
3) Sidney Morris SO	4) Christopher Davis SR	
8 SUNY Delhi		11:16.61
1) Eddie Bradley FR	2) Ransom Dutcher FR	
3) Silas Bashant SO	4) Michael Lilly FR	
9 Potsdam St.		11:39.56
1) Samuel Barney SO	2) Junior Oduro SR	
3) Eli Siracusa JR	4) Logan Ploss JR	
10 Oswego State		12:02.44
1) JT Goss FR	2) Joseph Gleason JR	
3) Aidan Hafer JR	4) Thomas (TJ) Bowes SO	
11 SUNY Cobleskill		12:20.24
1) Antonio Gonzalez SO	2) Kameron Cusmano JR	
3) Charlie Cooper FR	4) Nik Recore JR	

**Men High Jump**

**Conference: 2.18m C 1984 Kym Orr**  
**Meet: 2.18m M 1984 Kym Orr**  
**Facility: 2.15m F 2/8/2020 Kyle Rollins**  
**AARTFC: 1.92m A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ayobami Adebayo	FR	Oneonta	1.95mA
2 Raphael Baez	FR	Fredonia	1.95mA
3 Derek Hillhouse	JR	PSU-Behrend	1.90m
4 Roland Zanger	SR	Cortland St.	1.90m

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Name	Yr	School	Finals
5 Jackson Hooper	FR	Plattsburgh	1.85m
6 Boden Gushie	FR	PSU-Behrend	1.80m
7 Jayden Tsoi	SO	Oneonta	1.80m
8 Gavin Stearns	FR	Alfred State	1.80m
8 LeBron Richardson	FR	Cortland St.	1.80m
10 Taoig Cypher	FR	Cortland St.	1.80m
11 Talan Green	FR	Alfred State	1.80m
12 Jonah Foley	FR	Fredonia	1.75m
13 Cole Cunningham	FR	PSU-Behrend	1.75m
13 Jesse James	JR	Oneonta	1.75m
15 Thomas Herberger	SO	SUNY Cobleskill	1.75m
--- Dean Brainard	FR	Alfred State	NH
--- Aidan VanAmburg	SO	Fredonia	NH
--- Andrew Farnsworth	SO	Cortland St.	NH

**Men Pole Vault**

**Conference:** 5.09m C 3/8/2013 Zach Ferrara  
**Meet:** 5.00m M Zach Ferrara / Zach Nyhart  
**Facility:** 5.42m F 1/26/2019 Zach Ferrara  
**AARTFC:** 4.45m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ryan Festa	SR	PSU-Behrend	4.40m
2 Jacob Futch	FR	Fredonia	4.10m
3 Matthew Breslin	FR	Cortland St.	4.10m
3 Ben VanVranken	FR	Alfred State	4.10m
5 JT Mariotti	FR	Alfred State	3.80m
6 Joffre Proano	FR	Cortland St.	3.80m
7 Michael Carey	SR	Oneonta	3.65m
8 Blake Hageman	SO	Fredonia	3.65m
--- Loudon Krumbiegel	FR	Oneonta	NH
--- Dylan Cannon	SO	Alfred State	NH
--- Vegas Petersen	FR	Cortland St.	NH

**Men Long Jump**

**Conference:** 7.77m C 2/11/2012 Wenley Louis  
**Meet:** 7.42m M 2/29/2020 Egypt Page  
**Facility:** 7.45m F 2/4/2023 Eric Che  
**AARTFC:** 6.65m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Cameron Sample	JR	Fredonia	7.16mA
2 Brandon Konieczki	SO	PSU-Behrend	7.07mA
3 Roland Zanger	SR	Cortland St.	6.87mA
4 Isaiah Ritter	SO	Plattsburgh	6.83mA
5 Raphael Baez	FR	Fredonia	6.81mA
6 Luke Foster	JR	SUNY Delhi	6.81mA
7 Tyler Konter	FR	Alfred State	6.63m
8 Aidan Steele	SO	SUNY Delhi	6.57m
9 Isaiah Slater	SO	Oneonta	6.52m
10 Mitch Diamond	SO	Cortland St.	6.52m
11 Jordan White	FR	Alfred State	6.51m
12 Evan Thayer	SO	Fredonia	6.49m
13 Taehyoung Kim	FR	SUNY Delhi	6.42m

14 D'Antonio Lawrence	SO	Buffalo State	6.37m
15 Cole Cunningham	FR	PSU-Behrend	6.36m
16 Isaac Rivet	SR	Alfred State	6.35m
17 Jonah Foley	FR	Fredonia	6.29m
18 Aden Alexander	JR	Alfred State	6.21m
19 Ayobami Adebayo	FR	Oneonta	6.18m
20 Jasiah Cole	FR	Buffalo State	6.02m
21 Joshua Jerome	JR	Oneonta	5.97m
--- Deontae Bennett	JR	Cortland St.	FOUL
--- Amarian Hughes	SR	Cortland St.	DNS

**Men Triple Jump**

**Conference:** 15.52m C 1981 James Parker  
**Meet:** 15.48m M 2/24/2023 Shevaughn Allen  
**Facility:** 15.48m F 2/24/2023 Shevaughn Allen  
**AARTFC:** 13.40m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Amarian Hughes	SR	Cortland St.	15.34mA
2 Mitch Diamond	SO	Cortland St.	14.13mA
3 Taehyoung Kim	FR	SUNY Delhi	14.12mA
4 Joshua Jerome	JR	Oneonta	13.83mA
5 Ayobami Adebayo	FR	Oneonta	13.51mA
6 Aden Alexander	JR	Alfred State	13.47mA
7 Hayden Erick	SO	Cortland St.	13.44mA
8 Cory Morton	FR	Oswego State	13.32m
9 Isaiah Slater	SO	Oneonta	13.04m
10 Jonah Foley	FR	Fredonia	12.97m
11 Brady Melious	FR	Cortland St.	12.95m
12 Ryan Swinea	SO	SUNY Delhi	12.86m
13 Thomas Pinkowski	SO	Oneonta	12.86m
14 Tyler Konter	FR	Alfred State	12.57m
15 Gavin Franco	SO	Cortland St.	12.55m
16 Jayden Tsoi	SO	Oneonta	12.44m
17 Aidan Steele	SO	SUNY Delhi	12.40m
--- Kevin Andreski	JR	Cortland St.	DNS

**Men Shot Put**

**Conference:** 17.69m C 2/14/2020 Tony DeYoung  
**Meet:** 17.86m M 2/28/2020 Tony DeYoung  
**Facility:** 18.47m F 12/3/2016 Ryan Cribbin  
**AARTFC:** 14.50m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Isaiah Brunache	JR	Cortland St.	17.24mA
2 Xzavier Goodman	SO	Buffalo State	15.85mA
3 Alex Cotton	JR	PSU-Behrend	15.75mA
4 Antonio Faraone	JR	PSU-Behrend	14.18m
5 Evan Collette	SO	Cortland St.	14.18m
6 Jason Zaita	FR	Cortland St.	14.04m
7 Luke Chamberlain	SO	Cortland St.	13.53m
8 Justin Baldwin	SO	Oneonta	13.03m
9 Bryan Honan	FR	Buffalo State	13.02m
10 Cabe Hogue	SO	Cortland St.	12.72m
11 Sean Keane	SO	Cortland St.	12.66m
12 Sawyer Eckberg	JR	Oneonta	12.59m

**SUNYAC Indoor Track & Field Championships**  
**Brockport Special Events & Recreation Center - 2/28/2025 to 3/1/2025**

**Results**

**Finals ... (Men Shot Put)**

Name	Yr	School	Finals
13 Ryan Visosky	SO	PSU-Behrend	12.58m
14 Ramel Radcliff	FR	Cortland St.	12.36m
15 Dominic Cervellera	JR	Buffalo State	12.35m
16 Tyler Lantrip	SO	Alfred State	11.88m
17 Dan Dabrowski	SR	PSU-Behrend	11.79m
18 Max Rohl	JR	PSU-Behrend	11.62m
19 Jairo Agosto	SO	Alfred State	11.50m
20 Jason Kinder	FR	Buffalo State	11.32m
21 Brandon Russell	SO	Alfred State	11.26m
22 Mark Kozub	JR	Potsdam St.	10.06m

**Men Weight Throw**

Conference: 20.47m C 3/13/2015 Pat Weinert  
 Meet: 19.16m M 1994 Trevor Hitchcock  
 Facility: 19.67m F 2/8/2014 Jake Basher  
 AARTFC: 15.70m A

Name	Yr	School	Finals
1 Isaiah Brunache	JR	Cortland St.	19.11mA
2 Evan Collette	SO	Cortland St.	16.87mA
3 Xzavier Goodman	SO	Buffalo State	16.59mA
4 Sawyer Eckberg	JR	Oneonta	15.93mA
5 Bryan Honan	FR	Buffalo State	15.93mA
6 Cabe Hogue	SO	Cortland St.	15.11m
7 Luke Chamberlain	SO	Cortland St.	15.08m
8 Greg Raymond	SO	Alfred State	15.03m
9 Logan Darling	SO	Cortland St.	14.75m
10 Marco Alteri	SR	Oneonta	14.46m
11 Sean Keane	SO	Cortland St.	14.15m
12 Ramel Radcliff	FR	Cortland St.	14.06m
13 Brandon Russell	SO	Alfred State	13.68m
14 Tyler Spencer	SR	Buffalo State	13.42m
15 Zane Moussa	SR	Potsdam St.	13.21m
16 Cal Marks	JR	SUNY Cobleskill	12.94m
17 Hayden Travers	SR	PSU-Behrend	12.67m
--- Elijah Cruz	SO	Oneonta	FOUL
--- Nathan Webber	FR	Plattsburgh	FOUL

**Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Yr	School	Finals
1 Tyler Baker	SO	Plattsburgh	7.27 789
2 Christian Hunter	FR	Cortland St.	7.33 769
3 Quillan Shimp	SO	Fredonia	7.41 742
4 John Anderson	SO	Cortland St.	7.43 736
5 Faris Webber	JR	Plattsburgh	7.86 601
6 Isaiah Collins	FR	Plattsburgh	8.05 545

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Yr	School	Finals
1 Quillan Shimp	SO	Fredonia	3:01.37 651
2 John Anderson	SO	Cortland St.	3:05.38 612
3 Christian Hunter	FR	Cortland St.	3:08.68 582

4 Tyler Baker	SO	Plattsburgh	3:28.98 408
--- Faris Webber	JR	Plattsburgh	DQ
--- Isaiah Collins	FR	Plattsburgh	DQ

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Yr	School	Finals
1 Quillan Shimp	SO	Fredonia	8.67 820
2 Christian Hunter	FR	Cortland St.	8.84 781
3 John Anderson	SO	Cortland St.	9.00 746
4 Tyler Baker	SO	Plattsburgh	9.30 681
5 Faris Webber	JR	Plattsburgh	10.94 377
--- Isaiah Collins	FR	Plattsburgh	DNF

**Heptathlon: #4 Men High Jump Heptathlon**

Name	Yr	School	Finals
1 Tyler Baker	SO	Plattsburgh	1.80m 627
2 Christian Hunter	FR	Cortland St.	1.77m 602
3 John Anderson	SO	Cortland St.	1.71m 552
4 Quillan Shimp	SO	Fredonia	1.68m 528
5 Faris Webber	JR	Plattsburgh	1.62m 480
6 Isaiah Collins	FR	Plattsburgh	1.53m 411

**Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Yr	School	Finals
1 John Anderson	SO	Cortland St.	3.65m 522
2 Faris Webber	JR	Plattsburgh	3.25m 418
2 Christian Hunter	FR	Cortland St.	3.25m 418
4 Tyler Baker	SO	Plattsburgh	3.05m 369
4 Quillan Shimp	SO	Fredonia	3.05m 369
--- Isaiah Collins	FR	Plattsburgh	NH

**Heptathlon: #2 Men Long Jump Heptathlon**

Name	Yr	School	Finals
1 Tyler Baker	SO	Plattsburgh	6.55m 709
2 Christian Hunter	FR	Cortland St.	6.36m 666
3 John Anderson	SO	Cortland St.	6.11m 610
4 Quillan Shimp	SO	Fredonia	5.97m 580
5 Faris Webber	JR	Plattsburgh	5.78m 540
6 Isaiah Collins	FR	Plattsburgh	4.18m 235

**Heptathlon: #3 Men Shot Put Heptathlon**

Name	Yr	School	Finals
1 Faris Webber	JR	Plattsburgh	11.51m 577
2 John Anderson	SO	Cortland St.	8.67m 406
2 Isaiah Collins	FR	Plattsburgh	8.67m 406
4 Quillan Shimp	SO	Fredonia	8.10m 372
5 Tyler Baker	SO	Plattsburgh	7.53m 339
--- Christian Hunter	FR	Cortland St.	FOUL

**SUNYAC Indoor Track & Field Championships**  
**Brockport Special Events & Recreation Center - 2/28/2025 to 3/1/2025**  
**Results**

**Men Heptathlon**

**Conference:** 5247 C 3/10/2017 Jack Flood  
**Meet:** 4998 M 2/26/2016 Aidan Fullerton  
**Facility:** 5246 F 12/2/2016 Rostam Turner  
**AARTFC:** 3900 A

Name	Yr	School	Finals
<b>Finals</b>			
1	John Anderson	SO Cortland St.	4184A
2	Quillan Shimp	SO Fredonia	4062A
3	Tyler Baker	SO Plattsburgh	3922A
4	Christian Hunter	FR Cortland St.	3818
5	Faris Webber	JR Plattsburgh	2993
6	Isaiah Collins	FR Plattsburgh	1597

**Women - Team Rankings - 17 Events Scored**

1)	Cortland St.	243.5
2)	Oneonta	124.5
3)	SUNY Delhi	76
4)	Buffalo State	52
5)	Plattsburgh St.	47
6)	PSU-Behrend	30
7)	Alfred State	25
8)	Fredonia	24.5
9)	Oswego State	11.5
10)	Potsdam St.	10
10)	SUNY Cobleskill	10

**Men - Team Rankings - 17 Events Scored**

1)	Cortland St.	233
2)	Oneonta	103
3)	Fredonia	82
4)	PSU-Behrend	59
5)	Buffalo State	47
6)	Plattsburgh St.	41
7)	SUNY Delhi	38
8)	Oswego State	28
9)	Alfred State	24
10)	Morrisville State	5